



Christmas Craft & Bake Sale 2013

Amazing event enriches sense of community

By Louise Clarke, Chair
Christmas Craft & Bake Sale
louise.clarke@telus.net

Neither sleet, nor snow, nor a full-on blizzard kept Parkviewers away from the annual Christmas craft and bake sale. Despite the blustery day, the hall bustled with people and energy.

The sale was held November 16 and we were once again pleased with a full house. Vendor tables sold out by early fall and the efficient committee helped to get everything in place.



Some vendors return year after year because they love coming to Parkview. They know they will be greeted by friendly shoppers and all the things that feel good about Christmas, including the generous human spirit and kids bursting with excitement. And what Christmas in Alberta doesn't include perogies!

As I further reflect upon the day, I know that even though we gather under the auspices of celebrating the Christmas season, the event is really about celebrating community and volunteerism. It brings people together at every level –for the social aspect of attending a family event to the volunteers who make it happen. A glance at the volunteer list will tell you just how many people it takes (around 100, see p. 7)) and we have probably missed a few; not to mention the spouses and friends behind the scenes who managed the home fires while we were otherwise engaged.

Did you know... a team of volunteers built 140 gingerbread houses for the kids to decorate? Or that our apple peelers sliced through two bushels of apples and the pie-making crew made 44 pies?

This year, I literally got my hands dirty by assembling gingerbread houses and making pies. I have known for a while the secret is not in the beautiful pie, but in the fellowship of strong and amazing individuals who set aside other commitments to take part in this ritual year after year. They do it as a labour of love.

I feel fortunate to be part of this event and for the opportunity to get to know the people I may not have otherwise met. When the call for help comes out next fall, I hope you will get in touch with your inner volunteer or take time out from other volunteer activities to give this one a try. It is an enriching experience. If you've never been to the craft and bake sale or have missed a few, please come and discover how great it feels. Don't miss out on the energy and excitement.

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Newsletter Deadlines

The Parkview Community League newsletter is published four times a year and distributed to members of the community. The advertising and copy deadlines are:

Spring: February 1 / Summer: May 1
Fall: August 1 / Winter: November 1

Advertising Rates:

Full back page\$200
(7 1/4" wide by 9" deep)
Full inside page\$150
(7 1/4" wide by 9" deep)
Half page\$75
(3 1/2" wide by 9" deep or
7 1/4" wide by 4 1/2" deep)
Third page\$50
(7 1/4" wide by 3" deep)
Quarter page\$40
(3 1/2" wide by 4 1/2" deep)
Business card\$15
(3 1/2" wide by 2" deep)

Please note that we do not accept advertising inserts.

To submit articles contact: Denisa Leitch
editor@pvcl.ca

To place ads contact: Louise Clarke
advertising@pvcl.ca

Parkview Community League Contacts

9135 - 146 Street, Edmonton, Alberta T5R 4L5

Tel: 780-483-2098

Position	Name	Phone	Email
Board of Directors.....			board@pvcl.ca
President	John Corie	780-669-1557	president@pvcl.ca
Vice President	Brian Mulder	780-868-3017	vp@pvcl.ca
Secretary	Ed Braun		secretary@pvcl.ca
Treasurer	Jeff Lucente	780-455-4115	treasurer@pvcl.ca
Casino Coordinator.....	Melanie Lee	780-970-8728	casino@pvcl.ca
Community Recreation Coordinator	Ruth Wong-Miller		ruth.wong-miller@edmonton.ca
Craft & Bake Sale Coordinator	Louise Clarke	780-481-2842	advertising@pvcl.ca
Facilities Caretaker	Tracey Kushniruk	780-221-5072	caretaker@pvcl.ca
Hall Rentals	Debbie Braun		hallrentals@pvcl.ca
Hall Sign	Tanya Gilbody	780-487-3192	hallsign@pvcl.ca
Membership Coordinator	Robin Hobal		membership@pvcl.ca
Newsletter Advertising	Louise Clarke	780-481-2842	advertising@pvcl.ca
Newsletter Distribution	Christina Froberg	780-454-5040	christinafroberg@hotmail.com
Newsletter Editor	Denisa Leitch	780-447-1844	editor@pvcl.ca
Playschool Contacts	President: Jody Nickerson	780-434-9409	playschool@pvcl.ca
	Registrar: Kathy Newman	780-634-4538	registrar@pvcl.ca
Rink Coordinator.....	Brian Mulder	780-868-3017	brian.mulder@telus.net
Seniors Coordinator.....	Ellen Jones	780-483-8156	
Soccer Coordinator - Outdoor			
..... Outdoor Older Teams.....	Brian Mulder	780-868-3017	outdoorsoccer@pvcl.ca
..... Outdoor Mini Teams.....	Stephanie Gregory		gregorygroup@hotmail.com
Soccer Coordinator - Indoor	Theresa Donauer	780-988-8933	indoorsoccer@pvcl.ca
Special Events Network.....	John Corie	780-669-1557	president@pvcl.ca
Tot Time	Jill Vihos and Jenai Christensen		tottime@pvcl.ca
Website Editor	Debbie Braun		webmaster@pvcl.ca

