# Darkview Community Newsletter

## PARKVIEW COMMUNITY LEAGUE BY-LAWS

#### By Ray Friedman & Bryan Sandilands

The original by-laws of the Parkview Community League, drafted in 1963, are in desperate need of revision. Many elements need to be rewritten, to accommodate notices via email, for example. Some clauses were relevant for the time but have little to no flexibility in an era of extensive commitments to other things in our lives. For example, procedures actually require monthly meetings of the general membership, not just the board. Proxies were not allowed in 1963 but are commonplace today, but we cannot yet allow for them. Should the board have the power to fill vacancies, for example? In other cases, the Annual General Meeting needs to have more power (e.g., to ratify board policy decisions.) There is a new Societies Act we must adhere to. There is also a new Tripartite Agreement between the City and the Federation of Community Leagues that sets out other requirements.

We need to have the new Proposed Bylaws ready to be discussed, and debated before the next AGM. Only a meeting of the full membership can approve Bylaw changes and it requires a 75% quorum of members to be present. So please, go to our website (pvcl.ca), read the draft, compare the existing Bylaws to the proposal, and join the conversation.

PLEASE READ THE DRAFT ON WWW.PVCL.CA & JOIN THE CONVERSATION!



# RECREATIONAL FACILITIES PLANNING

#### By Bryan Sandilands

We would like to begin a preliminary conversation about land use and recreational facilities planning for the Parkview Park. The League has an opportunity to refurbish and / or redesign a portion of our park space and would like to ask for your thoughts on current and future facilities. Please take a few minutes to complete our survey either by cutting and pasting following link into owser or by scanning the OR Code, which will take you directly to the

your browser or by scanning the QR Code, which will take you directly to the survey.

Thank you for your time and feedback. The board will develop a formal planning process in the coming months. Please be sure to check our website and newsletter for updates.

## https://www.surveymonkey.com/r/VT3LYXH



Bryan Sandilands, Vice President
Parkview Community League
P: (780) 498-2801
E: vicepresident@pvcl.ca
www.pvcl.ca



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FALL 2015 VOLUME 11 ISSUE 3

#### Newsletter Deadlines

The Parkview Community League newsletter is published four times a year and distributed to members of the community.

Advertising and copy deadlines: Spring: February 1 · Summer: May 1 Fall: August 1 · Winter: November 1

Advertising Rates:

Full back page	. \$200
(7 1/4" wide by 9" deep)	
Full incide page	¢150

7 1/4" wide by 4 1/2" deep)
Third page ......\$50

Please note that we do not accept advertising inserts.

To submit articles contact:

Denisa Leitch editor@pvcl.ca

To place ads contact:
Louise Clarke advertising@pvcl.ca

# Parkview Community League Contacts

WWW.PVCL.CA

9135 146 STREET EDMONTON AB T5R 4L5

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Soccer Coordinators Outdoor Older Teams Outdoor Mini Teams Indoor	Jaci Woolfson VACANT Theresa Donauer	780-988-8933	outdoorsoccer@pvcl.ca indoorsoccer@pvcl.ca
Special Events Network Tot Time Website Editor	John Corie Jill Vihos/Jenai Ch Graeme Bell	780-669-1557 ristensen	president@pvcl.ca tottime@pvcl.ca webadmin@pvcl.ca



Parkview Community League operates under the direction of an energetic board of directors, and several standing and ad hoc committies. The league is primarily comprised of volunteers whose collective effort makes our centre a beautiful and vibrant hub of activity in the community with a variety of yearly social events, in house programs, and third party social/fitness programs.

If you are interested in becoming a part of this exciting entity, the league would be happy to have you on board. Please contact us at: info@pvcl.ca or John Corie at 780-669-1557 or president@pvcl.ca



# 2015 Summer Solstice Food Truck Over 400 attended!

By Debbie Braun



While rain clouds threatened the skies over Parkview this past July 21, our strong community spirit wasn't dampened for our 3rd annual Food Truck Event. Over 400 attended with picnic blankets, lawn chairs, and rain gear for the inevitable shower or two throughout the evening.

Food trucks this year included a couple of favorites from our past events; Little Village and Fat Franks. New this year was the Local Omnivore who offered gourmet home-smoked meat sandwiches, and Orbit with an array of delectable tacos. Another addition was One Cool Cookie, serving up ice cream sandwiches made with home-baked cookies and Pinocchio gelato. Mmmm good!

