

PARKVIEW COMMUNITY LEAGUE BOARD UPDATE

Upcoming Events and How to Get Involved with Your League

Spring is here! It's so nice to have some warmer weather and I see lots of community members out enjoying the change of season. With COVID restrictions constantly changing, our hall manager Tracey has been busy adapting to make sure our facilities stay safe for community members. Hopefully, as we move into summer we will be able to offer more events to the public.

We have tentatively planned a Big Bin Event on Sunday, June 13th from 10 a.m. - 2 p.m. in the Parkview Hall parking lot. This event is free for community league members to dispose of large unwanted goods. If you do not have a community league membership, consider purchasing one at efcl.org before this event, and you can print your card immediately! There will also be an e-waste disposal service available. If you do not have a community league membership, the fee to dispose at the Big Bin Event will be \$40/vehicle. More details can be found later in this issue as well as on our website.

I want to express my gratitude to the Outdoor Revitalization Committee. They have been dedicating a lot of their own time to make sure grants are complete and applied for on time. Please consider sponsoring a board for the rink - there are options for families as well as businesses - to help cover the cost of this community asset.

In other news, Kristie, a community member, along with her dad, are building a lending library for Parkview. We hope to have this access to free books installed close to the hall. Our board of directors still has vacancies. Currently, our President role is unfilled and we have space for members-at-large. Additionally, we are seeking a Soccer Coordinator as one of our current and much appreciated Coordinators, Janine, is stepping down after this year. If you are interested, you would be able to learn from her this year before taking over.

Contact the board at secretary@pvcl.ca to join a board meeting! We meet once a month (third Tuesday at 6:30 p.m.) for approximately 1 hour. It is via Google Meet. You are under no obligation to take on any responsibilities outside of the monthly meetings and you can have your say in what goes on in your community! New members can join at any time of the year.

Have a great summer!

April Grzech Secretary, PVCL



This photo and the photos on page 7 are by Paula E. Kirman. You can visit her photo blog at: westendstreetphotos.com



ANDY'S VALLEYVIEW IGA YOUR Community Supermarket | Bakery | Deli

15% DISCOUNT The first Tuesday of each month on \$50+ purchases (some exclusions apply)



BUSINESSES & RENTERS WANTED

Our community league is looking for businesses to provide our underutilized facility to be used as much as possible for the benefit of the community (when AHS allows). This includes for profit businesses who offer classes, services, markets and craft sales. Also recreational programming,

coffee shops and other community facing services that are in service of our community members.



For more info, please email Tracey at info@pvcl.ca

GET TO KNOW OUR VOLUNTEERS Parkview Community League Board of Directors:

President - Vacant - president@pvcl.ca **Vice President** - Jimmy Arlia - president@pvcl.ca (temporary)

Secretary - April Grzech - secretary@pvcl.ca **Treasurer** - Jonathan Yeates - yeates@ualberta.ca **Preschool Chair** - Nicole Darsaut -

parkview preschooled monton @gmail.com

Members-at-Large: Lisa Day -

Communications/Soccer Liaison - communications@pvcl.ca

Join Us

The Board meets at 6:30 p.m. on the 3rd Tuesday of each month, usually at the Hall. However, for now

we meet via Zoom. All are welcome!

Please email the Secretary if you would like to attend. secretary@pvcl.ca







We are currently looking to fill the following volunteer board positions:

- Parkview Community League Board of Directors, President
- Parkview Community League Board of Directors, Members-at-Large

Roles can be selected based on your interest, ie. Civics, Community Inclusion, Program Director, Fundraising Director, Youth Director, Events Coordinator, etc.

You can also be a Service Volunteer on a committee (that doesn't require committing as a member of the board) and serve your community based on interest.

The Parkview Community League relies on your support and participation! Only 1 in 5 households are PVCL members, yet everyone benefits from a strong Community League. While a large part of our budget comes from casino dollars, we need membership dollars too! Contact Tracey at info@pvcl.ca to renew/receive a new membership. Or, you can buy a membership online! Go to efcl.org





780.913.9093

For more details visit www.watermenmechanical.ca

COMMUNITY PROGRAMS AND ACTIVITIES

Many of our programs and events, including Community Swim, are currently suspended or modified due to COVID-19. Please check our website (PVCL.ca) and our Facebook or Instagram for updates.

Spring Clean-Up - May 15, 10 a.m. - noon

Come help clean up the hall! E-mail info@pvcl.ca if you want to volunteer, or just show up that morning!

