

### JOIN PVCL TODAY!

Your League has begun a membership drive with the aim of doubling, even tripling, the number of members. Pricing did not reflect the nature of the diverse types of families we have in our neighbourhood.

Memberships normally expire on August 31 of each year, but during the transition, all new memberships are being extended to August 31, 2019. Join now, get the spring and summer for FREE!

Only 20% of Parkview households are league members, yet everyone benefits from a strong Community League. While a significant portion of our budget does come from casino profits, membership dollars support the important lobby and coordination efforts we undertake.

# **COMMUNITY GARDEN**

Would someone like to join us at a City workshop, May 5 for a look at the process of creating a community garden and learn about the benefits of having one in Parkview? You will learn the key steps to the process, the resources available and some do's and don'ts from people who have done it before.

### **VOLUNTEER OPPORTUNITY**

We need help delivering the newsletter. Canada Post can't cover all of Parkview without delivering to neighbouring communities. If you or your kids can help, email info@pvcl.ca.

### PLAYGROUND ZONES

As you have likely noticed, the city is converting all School zones to Playground zones. Speed limits are now 30 kph every day from 7am-9pm.

The area around St. Rose School, which is not an actual playground, was converted in January. Laurier Heights was done in February. As of mid-March, City Transportation had

no timetable for when we might expect the area around Parkview's playground on 91 Avenue to be done. Shouldn't actual playgrounds receive priority?

We have been trying to convince the City to properly sign our playground for years. Evidently, they have to wait until spring to install



the posts. This is essentially an admission that they have finally realized that they have never properly signed our playground zone. Perhaps by the time you read this, it is finally done, but this project is full of anomalies.

All we ask from the city is equal and Is this nothing more than a "backdoor" to reducing speed limits in residential areas? If the city wants that, they should be upfront and open about it.

# Lower Membership Prices!

Single-person household......\$10
Three-person household......\$30
Two-person household......\$20
Four(+) person household......\$40

One person must be over the age of 18. Infants under the age of 1 are free!

To join visit pvcl.ca or stop by the hall. We accept cheques, PayPal & cash (see Tracey at the Hall), and plastic (visit efcl.org/membership/Parkview). No "form" needed just your address & postal code, email, phone number, and names of each member & age if under 18.

# HOLY CROSS ACADÉMIE INTERNATIONALE PRE-K TO GRADE 9



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# **TANGIBLE BENEFITS**

- 10% discount with Acclaimed Furnace Cleaning (the owner lives in Parkview!).
- Wholesale pricing for members at Cloverdale paint stores (up to 30% discount!).
- Discounts on UofA Microsoft and Adobe courses, large format printing at the UofA print shop, and on crested clothing and giftware at the UofA bookstore. For more details visit EFCL.org.
- Free once per week access to Community SwimTime at one of the city pools, currently Confederation pool.
- Reduced rates for passes to City of Edmonton pools and leisure centers, eg, Commonwealth Rec Centre, Kinsmen, JP, Confederation
- Skate tags allow you to use the ice rinks at any League rink in Edmonto. FYI... the skating facilities at Parkview cost us over \$18,000 per year to operate! That's for water, lighting and maintenance of the surface.
- Membership is required in order to join League programs (Brownies, Guides, Karate, Preschool, Tot Time, Yarn Nite, Soccer).
- Discount on use of the Hall once per year.

#### SAVE THE DATE

#### **Community Cleanup**

June 2 @ 10AM

Help us cleanup the Community Hall and playground. Come prepared to work AND to have a great time meeting your neighbours. For those that need volunteer hours for Soccer or other groups, this is a good opportunity.

### **GRASSROOTS SOCCER**

The goal of Parkview community soccer is not only to provide a sporting opportunity, but to promote the game to parents and their children in hopes that it develops into a lifelong love! With this in mind, beginning in the 2018 outdoor season, Parkview's U7 soccer team will follow the Grassroots Development Program (albertasoccer.com/player/grassroots), a proven concept in coaching.

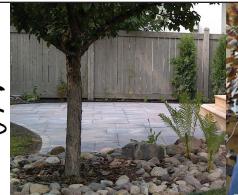
The Grassroots Development Program discourages running warm-up laps, line drills, and games with a large number of players. Instead it encourages players to try out new moves and get more touches on the ball by playing in games with fewer players. This approach stresses that participants play for their own enjoyment – not to impress coaches or parents.

The program encourages parents and coaches avoid measuring player performance by the outcome on the scoreboard, instead focusing on the degree of effort the player exerted.