For the first time this year guests enjoyed local live music, performed by The Original Six, to accompany the great local food. With a repertoire of old and new tunes covering a variety of musical genres, the band had everyone rocking through the night.

Thanks to the many volunteers, participants, band, and food trucks! Great people – great event!

Next Food Truck booked for **June 25, 2016**. Mark you calendars!





# PARKVIEW PROGRAMS AT THE HALL THIS FALL

- PARKVIEW PRESCHOOL Mon-Fri, AM & PM classes preschool@pvcl.ca
   Jody 780.486.7560
- BROWNIES
  Mon, 6:15 to 8:15pm
  kendraworobetz@yahool.ca
  Kendra 780.709.2646
- TOT TIME
  Tuesdays, 9:00 11:00pm
  tottime@pvcl.ca
  Jill/Jenai

- KARATE
  Tues & Thurs. 5 8:30pm
   chowdavid@shaw.ca
   David 780.695.5457
- GUIDES
   Wed., 6:00-8:30pm
   kimbostwickdineen@gmail.com
   Kim Dineen 780.239.1949
- \* Free Public Swimming at Jasper Place Pool, Sundays, 4 6 pm

# **WANTED:**

# PARKVIEW NEWSLETTER EDITOR required for Winter 2015

DO YOU think it's important to keep the community informed of upcoming events & programs and want to help? Then please consider becoming the **NEW** newsletter editor. The responsibilities include assembling the newsletter content and collaborating with the advertising coordinator four times a year. Then sending the file to the printer for proof & printing.

You should have access to a computer with Word or similar (current publication is in Adobe InDesign). The necessary files and training will be provided.

Please contact either
Bryan Sandilands, <u>vicepresident@pvcl.ca</u> or
Denisa Leitch, Newsletter Editor at <u>editor@pvcl.ca</u>



# PARKVIEW NEWSLETTER Advertising Coordinator required for Winter 2015

IF YOU would like to get involved in the community and want to help out from your home, this just might be the job that is perfect for you. We are seeking an advertising coordinator for the community newsletter.

- 1. Coordinate advertising placements in the newsletter four times per year. This entails notifying potential advertisers of upcoming newsletter and managing all incoming advertising submissions. All submissions are then sent to the editor for layout.
- 2. Other duties include: responding to newsletter advertising inquiries on behalf of the community; maintain a database of advertisers; and liaise with advertising payment coordinator.
- 3. Attend community league board meetings.

For more information or if you think you may be interested in this position, please contact Louise Clarke at <a href="mailto:advertising@pvcl.ca">advertising@pvcl.ca</a>.

# Parkview Community Center Rentals

For complete information visit our website:



http://pvcl.ca/hall-rentals
As of January 1, 2015
main hall available Sunday
afternoons from 1 pm.



# **PVCL EVENT CALENDAR 2015**

Please note: Events are subject to change, please check www.pvcl.ca closer to date for info

## September 2015

- · Community League Meeting Tue Sept15
- · Local Programs at the Hall Start: Brownies/Girl Guides Preschool TotTime

#### October 2015

- · Community League AGM Oct 20
- · Parkview Preschool Dessert Auction -Oct 16, 7-11pm
- · Halloween Party for Children Oct 24, 10-1pm
- · HALLoween Ball for Adults Oct 24, 8pm

#### November 2015

- $\cdot$  Winter Newsletter Deadline Nov 1
- · Community League Meeting Tue Nov17
- · Christmas Craft & Bake Sale Nov 28, 10-4pm

#### December 2015

- · Community League Meeting date & location TBD
- · Tottime Christmas Party for Children TBD
- · Family New Year's Event Jan 1 January 2016

· Community League Meeting - Tue Jan 19, 7pm

## February 2016

- · Community League Meeting Tue Feb 16, 7pm
- · Spring Newsletter Deadline Feb 1
- · Family Day Skate & Potluck Dinner TBD

#### March 2016

- · Community League Meeting Tue Mar 15, 7pm
- · Preschool Registration TBD
- · Outdoor Soccer Registration TBD

## April 2015

· Community League Meeting - Tue Apr 19, 7pm

## May 2016

- · Community League Meeting Tue May 17, 7pm
- · Summer Newsletter Deadline May 1
- · Parkview Spring Clean-up TBD

June 2016

Parkview Community month (no meetings in are welcome to join!