Big Bin Event - June 13, 10 a.m. - 2 p.m.

Bins available to members only for large waste removal. \$40/car otherwise. E-waste services will be on site. Commercial waste and hazardous household waste are not accepted. E-mail info@pvcl.ca if you want to volunteer or need more information.

FUNDrive - May 15 - June 13

Help the Community League continue to Provide Programs and Events and reach our \$2000 fundraising goal by donating gently used clothing and household items. E-mail info@pvcl.ca if you want to arrange a drop-off outside of the Spring Clean-Up time or Big Bin Event.





ICON INTERIORS

more info:

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Our Newsletter Team Coordinator/Editor/Photography: Paula E. Kirman Design: Lisa Day Advertising: Lindsey Graham Distribution: Christina Froberg

TODAY

Parkview Newsletter Deadlines

We publish in February, May, August & November Submission & Advertising Deadlines: January 15, April 15, July 15 & October 15 For Submissions, Contact: pvclnewsletter@gmail.com For Advertising, Contact: parkview.advertising@gmail.com



Ideas/Suggestions Wanted

Do you have any ideas and suggestions for events and programs?

Email: communications@pvcl.ca

PARKVIEW COMMUNITY HALL RENTALS



As of our publication deadline, the hall is not available due to AHS regulations. We are also looking for new businesses to help support! Contact info@pvcl.ca for more information.

WE ARE ON SOCIAL MEDIA!



@ParkviewCommunityLeague

You can also sign up for e-News at pvcl.ca/about-us

Edmontons newest yoga studio is in your neighbourhood 14915 107 Ave 587-937-0048 book your spot online@ atmayogastudio.ca Atma Jog Y og a for the Soul

Offering: Small class sizes A variety of Classes Covid friendly spacing Private Yoga Classes

atmayogastudio.ca





SERVING EDMONTON FOR OVER 70 YEARS

Place your order for delivery or pick up online and receive a free order of spring rolls! Mention this add under the comment section of your order. Visit us at thelingnan.com



No Rental Income Reduces Programming Options

The PVCL is working on ways to recover from financial loss as a result of the COVID-19 pandemic. When we lost rentals, both long and short-term, our programming and operational funding were cut. Now we are raising funds - here's how you can help! We are taking orders for Meat Locker Foods from May 1 - May 31 Order forms can be found 3 ways:

- Scan QR code
- Facebook
- Email: info@pvcl.ca



Pick-up will be at the hall and times will be arranged via email. To arrange a payment, (drop off a cheque or cash) at the hall mail slot, please email: info@pvcl.ca



The West End Seniors Activity Centre offers many online activities that seniors can engage in such as brain games, free E-books, fun films to watch, fun pastimes, live music, websites to visit, yoga, dance, knitting, and so on....

There is even training on how to use Zoom to participate in some of these live classes or join a friends circle visit. Please log on to www.WESENIORS.ca to find out more!!



BOTTLE DRIVE FOR A NEW PLAYGROUND



Please drop off your bottles at Parkview School Parking Lot, May 29, 11am-3pm

> Or contact Nicole at 780-965-9147 and we'll pick them up! www.parkviewplayground.org





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WESTEND SENIORS ACTIVITY CENTRE OFFERS FROZEN MEAL PROGRAM

Tired of cooking? Know someone who would benefit from a hearty, healthy meal?

The Westend Seniors Activity Centre (located in Terra Losa) is now offering a Frozen Meal Program that features homemade meals, hearty soups, muffins, and baked goods.

·OPEN TO THE PUBLIC - You do not have to be a WSAC member to order! Please share with your family and friends.



1 HEARTY SOUP 1 PACKAGE OF MUFFINS OR 1 PACKAGE OF SAVORY BICUITS



LOVE SOUP? Save \$5.00 with our **Hearty Soup Package!**

HEARTY SOUP PACKAGE \$23.00

YOUR CHOICE OF 3 HEARTY SOUPS 1 PACKAGE OF SAVORY BISCUITS OR 1 PACKAGE OF MUFFINS MADE FRESH - Fresh meat and vegetables, fruit, etc. are purchased the day before they prepare the meals. This is to ensure only the best ingredients go into every meal we prepare for you!

· EASY TO PREPARE - Meals are cooked and then frozen - you simply need to reheat.

· LOTS OF VARIETY - Our menu changes weekly - visit our website to see the latest Entrees, frozen soups, and baked goods for you to choose from!