Rentals at Parkview Community Centre



Parkview Community Centre is bright and airy with south facing windows and high ceilings. The main hall can accommodate up to 225 for a banquet but is also ideal for smaller gatherings like children's birthday parties.

The facility also has a conference room, skate room and rink available for rent. For information and rates visit our website:

www.pvcl.ca



Parkview Community League operates under the direction of an energetic board of directors, and several standing and ad hoc committees. The league is primarily comprised of volunteers whose collective effort makes our centre a beautiful and vibrant hub of activity in the community with a variety of yearly social events, in house programs, and third party social/fitness programs.

If you are interested in becoming a part of this exciting entity, the league would be happy to have you on board. Please contact us at: info@pvcl.ca or John Corie at 780-669-1557 or president@pvcl.ca



By John Corie, PVCL President
president@pvcl.ca

President's Message

It's hard to believe that another three months have passed and that warm weather will soon return to Edmonton. While we've certainly had a beautiful winter season with plenty of snow and great ice conditions at our community rink, I'm sure we'll all enjoy spending some outdoor time in the sun with family and friends.

We've completed more work at the community hall recently, including a roof replacement over the playschool and caretaker suite, along with a new rooftop HVAC unit. While not as glamorous as the kitchen renovation, these improvements will ensure that the roof remains properly sealed and that our three and four year old playschool children stay warm in the winter and cool in the summer. Thanks to everyone for their patience while this work was completed.

Several organizations have recently made generous donations to our community league. I'd like to specifically recognize and thank **KPMG, Enbridge and our neighbour, the Edmonton Chinese Alliance Church**, for their contributions. These funds will be put to good use in our community as we continue to improve the hall and fund various programs and events.



One of the things that makes Parkview such a great place to live is the many dedicated volunteers who support our community. Each spring, Canadians recognize the efforts of more than 13.3 million volunteers nationwide by celebrating **National Volunteer Week**. This year's celebration takes place the **week of April 6 to 12**. In addition to expressing appreciation to those already volunteering, please consider this week as an opportunity to get involved in our community.

See you at the rink for Superfantastic Skating Party on Feb22 at 12:15pm !

Warm regards,

John Corie
President
Parkview Community League
president@pvcl.ca



JOIN THE GLOBAL COMMUNITY
MARCH 29 8:30PM ARTHOUR.ORG



P A R K

V I E W

M O P ::

N I T E

Come and hang out with other Men Of Parkview at Brewsters in Meadowlark. Those able to make it have enjoyed meeting neighbours and friends, good food, drinks, and laughs. The "regular" attendees have yet to be able to determine an ongoing night. Currently, interested MOP's are sent an email with date and time.

If you would like to be added to this list please send Mike an email at simons1@shaw.ca with a 're:' line of MOP.



Bridge Club



Card players interested in playing bridge, please join us at Crestwood Community League on Thursdays afternoons at 1:00 pm
Anyone interested please contact

Teresa Feehan at 780-483-6473

PVCL WEB SITE COORDINATOR NEEDED !

PLEASE CONTACT DEBBIE AT
WEBMASTER@PVCL.CA IF YOU ARE
INTERESTED AND FOR MORE INFO ON
THE POSITION

Programs for everyone this Spring at the Parkview Community Centre.