- · Community League Meeting Tue June 21, 7pm
- · Tottime Year End Party TBD
- · Food Truck Patio Event Sat June 25, 4-10pm

## July 2016

No Community League Meetings Green Shack at the Park Summer Programs at the Hall

## August 2016

· Fall Newsletter Deadline - Aug 1 No Community League Meetings Green Shack at the Park Summer Programs at the Hall



# Christmas Craft & Bake Sale

Saturday, November 28, 2015 10 a.m. - 4 p.m. Parkview Community Hall

## The Parkview tradition.

It comes every year, late November. Snow storm, guaranteed.

We're bringing back the event for all ages. All of the favourites remain the same, but there's something big you need to know.

Order Pies. We love to eat 'em, but they're hard to get. Too many times, we leave without one. Don't be disappointed again. Pre-order your homemade pies online and pick them up at the sale. Frozen, ready to bake in your own oven. Ahhh, that wonderful aroma. This time-limited option is available beginning October 1. Visit our new craft sale web page at <a href="https://www.pvcl.ca">www.pvcl.ca</a>. (\$15 each. Maximum 2 pies per household.)

**New craft sale web page.** We're working on it. A new look, too. Check us out. If we're not quite ready, we will be soon. www.pvcl.ca

**Volunteer.** Lots of work. Lots of time. Spread it around and make this community shine. Sign up for a shift, bring a friend. It's fun and what makes our community strong. **Volunteer sign-up available on-line**. Email volunteer@pvcl.ca.

Baking. Those wonderful treats we whip out for unexpected guests, or take to our neighbour. We need your help to fill our community tables. Please share with us your best and most favourite. Bring your fine baking to us Friday night/Saturday morning. We'll dress them up and someone will enjoy them at home.

**Kids' stuff.** It's all back to keep them busy so you're free to have a look around. Colouring contest, gingerbread house decorating, and Santa. Sleigh rides for the whole family.

**Shop.** They worked their fingers to the bone or burned them with hot glue. Their task, making treasures for you. Artisans fill 28 tables of hand-crafted wares for unique gifts. **Cash purchases only.** 

**Bake table coordinator.** Your gifts are taming chaos and making things look great. Looking for someone to head up the organizing, packaging, and pricing of the donated baking.

# Inquiries:

Louise Clarke

<u>craftsale@pvcl.ca</u>

780-481-2842

Visit www.pvcl.ca for details

# Northern Lights Folk Club

Bringing you the best in Folk Music throughout the year



# 2015/2016 Season

Season tickets or multi-packs call 780 288 8111

Individual tickets - Visit www.northernlightsfc.ca for details and outlet information

SAT, SEPT 19 DICK GAUGHAN SAT, OCT 10 ROY FORBES

SAT, OCT 17 LYNN MILES & KEITH GLASS

FRI, NOU 6 CANADIAN FOLK MUSIC AWARDS NOMINEE SHOWCASE SAT, NOU 7 CANADIAN FOLK MUSIC AWARDS NOMINEE SHOWCASE

SAT, NOU 21 SMALL GLORIES (CARA LUFT & JD EDWARDS) / ADRIAN NATION

SAT, JAN 23 VALDY

SAT, FEB 6 CATHERINE MACLELLAN / CHRIS TRAPPER
SAT, FEB 20 WINTER ROOTS WOMEN OF FOLKWAYS

SAT, MAR 5 TIM WILLIAMS / KEN WHITELEY AND THE BEULAH BAND

SAT, MAR 19 DAVID FRANCEY

SAT, APR 2 LIZZY HOYT TRIO / MATT PATERSHUK



Come and see us at our new venue!

Parkview Community Hall, 9135 - 146 Street

Northern Lights Folk Club appreciates the support of:









# Sweet Night Out

Please join us for our **Annual Dessert Night Auction and Social** to support the **Parkview Preschool on Friday, October 16, 2015 from 7-11pm.** Tickets are \$10 and will include light refreshments, coffee, tea or juice. There will also be cocktails available for purchase at a small cost. The money raised at this event helps fund extracurricular activities such as yoga, music days, and gymnastic field trips. We also purchase valuable educational tools for our classroom. These funds help us make Parkview Preschool a dynamic and vibrant place for our community children!

Please contact: Janine Beeston: <a href="mailto:janinerk@hotmail.com">janinerk@hotmail.com</a> or Karli Prince: <a href="mailto:karlidprince@gmail.com">karlidprince@gmail.com</a> for event information and tickets or if you would like to make a donation to our silent auction.