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#### **GIRL GUIDES**

Spring brings a return of longer days and warmer weather, but more importantly it brings the return of Girl Guides and their world famous cookies!! Sales start in April, delicious cookies are \$5/box.

April is also **REGISTRATION** - Girls returning to their same unit can register April 23<sup>rd</sup>, for first time Guides or girls moving up, spaces fill up quickly so don't delay!

# WHEN A TRIP TO THE HOSPITAL IS FUN!

One of the exciting perks of attending Parkview Preschool are the field trips.

In February, the 4-year old class visited the Misericordia Hospital. For many, it marked the first time on a yellow school bus!

First stop was the neonatal unit to meet a beautiful premature baby and her mom; the kids asked such terrific questions! On to the orthopedics clinic, followed by the x-ray lab where we learned all about casts and the kids got to see a cast saw in action. What a delight!

The trip also taught the class how to behave in a hospital and the importance of washing our hands to prevent the spread of germs. Gross!

Most importantly we would like to thank the kind and engaging staff we met who truly made the trip a memorable experience.

Submitted by Caroline Rahmanian

### **COMMUNITY WELLNESS**

The Community Wellness Network (CWN) is a group of local yoga, meditation and fitness teachers who have partnered together to offer wellness programming at the Laurier Heights Community Hall. They believe that providing accessible, convenient, and indemand mind and body programing not only promotes healthy individuals it creates stronger community bonds. CWN offers a full complement of yoga and bootcamp classes from September to June.

To view the current schedule visit the Laurier Heights' website Ihcl.ca and click the "Hall Calendar" tab, on Facebook: @cwnyeg, or email: cwnyeg@gmail.com.

Sandy Brown, one of CWN's instructors says it best, "Our group came together through the mutual love of community and wellness. We have worked diligently to create a schedule of classes that serves every member of our population, encouraging active lifestyle in community is our priority. I consider myself fortunate to be a part of this talented group of women. We are privileged to be living in the most beautiful part of our city full of amazing families, a place I am proud to call it home!"

### PRESCHOOL ORIENTATION

Mandatory orientation night for registered preschool students.

Wednesday, June 6 @ 7PM at PVCL Hall



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### "QUEEN" OF PARKVIEW

In the 1950s, 142 Street was a dirt road, the bridges were single lane and constructed entirely of wood, and the bridge on 102 Avenue couldn't even support cars! During this period William Ellis operated a mink ranch from his homestead on 142 Street. The ranch stretched all the way to the edge of the Town of Jasper Place on 149 Street. The original Ellis homestead is still there, albeit renovated, and is believed to be the oldest structure in our community. The first new houses in Parkview were built on 143 Street between 89 and 90 Avenues in 1956. East Parkview, then known as Valleyview, wouldn't see houses constructed until the early 1960s.

All this just leads to the important question... who has lived in Parkview the longest? Up until the fall, when she moved to Canterbury, it was Sophie Dahl who arrived in the summer of 1956 with her husband Vern. However, now the new "Queen" of Parkview is likely Sylvia Monson who arrived with husband Vaughn in 1957. She recalls the alleys as pure mud, everyone would get stuck. Pure wild prairie! If you know anyone else that's lived here continuously since those early years, we'd love to share their stories too.

# WALK, JOG, RUN

3K, 5K, 10K. Hawrelak Park, Saturday April 28. Register at EFCL.org or RunningRoom.com. Lots of fun, food and other activities!

### PARKVIEW REAL ESTATE

What can we expect to see this summer? According to realtors Rick Angus and Sue Jaksich, prices are slow and steady, but the time on the market has also increased. Sales are up 14% relative to 2017, but the new mortgage stress test is expected to slow things down. 75 properties changed hands in the last year, with a lot of young families moving in.

A small pocket north of the Hall saw spec building of skinny homes, but that trend has skipped most of Parkview, and a lot of the speculation work is sitting empty.

Most of Parkview's homes, built in the 1950s and early 60s, have fir studs, solid joists, and great

concrete foundations, perfect for full-scale reno jobs! West of 142 Street lots are 50' frontage, eligible for skinnies, and often the land alone is worth in excess of \$400K. East of 142 Street, frontages are 60'+ and property values increase accordingly.

Millennials want brand new and are passing on Parkview. While we may have low "walk efficiency", Parkview is centrally located, has a rich history, great schools, door-to-door mail delivery, and most importantly amazing people!



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