Playschool	Monday – Friday morning & afternoon classes	Jody	780.486.7560
Brownies	Mondays 6:00 – 8:00pm	Heidi	780.904.2570
Tot time	Tuesdays 9:00 – 10:00pm	Jill Vihos/Jenai Christensen	totttime@pvcl.ca
Karate	Tuesdays and Thursdays 5:00 – 8:30pm	David	780.695.5457
Guides	Wednesdays 6:00 – 8:30pm	Taletta	780.930.1109
Barre Class	Wednesdays 9:20 – 10:20am	Marjorie	780.932.5501
MOP (men of Parkview)	Times to be announced	Mike	simons1@shaw.ca



Parkview Community League

EVENT CALENDAR 2014 (Dates are subject to change, please check www.pvcl.ca closer to date for info)

January 2014

- Community League Meeting - Tue Jan21

February 2014

- Spring Newsletter Deadline - Feb 1
- The Super Fantastic Skating Party - Feb 22 at 12:30pm
- Community League Meeting - Tue Feb18

March 2014

- Community League Meeting - Tue Mar18

April 2014

- Community League Meeting - Tue Apr15

May 2014

- Summer Newsletter Deadline - May 1
- Community League Meeting - Tue May20
- Spring Cleanup Day & BBQ - May 24

June 2014

- No Community League Meetings
- Food Truck Event - June 21
- Tot Time Year End Party
- Parkview Last Day of School Get Together - June 26

July 2014

- No Community League Meetings
- Green Shack at the Park
- Summer Programs at the Hall

August 2014

- Fall Newsletter Deadline - Aug 1
- No Community League Meetings
- Green Shack at the Park
- Summer Programs at the Hall

September 2014

- Community League Meeting - Tue Sept16
- 3rd Annual Pancake Breakfast - Sat Sept 20
- Local Programs Start:
- Scouts/Girl Guides • Playschool • TotTime •
- Indoor Soccer Registration • Basketball Registration • Karate Registration

October 2014

- Community League AGM - Oct21
- Halloween Party for Children - Oct25, 10am
- HALLOWEEN Ball for Adults - Oct25, 8pm

November 2014


- Winter Newsletter Deadline - Nov 1
- Community League Meeting - Tue Nov18
- Parkview Playschool Dessert Auction - Nov15
- Christmas Craft & Bake Sale - Nov22

December 2014

- Community League Meeting - date and location to be determined
- Family New Year's Party - Dec31

SKATING PARTY

SATURDAY 22nd FEBRUARY



PARKVIEW RINK

TIME 12:15~2:15

INFO ON WWW.PVCL.CA



Christmas Craft & Bake Sale 2013 - Continued

The 2013 Craft Sale Committee is grateful for all the hands that helped to create another successful event.

2013 Craft Sale Committee:

Louise Clarke - Chair
 Carmela Adshead – Bake table coordinator
 Annisia Brodie – Children's activities
 Barb LeMare – Volunteer coordinator
 Susan Pasemko – Pies
 Ann Sinnott – Concession sales
 Lauren Starko – Vendor tables



Special Thanks...

Brenneis Sisters – Debbie, Charlene, Sharon and Donna for food donations, food management and kitchen operations

Olga Garbera for making the delicious perogies

Tracey Kushniruk, Brian Mulder, and Debbie & Ed Braun for always being there and helping out

Andy's IGA for the donation of various goods for the event

Second Cup (Signature Place) for the donation of coffee

"Piglet noticed that even though he had a Very Small Heart, it could hold a rather large amount of Gratitude."

A.A. Milne, Winnie-the-Pooh



Event Volunteers:

Andrea Archimowicz
Betsy Gilchrist
Brian Kiely
Brian Mulder
Carrie Candy
Cathie Crooks
Claudette Birzgalis
Dave Owen
Debby McCabe
Ed & Debbie Braun
Elora Kiely
Eric Levinson
Erin Clarke
Evan & Travis Mulder
Gillian Culham
Hannah Clarke
Heather Clarke
Heather Oga
James Candy
Jamie Pasemko
Jodi Brown
Jody Nickerson
Jordyn Danyluk-Brown
Kathren McMaster
Kristina Owen
Lana Dukart
Laura MacLean
Linda Piers
Lorena Forster
Mercedes Adshead
Michelle Plouffe
Michelle Paonessa
Monica Lund
Natasha Pasemko

Quinten Starko
Rebecca Griffiths
Renee Chevalier
Tami Lackey
Tammie Banting
Theresa Agnew
Theresa Donauer
Tracie Millar
Tricia Johnston

Youth Volunteers:

Thanks to these young people who came out representing Parkview and Westminster Junior High schools


Allison Jurek
Arden Mills
Ben Olson
Camren Lackey
Claire Cyre
David Merkley
Graham McCabe
Jane Johnston
Jenn McIntyre
Josh Adshead
Liam Cyre
Matteo Parpinel
Max Buchanan
Michelle Malagon
Mobina Motamedi