All donations are mentioned in the community newsletter as well as on our website

<a href="mailto:www.parkviewpreschooledm.com">www.parkviewpreschooledm.com</a> and

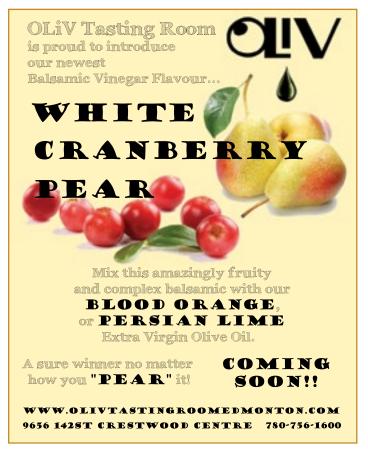
Facebook page /www.facebook.com/ParkviewPreschool

3

We hope to see you there!







# **EXCITING NEW SCHOOL YEAR AT PARKVIEW PRESCHOOL!**



#### By Jody Nickerson

Parkview Preschool is a non-profit, parent cooperative school that is located on the 2nd floor of the Parkview Community League. We have three different classes for the upcoming school year. We have a three-year-old class on Tuesday and Thursday mornings, a four-year-old class on Monday, Wednesday and Friday mornings, and a blend class on Monday, Tuesday and Wednesday afternoons. To find out more about our programs or any open spots, please contact our Registrar Nicole Darsaut at 780.965.9147.

Parkview Preschool is directed by a volunteer executive and is a sub-group of the Parkview Community League. As a non-profit parent cooperative, all parents are required to volunteer for one toy wash per year and one fund-raising activity. As well, parents are asked to contribute or donate occasional supplies, assist with fieldtrips, special events and have the option to participate on the Executive Board. Our Teacher and Educational Assistants achieve the goals of the school through classroom activities, such as:

- Free play (children are encouraged to create, explore, share, problem-solve, play cooperatively, etc)
- Calendar, weather, etc
- Story time, sing-a-long and action songs, etc
- Exercise, games and gym-time
- Music and stories on tape and rhythm instruments
- Crafts, painting, colouring, cutting, creating
- "Show and Share" and "Busy Bee" responsibilities
- Class parties on special days throughout the year
- Field trips, special events and invited visitors
- School readiness skills

Registered families, please mark your calendars for the following dates (please remember that this year's dates are a bit later than usual due to labour day falling on September 7th):

#### **OPEN HOUSE DATES:**

- o Wednesday, September 9th, 2015 (4 yr old class am) 10:00 am to 11:30 am
- o Wednesday, September 9th, 2015 (3/4 yr old class pm) 1:00 pm to 2:30 pm
- o Thursday, September 10th, 2015 (3 yr old class) 10:00 am to 11:30 am

Note: The Open House is offered as a way for students to get to know the teacher and familiarize themselves with the classroom. A parent/caretaker comes with the child and stays with the child for any amount of time.

**Orientation Night: Thursday, September 10th at 7:00 pm in Parkview Main Hall** (This meeting is mandatory and a representative from each family must be in attendance)

#### First Day of School:

- o Monday, September 14th, 2014 (morning 4-year old class)
- o Monday, September 14th, 2014 (afternoon blended class)
- o Tuesday, September 15th, 2014 (3-year old class)

If you have any questions, please contact:

Parkview Preschool President Jody Nickerson at 780.340.9409 or <a href="mailto:jodyjnickerson@shaw.ca">jodyjnickerson@shaw.ca</a>
Parkview Preschool Registrar Nicole Darsaut at 780.965.9147 or <a href="mailto:jodyjnickerson@shaw.ca">jodyjnickerson@shaw.ca</a>

Parkview Preschool at <a href="https://www.parkviewpreschooledm.com">www.parkviewpreschooledm.com</a> 2nd Floor of the Parkview Community League, 9135 - 146 St











Do you want to revamp your current landscape? Don't know who to call? Well look no further. With over 25 years experience in the Edmonton area, **FANTASCAPES** is your one stop Landscape professionals. We specialize in complete yard renewals as well as new builds and we want to help you transform your yard into a place your family can enjoy for many years to come.