· FREE DELIVERY FOR SENIORS - Available for seniors who do not drive OR who are unable to come to our centre.

HOW TO ORDER:

OPTION 1 - PRE-ORDER FOR PICK-UP OR DELIVERY

- Use the online ordering system on our website www.weseniors.ca
- Email our centre foodorders@weseniors.ca
- Call our centre 780-483-1209 ext. #225
- FREE DELIVERY for seniors who do not drive

OPTION 2 - VISIT OUR CENTRE AND PICK UP SOMETHING TODAY!

Westend Seniors Activity Centre - 9629 176 Street . Edmonton

Open Monday to Friday 9:00a.m. to 4:00 p.m.

Please visit our website at www.weseniors.ca to see the latest menu, photos, pricing etc. Questions? Please call 780-483-1209 Ext. #225

Located in beautiful Laurier Heights,



we are reshaping quality, not-for-profit senior living. Find out more about our plan to fight social isolation for all Edmonton seniors at www.canterburyfoundation.com 780-483-5361 8403-142 Street Edmonton, AB





Thinking of getting a new car? Let's talk!

Marty Quon SENIOR SALES CONSULTANT LEASE MANAGER

WEST SIDE ACURA 17707 111TH AVE. EDMONTON, AB T5S 0A1

TEL: 780-484-5444 CELL: 780-908-9937 FAX: 780-484-2279

marty@westsideacura.com www.westsideacura.com











gift from the heart





f Gift from the Heart
@giftfromthehrt

Are you or someone you know in need of essential dental hygiene care, but facing financial barriers, especially during COVID?

Motivo Dental is proudly participating in the Gift from the Heart campaign by donating dental hygiene services in their office on **Friday, June 25** to individuals in need!

Gift from the Heart is a registered, non-profit Canadian charity connecting oral health care professionals to vulnerable Canadians who encounter barriers accessing essential oral health care.

As we cannot possibly treat everyone (though we would love to!), we are looking for nominations to fill our schedule for the day. Nominate yourself, or someone you know, but we want to hear your story of why you feel your nominee would appreciate this experience! We can fill each appointment spot with either one adult, or two children, so we are open to all ages!

Submission deadline: Friday, June 11 Submit your nomination via e-mail info@motivodental.ca or drop it off at at our office located at 14931 107 Ave NW



APRIL 19-MAY 19, 2021 WINNER DRAWN: MAY 21

Win up to \$6,000 cash!

PURCHASE YOUR TICKET ONLINE:



HTTPS://WWW2.RAFFLEBOX.CA/ RAFFLE/LAURIERPA





Learn to row with the ERC this summer in a fun and COVID-safe environment.

We offer Learn-to-Row classes for youth and adults, plus Summer Day Camps for youth ages 10+.

> For details go to edmontonrowing.ca

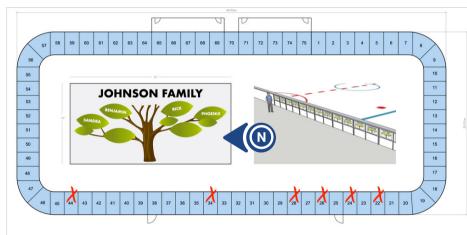




PARKVIEW OUTDOOR REVITALIZATION UPDATE

Since announcing in the last newsletter that this project is proceeding, we have our first family boards chosen! Thank you to the **Frobergs, Days, Myskiws, Rogers, Jacksons, Kings, and Whittinghams!**

You can **CELEBRATE BOTH YOUR FAMILY AND YOUR PARKVIEW COMMUNITY SPIRIT** and have your family's name printed on the outside of the new rink with your \$1000 donation!



In addition to having our donor family's name on the rink itself, names will be added to our donor list online, as well as posted on a "leaf" and added to the vinyl banner in the hall!

HAVE A BUSINESS?

Sponsor a rink board for **\$5,000** and your business will get a 3-foot-by-8-foot rink board on which to advertise!

In addition to having your business's name on the rink itself, your business will be added to our sponsor list online and added to the vinyl banner in the hall!

Helping to get this project underway is as simple as visiting the Parkview Community League website (pvcl.ca) to view the details of the project and how to fulfill either of the sponsorship options listed above.

ADVERTISE YOUR BUSINESS INSIDE THE NEW RINK!



ORC@PVCL.CA

TO CHOOSE YOUR SPOT!!