Baking Elves

Amanda Nicholson
Andrea Archimowicz
Andrea Kristiansen
Annisette Gent
Bev LaBoucane
Carla Perrin
Caroline Bowen
Carrie Nicholson
Christin Bryant
Christine Rankel
Daphne Simkin
Denisa Leitch
Gillian Culham
Gina
Heather Clarke
Heather Oga
James Candy

Janie MacIvor
Janine Beeston
Jennifer Bossio
Jill Vihos
Joan Holzapfel
Jodi Brown
Jody Nickerson
Karen Mulder
Kathy Newman
Katie & JD Carlson
Linda Piers
Maddie Spelliscy
Marcia Bercov
Marlene Koning
Renee Chevalier
Sarah Foy
Susan Pasemko
Tracie Millar
Tricia Johnston
Wendy Wilk





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Sundays: 1:00-5:00PM

olivercrestwood@shaw.ca
9656 142 Street Crestwood Centre
780-756-1600



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Christmas Craft & Bake Sale 2013 - Continued

If you missed out on the crafts or are looking for some unique gifts, these vendors have goods available year round.

**Jewelry by Cia (Celia Bertram)***Jewellery*780 469 1085 bertramc@telus.net**Fay Britton***Scarves/afghans/jam/scrubbies/tea towels*

780 444 4835

Wee Woolly Shop (Nancy Byway)*Hooked rugs, felting, zipper pins, metal crafts*780 299 3426 nbyway@hotmail.com**Amy's Wings n Things (Amy Fabella)***Girls' hair accessories, sparkle tattoos, dress up clothes for boys and girls*780 245 0133 amyswingsnthings@hotmail.com**Lucky Penny Lane Soaps (Elizabeth Dufva)***Soaps, lip balms, body butter, sugar scrubs, bubble powder*780 278 3957 bethanyboo@hotmail.com**Bird Wing Paper Designs (Leah Fedynak)***Christmas cards, paper products, custom photobooks*lfedynak@gmail.com**Arlene Gort***Afghans, scarves*amgort@hotmail.com**Pamela Holmes***Quilts*780 455 8568 pamelaholmes2012@yahoo.ca**N. J. Creations (Naheed Jamal)***Pashmina shawls, tunics, beaded purses*780 430 9823 njamal1@shaw.ca**Melanie Mah***Christmas ornaments, sewing, knitting, crocheting*mkmah@shaw.ca**Dorothy McPhee***Soy candles and craft aprons for children*780 477 7018 toocraftysisters@shaw.ca**Debra Ooms***Stained, fused, and slumped glass projects*780 469 1651 dooms@telus.net**Rhea Plouffe***Cards, water colour prints*780 476 7230 rheap@shaw.ca**TimeDesignz (Judy Sheen)***Beaded watch bracelets*780 405 7183 judy.sheen@gmail.com**Kirsten Stirling***Pottery*780 953 3697 handkplus4@gmail.com**Louise Szaszvari***Teddy Bears made from fur coats*780 486 7784 lszaszva@telus.net**TV Creations (Tanya Van Niejenhuis)***cards, journals, photo albums, etc.*780 466 7836 tanya.vanniejenhuis@gmail.com**Stephanie Wachnuk***Nature photographer prints on mats, canvas, cards*www.HarmonicImages.com**Dawn's Delights (Heather Wedel)***Dolls, baby blankets, bracelets*whiteheatherarts@hotmail.com

Alcohol & Pregnancy: Help Spread the Facts!

Many Albertans know someone who has a Fetal Alcohol Spectrum Disorder (FASD) and most are aware of this preventable birth defect. FASD is a lifelong disability resulting from prenatal exposure to alcohol that has no cure. People with an FASD can have a combination of unique physical, developmental, learning and behaviour problems and concerns.

Yet 9% of Alberta women reported drinking during their last pregnancy. Some may be surprised the percentage is markedly higher (41%) for women in the highest income group. Among Alberta women 18 to 44 years of age, 80% reported drinking within the past 12 months. Given that 50% of pregnancies are reported to be unplanned, a significant number of unborn babies are at a high risk of prenatal exposure to alcohol.

No wonder why women, their partners, family and friends are confused about alcohol use and pregnancy, there are myths and misinformation everywhere! From authors, health care providers to well intentioned friends, conflicting and inaccurate information is being spread to women.

What we do know is that no woman consumes alcohol wanting to cause harm to her baby. A woman may not know she is pregnant, may not be aware of the effects on fetal development. Life circumstances past and present, such as domestic violence, poverty, mental health problems and stress can result in alcohol use as a coping strategy. And all women, all ages and all socio-economic backgrounds may drink alcohol during pregnancy because it is their social norm and loved ones around them drink on a regular basis.