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SUMMER 2016

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WWW.FANTASCAPES.CA



We are happy to announce that our Edmonton- Riverview MLA constituency office is officially open. My staff and I are eager to meet contact us or drop by comments. As our office settles in, we will be glad to keep you posted on We look forward to

# Lori Sigurdson, MLA Edmonton Riverview

Email: edmonton.riverview@assembly.ab.ca

Phone: 780-414-0719 Fax: 780-414-0721 Website: www.constituency.ab.ca

> 9202B- 149 Street Edmonton, AB T5R 1C3

Office Hours: Monday- Friday 9:00AM-5:00AM, With the Exception of Thursday's 11:00AM-7:00PM

Follow me on social media!













We are a non-profit cooperative preschool that provides programming for three and four year old children.

Located in Parkview Community Hall 9135 - 145 St



- Story time, Songs, Activity Centers, Art Projects
- Field trips, Crafts, Music, Fitness and Play
- Pre-kindergarten Curriculum and Teaching

# SPOTS FOR 2015/16 STILL AVAILABLE

Contact Nicole Darsaut at <a href="mailto:registrar@pvcl.ca">registrar@pvcl.ca</a> or (780) 964-9147 for information

www.parkviewpreschooledm.com

# **Guitar Lessons for Adults**

in Laurier Heights all styles and skill levels Gord McCrostie – B.Mus. 25 years experience

(780) 977-6244; gord.mccrostie@gmail.com





# TOT TIME! JOIN US IN SEPTEMBER



#### By Jill Vihos

Are you a parent or caregiver with a child under six? Do you have free time on Tuesday mornings? If you said yes to both questions, please consider joining us at the Parkview Community Hall for Tot Time!

Tot Time is long-standing volunteer program bringing parents, caregivers and preschoolers together in the Parkview Community. This program is a wonderful opportunity for toddlers and preschoolers to meet peers in the community while engaging in fun and physical activity. Tot Time also offers parents and caregivers a chance to create connections with community members.

Tot Time will resume on Tuesday, September 15, 2015 and will run every Tuesday from 0900-1100. We will continue with the same format that includes play time/craft, snack and song circle. Major dates for the 2015/16 Tot Time Year are:

September 15, 2015 – First day of Tot Time October, 24, 2015 – Annual Halloween Party December 15, 2015 – Last day of Tot Time for 2014 January 5, 2016 – Tot Time resumes March 29, 2016 – Spring break (Tot Time cancelled) June 2016 – Last day of Tot Time for 2015/16 (TBA)

To attend Tot Time, an active community membership is required for insurance purposes. Memberships can be from any community in the city. Information about Parkview Community League Membership can be found on the PVCL website. Each week, we collect a small fee of \$1.00 per child. This payment is allocated toward operational costs including craft supplies and toys, and seasonal parties.



If you have any questions about Tot Time, you can contact Jill or Jenai at tottime@PVCL. We welcome all community members! You can

also access the PVCL website and Facebook for any important Tot Time announcements.

## We hope to see you in September!

Sincerely,

Jill Vihos and Jenai Christensen







Special Event!

# Fashion Sense

Fall & Winter Fashion Open House Spring & Summer Fashions On Sale

Featuring Fashions from Canadian Designers Sizes: XS-XXL

> Location: Parkview Community Hall Date: Sunday, October 4, 2015 3:00 pm - 7:00 pm











meeting **ALL** of your home improvement and renovation needs

basements, plumbing, windows, demolition, bathrooms, electrical, doors, framing, kitchens, drywall, floors, finishing

ph: (780)486-4035 or (780)498-2563



# ALUMNI AWARDS

# CONGRATULATIONS

# **Cary Williams**

The University of Alberta Alumni Association is pleased to announce that Parkview community member **Cary Williams, '03 BCom,** will receive an Alumni Horizon Award for investing in his community by sharing his passion for creative and entrepreneurial thinking to inspire others. Celebrate with Cary at the ceremony:

Thursday, Sept. 24, 2015 | 7 p.m. ceremony (reception to follow)

Jubilee Auditorium (11455 87 Ave. NW) | Free. All are welcome to attend.

Register: uab.ca/AlumniAwards



THE WESTIN



# SIGN UP AT SPUD.CA/PARKVIEW

Welcome to SPUD, your local and organic online grocery store. We deliver your weekly staples, produce, health & beauty products, cleaning supplies, and more—right to your doorstep. Sign up with SPUD before September 30th, 2015, and we'll donate \$2 to Organic Alberta.