So what can we do? Help spread the facts by having non-judgemental prevention conversations with family, friends, colleagues and the community at large about alcohol use and pregnancy.

- Drinking can be harmful at any point during pregnancy and can result in lifelong disabilities.
- Alcohol and pregnancy don't mix. If you drink alcohol and are sexually active, make sure you use contraception.
- Friends, partners and family members can support a woman by asking how they can help her to make healthy choices for healthy babies.
- Some women need support, care and treatment to help them stop drinking during pregnancy.

For more information on the FASD Prevention Conversation or supports and services available for persons with a Fetal Alcohol Spectrum Disorder please visit: www.edmontonfetalalcoholnetwork.org





Special Events Update

By Tamra Simons
simons1@shaw.ca

Parkview Special Event Community Functions have been steadily growing in popularity and variety. For the past number of years Community Special Events have been primarily supported through a Board Position. We think it is time to "spice things up a little" and try something new for our community events. Rather than having a small number of individuals hosting and organizing our annual events we would like to see Special Events being run through a much larger network of friends and neighbours.

This newly formed "Special Event Network" would see each event organized and hosted by different leaders and groups within the community. We think this is a fabulous way to introduce some new ideas to our events and allow community members the opportunity to get involved with

very clear expectations and time commitments. Most importantly, it really is fun to gather a small group of friends together or lead the charge to throw a really great party or function for our fabulous community!

We currently have 10 Community Functions planned for the 2014 calendar year. A number of functions already have a Team Lead or Group in place. All of the functions vary in time and planning but are all supported by the Community League Board and past planners who are happy to provide information and insights learned from past events.

The Parkview 2014 Event Calendar

- **The Family Skating Party**
Saturday February 22, 2014
Team Lead: Tamra Simons

- **Spring Clean-up and Barbeque**
Saturday May 24, 2014
Team Lead: Vacant

- **The Food Truck Event**
Saturday June 21, 2014
Team Lead: Debbie and Ed Braun

- **Parkview Last Day of School Get Together**

Thursday June 26, 2014
Team Lead: Tamra Simons

- **Pancake Breakfast**
Saturday September 20, 2014
Team Lead: Vacant

- **Children's Halloween Party**
Saturday October 25, 2014 (10-1pm)
Team Lead: Tot Time

- **Adult Halloween Party**
Saturday October 25, 2014 (evening)
Team Lead: Michelle Pollock

- **Parkview Playschool Dessert Auction**
Friday November 15, 2014
Team Lead: Parkview Playschool

- **Christmas Craft Sale**
Saturday November 22, 2014
Team Lead: Louise Clarke

- **Family New Year's Eve Party**
Wednesday December 31, 2014
Team Lead: Vacant

We invite anyone interested in learning more about these opportunities and wanting to be part of the Special Event Network to please contact our President John Corrie at president@pvcl.ca or 780-669-1557. If you have an idea for another function and are happy to lead the charge please let us know! We look forward to seeing many neighbours and friends out at all of our functions throughout the year.



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This advertisement is not intended to solicit people or property already under contract with another brokerage.

Parkview Sports

Parkview Outdoor Soccer 2014

Soccer registrations will take place as outlined below. (Depending on when you receive the newsletter some of this information will be outdated.)

Date	Location	Time
Sunday March 2, 2014	Parkview Hall main hall 9135 - 146 Street	6:00 pm to 8:30 pm
Tuesday March 4, 2014	Doubletree by Hilton 16615 - 109 Avenue	6:00 pm to 9:00 pm
Sunday March 9, 2014	Parkview Hall main hall 9135 - 146 Street	6:00 pm to 8:30 pm

The Parkview Community soccer program, with the support of Edmonton Minor Soccer, is the only youth level program in our community that supports community programming.

Help with the soccer program is always needed. Jaci Woolfson is the coordinator of the outdoor soccer program and is responsible for the U8 and older teams. Stephanie Gregory will be coordinating the U4/5 and U6 teams again. The program could really use an equipment coordinator and a pictures/awards coordinator. If you are interested in either of these positions, please contact Jaci at outdoorsoccer@pvcl.ca.