For new customers only. Expires September 30, 2015. Must reside within SPUD's delivery areas. One promotion per customer, may not be combined with other promotional offers. SPUD reserves the right to cancel this promotion at anytime.

# WEST END GALLERY

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Visit our new location!

10337 124 Street

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Tues - Sat • 10 - 5 pm

# **Upcoming Fall Exhibitions**









Jean- Gabriel Lambert • Sept 12 - 23

Robert Savignac • Sept 26 - Oct 8









W.H. Webb • October 17 - 29

Glen Semple • November 14 - 25

www.westendgalleryltd.com

# SPORTS IN OUR NEIGHBOUHOOD



# Indoor Soccer Registration 2015/2016 (Changes for Fall 2015)

- Will start June 15th, 2015 and continue through summer until the first week of September!
- Will be online only through EMSA west website please go to <u>www.emsawest.com</u> to register
- EFCL will have the 2015-16 memberships on sale effective May 15th, 2015. (<a href="http://efcl.org/membership">http://efcl.org/membership</a>) If you prefer to purchase through the Parkview membership coordinator, please wait until late August to purchase your membership and register online.
- EMSA West will be taking credit cards online and open to the public for cash/cheque payments during business hours and 1 night per month (dates available on website). Fees TBA on website.

# KARATE AT PARKVIEW COMMUNITY HALL



Practice of Karate will help to develop -

friendships respect confidence self-esteem fitness defense

## FOR ALL AGES 5 YRS AND UP

(Adult only classes offered)

Call 780-695-KIKS

REGISTRATION: SEPTEMBER 8 & 9 7-8:30PM AT PARKVIEW HALL



#### Marjorie O'Connor

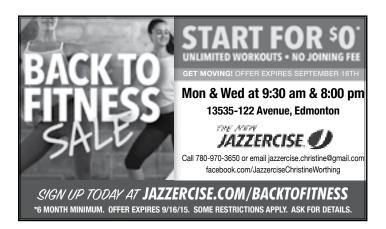
**FIT International** 

Fitness Educator & Motivator

Class Schedule, visit:

www.marjorieoconnor.com

Email: fitintl@shaw.ca





jim dobie photography



587-987-4160 jimdobiephotography@shaw.ca www.jimdobiephotography.com



# Edmonton Drillers Youth Soccer Club Indoor 2015 - 2016

Registration for U8 and U10 programs!

Tryouts for U12-U18 tier 1 and 2 teams!

Location: H.E. Beriault/Elmwood Fields - 8125 - 167 Street Dates: August 24-27 pm, Sat/Sun Aug 29-30 and Aug 31 -Sept 3 pm

Looking for an exciting indoor season of high level soccer?

Wondering where to excel with individual and team soccer skills?

Want a challenging and competitive environment?

Eager to have fun and become the best soccer player you can be?

Our club is committed to developing our players and supporting them in the FUNdamentals of SOCCER!



\*\*\*Watch our website for details regarding times and tryout schedule: www.edmdrillers.com

or

To register or for more information Contact the club registrar at edmdrillersreg@shaw.ca



# Saturday September 19, 2015

12:00pm to 3:00pm Crestwood Curling Club 14317-96 Avenue, Edmonton, AB

### **Activities**

- Learn to Curl
- Wine & Cheese Reception
- View our Meeting/ Banquet Facilities

For more info: (780) 452-4174 or crestwoodcurling@shaw.ca

# Saturday Fun League



October 3, 17, 31
November 7, 21, 28
December 5
1:00pm-3:00pm
\$110 Registration

**New to Curling?** 

Want to be part of the fun?

Join our fun League.
Open to all ages and curling abilities.
Equipment Provided



Crestwood
Curling Club
14317 96 Avenue
(780) 452-4174

crestwoodcurling.com

crestwoodcurling@shaw.ca

We have space in leagues for teams or individuals. Men's, Ladies, Mixed, Fun, Open, Seniors, Little Rocks, Juniors.

# **Beginner League**

- For people new to curling
- Teach you all about the game.
- 8 Saturdays 1:00pm-3:00pm
- Equipment provided
- \$160.00 Registration



Want to be part of the fun?

Join our fun League.

Open to all ages and curling abilities.

**Equipment Provided** 



# QUESTIONS I'M ASKED ABOUT FEEDING BIRDS

#### By Dave Cleary

Q: What are the sparrow sized birds I'm seeing at my feeders with dark stripes on their breast and yellow flashes in their wings?