2014 OUTDOOR SEASON

AGE GROUP NOTE: NOT ALL AGE GROUPS ARE OFFERED BY EACH COMMUNITY	YEAR BORN – MUST PLAY IN AGE APPROPRIATE GROUPING, CAN NOT move down in age group(unless medical letter is submitted by physician and approved by EMSA board) Alberta Health Care Card is required for proof of age	DAY & TIMES OF GAMES (SUBJECT TO CHANGE) -SOME COMMUNITIES PLAY IN-HOUSE (No Travelling) for Mini Age Groups
Under -4	Born in 2010	Community to set date
Under -5	Born in 2009	Wednesday 6:15 pm
Under -6	Born in 2008	Monday & Wednesday 6:15 pm –subject to change
Under -8	Born in 2007-2006	Tuesday & Thursday 6:15 –subject to change
Under -10	Born in 2005-2004	Monday & Wednesday 7:15 pm –subject to change
Under -12	Born in 2003-2002	Tuesday & Thursday 7:30 pm –subject to change
Under -14	Born in 2001-2000	Monday & Wednesday 6:00 pm & 7:00 pm –subject to change
Under -16	Born in 1999-1998	Sunday & Thursday 6pm & 7:30 pm / possible 1-2 Wednesdays – subject to change
Under -18	Born 1997-1996	Sunday & Wednesday (possible 1-2 Thursdays) 6pm & 7:30 pm – subject to change

*** For the most current information, please check the outdoor soccer links on the www.pvcl.ca website.

Other soccer information can always be found at the west zone web site www.ewzsa.com

Volunteer Coaches needed at all age levels! EMSA West offers Coaching Training at ALL levels
No Coaches = No Team :(



Marjorie O'Connor
FIT International
Fitness Educator and Motivator

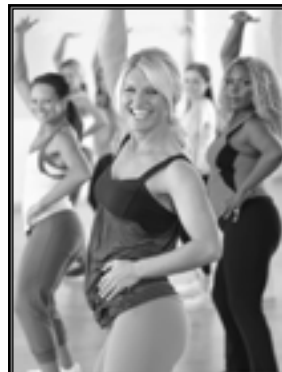
MOC BARRE METHOD

Parkview Community Center
Wednesdays 9:20-10:20 am

Crestwood Community Center
Fridays 9:30-10:45 am

MOC Signature Classes
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KARATE AT PARKVIEW COMMUNITY HALL



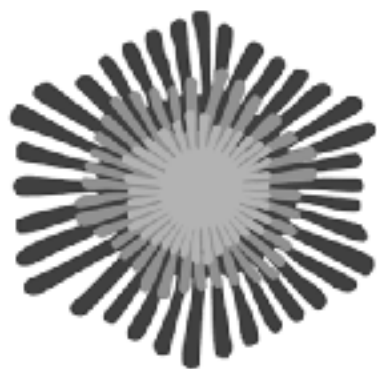
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6:00 am							
8:15 am							
9:15 am			Flow 80				
10:15 am							
3:30 pm		Flow 80		Flow 80			Flow 80
5:30 pm					Flow 80		
7:30 pm	Express 60	Express 60	Express 60	Express 60			

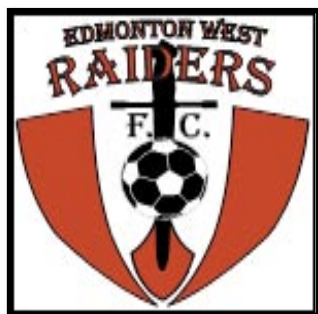
7:30 Class is not offered on holiday Mondays

Flow 80 is an intermediate class

Please bring in this ad for a complimentary class pass. One per student only, please.

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@ LYNWOOD
SCHOOL

Fun and frolic with Ladies Sports Nite - basketball for women 18 to 108. Thursday evenings, 6:45 to 8:00. Lynnwood Elementary School (15451 - 84 Ave) from Sept to April. \$50 for year covers gym rental costs. Non-competitive (we don't keep score) and lots of fun. Bring non-scuff runners. Call Jay (780-484-2482) for further information. We'd be pleased to see you! Try it once or twice for free to see if you like it.



Edmonton West Raiders

Edmonton's only all girls soccer club

Raiders offers teams in the following age groups:
 U10G, U12G, U14G, U16G and U18G – Tiers 1, 2 & 3

West Raiders Outdoor Soccer Season 2014

Outdoor Registration

- Tuesday February 18 and Wednesday February 19 from 6:30 - 8:30 pm – at the West Soccer Centre (17415 – 106A Avenue)
- Tryout information will be posted on our website: www.ewr.ab.ca
- Contact information: karen@ewzsa.com or phone 780-451-6453 ext. 2



Edmonton Drillers Youth Soccer Club Outdoor 2014

Registration for U8 and U10 programs!
Registration for U12-U18 upcoming tryouts!