These are Pine Siskins. After not seeing them around much in the past two years, it's exciting to hear from customers in both the country and city reporting them at their feeders. Siskins are often seen with American Goldfinches at feeders, and like the Goldfinch, Siskins enjoy black-oil sunflower seed, chips and Nyjer. The Pine Siskin is the most common of the "winter finches" to be

found at your feeders...but not every year. The Pine Siskin irruption migrations mainly occur when the seed crop has failed in the boreal forests. An "irruption" migration usually takes place every two or three years that can bring large numbers of Siskins to your backyard. Will this be one such year?

# Q: What binoculars should I get for watching birds?

Binoculars are a great investment. There is nothing more frustrating than seeing an unusual bird in your yard that you can't get a good look at. Binoculars can increase the enjoyment of your birds substantially. If you have an old pair, you will be surprised at how much the technology has improved. They can be a bit confusing to select ranging from opera style glasses to high magnification, high priced beauties. Prices vary depending on their quality, weight, and feel but you should be able to find a pair in your price range that will make you happy. Birders banter back and forth whether an 8x42 or 10x42 set is best but most birders recommend 8x42 glasses. The

first number describes magnification - 8 or 10 are the most commonly used, 10 being higher power. The second figure refers to the size of the light collecting lense at the front - the bigger the front lense the brighter the image. While Tim the Toolman Taylor would always want more power (10 over 8 in this case), we recommend 8's. They provide a wider field of view making it easier to find the bird, and the image is less shakey. A good warranty is important. Some offer lifetime, no fault warranties such as offered by the Vortex brand.

# Q: Doesn't feeding birds in the fall prevent them from migrating?

You need not worry that feeding your birds this fall will cause them to linger too long in your backyard and miss the migration season. Birds have natural rhythms they follow that are triggered by hormones or the shortening or lengthening of the day during Fall and Spring. The urge to migrate is also dependent on food supplies. Birds that migrate south in colder months tend to be bug eating birds. Many of the seed eating birds do not migrate. Finches will stay further north if there is a good cone seed crop in the boreal forest. Climate warming and the presence of backyard feeders have influenced some birds to move further north. But when the time comes, some species of birds will migrate as their nature requires, regardless of what we do.

Dave Cleary and Jan Chapman are owners of Wild Birds Unlimited at the corner of 122 St and 107 Ave on the northside in Edmonton. The mission of Wild Birds Unlimited is to bring people and nature together. See their website at <a href="https://www.wbu.com/edmonton">www.wbu.com/edmonton</a> or call them at 587-521-2473.

# \* Bookkeeping Services \* Financial Statement Preparation \* Personal and Corporate Taxation \* Business Advisory Services \* Estate and Trust Taxation \* Www.kevinculham.ca 105, 14727 87\*\* Ave, Edmonton, AB TSR 4E5 | 780.489.1460

# "DROP-IN" FITNESS CLASSES



# Everyone welcome!

All fitness levels are covered in these fun-filled classes

Starting October 5

#### COME OUT ● GET IN SHAPE ● FEEL GOOD & HAVE FUN

For further information, please contact: Personal Trainer Specialist Leslie at <u>lelor@shaw.ca</u> or call RES: 780-483-0824 or CELL: 780-913-3026 When:

Monday & Wednesday evenings

 $7 - 8 \, pm$ 

Classes run:

October 5 through to mid-June

Where:

Parkview School (NE small gym)



Fun and frolic with Ladies Sports Nite drop-in basketball for women 18 to 108. Thursday evenings, 6:45 to 8:00.



Lynnwood School (15451 - 84 Ave). Not competitive (we don't keep score) and lots of fun. Call Jay (780-484-2482) for more information. We'd be pleased to see you!





#### Exercise your child's Body, mind and Creative Spirit

Parent Baby and Parent Toddler Yoga classes combined with musical enrichment

Children's and Tween Yoga classes combined with keyboard instruction

New Sessions run every 6 weeks from September to June

Register online at www.sunfloweryogaandmusic.ca

Or Call Leslie Marks at 780-487-5019

## Glenora School's 75th Anniversary

2015 marks the historic 75th Anniversary of Glenora Elementary and the school is celebrating in a big way! If you attended or have a connection to Glenora School, or know someone who does, we want to hear from you! Please visit our special anniversary website: **www.glenoraschool75.ca** or our Facebook page (search Glenora 75) to share your memories and learn more about the anniversary celebrations.