Looking for an exciting outdoor season of high level soccer?
Wondering where to excel with individual and team soccer skills?
Want a challenging and competitive environment?
Eager to have fun and become the best soccer player you can be?

**Our club is committed to developing our players and supporting them in the FUNdamentals of
 SOCCER!**



Watch our website for details: www.edmdrillers.com

or

To register or for more information
 Contact the club registrar at paribus@shaw.ca



Beatjam kidz Inc. presents

New, Unique and Exciting Program
starting at the Lynnwood Community League

musical Yoga for Kids

Children learn through games, stories and busy play

For inquiries or registration, contact:

Ms. Leslie:

780-487-5019

lamarks@shaw.ca

www.facebook.com/beatjamkidz

starting Thursday, February 6

Ages 4 - 6 ♦ 3:00 – 3:45

Ages 7 – 10 ♦ 4:00 – 4:45

7 Sessions for \$70.00

Missed the above –

Sign up for **Spring Sessions** starting April 24



Parkview Rink is up and running!
visit www.pvcl.ca for complete schedule.

New This Year... In addition to the rink, we have flooded the old tennis courts this winter for family skating.

Skating Party - Sat Feb 22, 12:15-2:15pm. Everyone Welcome!



OPEN HOUSE

Sunday, February 23, 2014

12:00pm to 3:00pm

Crestwood Curling Club

14317-96 Avenue, Edmonton, AB

Activities

- Learn to Curl
- Wine & Cheese Reception
- View our Meeting/ Banquet Facilities

For more info: (780) 452-4174
or crestwoodcurling@shaw.ca

Fun League



March 2, 9, 16 & 30, 2014

12:00pm-2:00pm

\$60 Registration

New to Curling?

Want to be part of the fun?

Join our fun League.

Open to all ages and curling abilities.

Instruction included.

**For more information please
contact us @ (780) 452 4174 or
email crestwoodcurling@shaw.ca**

Parkview Playschool

2nd Floor of the Parkview Community
League, 9135 - 146 Street

Put it in your calendar:

Event: Registration Night for 2014-2015 school year

Date: Wednesday, March 12

Time: 7:00 pm – 8pm

Where: Parkview Community Hall Gym

What to bring:

- ❖ **Administration Fee \$65**
- ❖ **First Month's Fee - \$90 for the 3 year old program, \$120 for the 4 year old program** (Please make cheques out to Parkview Playschool)
- ❖ **Calendar to mark down some important dates**

Remember: Pre-registration Deadline for current students will be January 26, 2014

- ❖ **Watch your child's basket for your forms**

We are well into the school year and the kids have been bringing home some really great projects. They are learning loads of new things and growing fast! What a fantastic program to have here in our community. The children have had a chance to experience some really interesting in class field trips - reptile and amphibian show, travelling zoo and fun with musical instruments.

Our teacher, Merri-Ann Wojcicki achieves the goals of the Parkview Playschool through classroom activities, such as:

- Free play; allowing children to create, explore, share, problem-solve, play cooperatively, etc
- Story time, sing-a-long and action songs, etc
- Exercise, games and gym-time
- Music and stories on tape and rhythm instruments

- Crafts, painting, colouring, cutting, creating
- "Show and Share" and "Busy Bee" responsibilities
- Field trips, special events and invited visitors
- School readiness skills

By Jody Nickerson
Playschool President
playschool@pvcl.ca



Parkview Playschool is directed by a volunteer executive and is a sub-group of the Parkview Community League. As a non-profit parent cooperative, all parents are required to volunteer for one toy wash per year and one fund-raising activity. As well, parents are asked to contribute or donate occasional supplies, assist with fieldtrips, special events and the option to participate on the executive board is always open.

If you have any questions please go to www.pvcl.ca/playschool or contact:

Parkview Playschool President,
Jody Nickerson, jodyjnickerson@shaw.ca
or 780-434-9409

Parkview Playschool Registrar,
Kathy Newman, kjnewman@shaw.ca

Parkview Playschool

9135 146 Street—2nd Floor





Parkview Playschool is a not for profit, cooperative organization dependent upon parental involvement to offer a quality program. The primary purpose of playschool is to aid in your child's social, emotional, physical and intellectual development.