#### Save the Date for a Big Celebration!

Saturday, September 26, 2015 Glenora School - 13520-102 Avenue

Festivities begin at noon and include:

- Official Ribbon Cutting of our new playground
- Games through the decades
- Great food and fun
- An evening alumni event is also being planned

**Everyone is welcome** – alumni, community members, families, and anyone who has a connection to Glenora School.

Glenora • Crestwood • Parkview • Laurier Heights



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# **PVCL MEMBERSHIP HAS ITS BENEFITS**

# Join Your Community!

Have you purchased your community league membership this year? You many not know that memberships are valid from September 1st to August 31st similar to the school year. Although a community league membership is required for all community based programs, there are many benefits to having one even if your family doesn't utilize the programs or has outgrown them. These benefits such as community swims or skating are listed on the membership page. Memberships are also another way to support the community to provide other programming, general interest or activities as well as offer a sense of pride and belonging within the Parkview Area. To date, with the support of families and households living in the Parkview Community, we were able to provide a renovated hall space, new outdoor green space and our amazing brand new park! Buy your membership today!

As well as being able to purchase your membership at the various community programs like Tot Time, Soccer,etc., you may purchase your membership online at <a href="https://efcl.org/membership">www.pvcl.ca</a> and pay online through PayPal OR <a href="http://efcl.org/membership">http://efcl.org/membership</a>\* OR you may use the form listed below and follow the mail in instructions.

Once you have used one of the above

options, your membership card will be mailed to you by the membership coordinator, Robin Hobal.

\* If memberships are purchased through EFCL, please email Robin Hobal (membership coordinator) membership@pvcl.ca at the end of August to have your skate tags mailed to you.



# Parkview Community League Membership Form



Please complete and MAIL this FORM and CHEQUE to:

Robin Hobal 9135 - 146 Street Edmonton, AB T5R 4L5

Please make cheque payable to: Parkview Community League

	Family Household (One and Two-Parent) - \$40 Adult Household - \$40 Senior Household - \$10
NAME:	
ADDRESS:	POSTAL CODE:
TELEPHONE:	EMAIL:
CHILDREN:	AGE:
	AGE:
	AGE:
I AM AVAII ARI F TO ASSIS	T WITH COMMINITY EVENTS? VES NO

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# RANDY BOISSONNAULT

**Edmonton Centre Liberal Candidate** 



# **Canada Needs More Edmonton**

I have built my life and career in Edmonton because of its pioneering spirit and culture of prosperity.

Albertans are leaders in Canada, and we can help the country to solve our most challenging issues: the middle-class "squeeze", the environment, the economy, and relationships with the indigenous peoples of Canada.

If we want our capital city to matter in Ottawa once again, then we must get started now. Canada needs more Edmonton.

#### **Oualifications:**

- Successful Business Owner
- Graduate of University of Alberta (BA) and of University of Oxford (MA, Rhodes Scholar)
- Co-Founder of International Literacy Charity
- Fluent in English, French, and Spanish

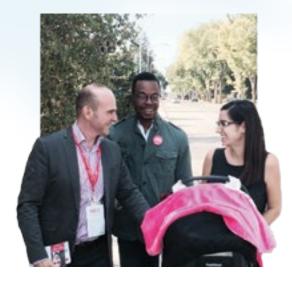
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# THEY'RE BA-ACK...



THE 3RD ANNUAL
PARKVIEW COMMUNITY LEAGUE

# HALLOWEEN BALL

8 PM SATURDAY, OCTOBER 24, 2015

Parkview Community Hall 9135 – 146 Street

TICKETS \$30

**ADULTS ONLY EVENT** 

#### THE LEGEND CONTINUES...

The Parkview Community League is pleased to present the **3rd Annual HALLoween Ball** for Adults!

Saturday, October 24 8 PM Parkview Hall

Join your friends and neighbors for a night of fun and fright. The evening will include food and drinks, music, dancing, a photo booth, and prizes for the best costume.

Scare up a costume, bring some friends and come hang out for a spell. Spirits are sure to be high but, drink prices will be low!

Tickets are \$30 each and go on sale September 1.

To purchase yours, contact one of the event organizers:

Carrie Candy: morecj@gmail.com Michelle Pollock: jeph@telus.net Tami Lackey: tami@shaw.ca

We're dying to see YOU there!



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