**Registration Night for 2014/15 school year:
Wednesday, March 12 @ 7:00 pm
Parkview Community Hall**

- Experienced staff, parent run board, family focused approach
- Many programs available
 - 4 year old (3 days/week)
 - 3 year old (2 days/week)
 - Morning or afternoon

Please contact **Kathy Newman** at kjnewman@shaw.ca for more information or check out our website at www.pvcl.ca/playschool.

Annual Dessert Auction & Social hosted by the Parkview Playschool was a huge success! Not to missed next year!





Thank you, thank you, thank you to all those who attended our annual fundraising event! We broke our fundraising record and raised enough money to invest in more fabulous learning materials, interesting field trips and classroom activities. We couldn't have done it without you!!

Parkview Playschool Annual Dessert and Silent Auction 2013

Jennifer Spratlin and Andrea Trendel are the masterminds behind our fundraising event. On behalf of the Board, staff and parents, thank you for all of your hard work these past years. We will miss you tremendously!!!





St. Paul Elementary School

Kindergarten Registration

**14410-96 Avenue,
Edmonton, AB**

T5N 0C7

Phone: 780 452 1510

Fax: 780 452 1681

Website:

www.st.paul.ecsd.net

At St. Paul Catholic School

We believe in children.

We pray together.

We play together.

We grow.

We create a loving environment where learning has no limits.

St. Paul School will be offering two morning kindergarten classes for the 2014-15 year.

We are presently accepting registrations for our Kindergarten Program. This program is offered to children who will be five years of age before March 1, 2014.

If you have any relatives or friends who have children in this age group, please make them aware of our program.

Upon registration, we require a copy of the birth certificate, immunization records, and baptismal certificate.

An open house to learn more about the Kindergarten Program will take place on March 5th at 6:30 PM.

Principal : Boyan Yarovenko

Email: bo-
yan.yarovenko@ecsd.net

Assistant Principal:

Irene Sieben

Email: Irene.sieben@ecsd.net

Seceretary: Joreen Steinke

Email:

Joreen.steinke@ecsd.net

Parkview Tot Time - Come Join Us on Tuesdays!

By Jill Vihos, Tot Time Coordinator
tottime@pvcl.ca



Are you a parent or caregiver with a child under six? Do you have free time on Tuesday mornings? If you said yes to both questions, please consider joining us at the Parkview Community Hall for Tot Time!

Tot Time is long-standing volunteer program bringing parents, caregivers and preschoolers together in the Parkview Community. This program provides an opportunity for toddlers and preschoolers

to meet peers in the community while engaging in fun and physical activity. Tot Time also offers parents and caregivers a chance to create connections with community members.

Each Tuesday, Tot Time runs from 9:00-11:00am at the Parkview Community Hall. To attend Tot Time, an active community membership is required for insurance purposes. Memberships can be from any community in the city.

The Tot Time program follows the same format each Tuesday. From 09:00-10:30am children engage in free play and craft construction. This is followed by snack time (please bring your own snack and drink) and song circle. Each week, we collect a small fee of **\$1.00 per child**. This payment is allocated toward operational costs including craft supplies and toys, and seasonal parties.

Tot Time would like to thank both the Tot Time and Playschool families who helped contribute to the annual Tot Time Christmas Party Potluck.

The party was a wonderful opportunity for parents and caregivers with children who have progressed to playschool to reconnect with community members who attend Tot Time, while the children had fun decorating gingerbread cookies, creating festive crafts, and receiving a special holiday gift package.

Please join us a Tot Time, we look forward to seeing you!

Jill Vihos



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**Parkview
Community
League Hall**
**9135 – 146
Street**

*Registration for
summer daycamps
starts April 29th, 2014!*
ereg.edmonton.ca

**Registered Children's Programs
in Parkview**
Nature-Friends

Have fun being green this summer! Explore your community and the nature spaces that it has to offer. Go on nature walks, play nature games outside, and have a picnic in the park with your new friends. Each day you will create a new environmentally friendly craft, including decorating your own reusable lunch bag and designing your own personal compost bin. To wrap up the week, you enjoy a field trip to the John Janzen Nature Centre!

July 28 – August 1
Full-Day Camp

9:00 am to 4:00pm

With early drop off at 8 am and late pick up until 5 pm.

6 to 9 years

Cool Creations

Are you looking to learn new skills and make cool creations? This is the camp for you! Learn how to tie-dye and make homemade chocolates, soap, candles and lip balm. Additionally, design your own t-shirt and jewelry! You'll take home a new creation every day!

August 6 - 9
Full-Day Camp

9:00am to 4:00pm

With early drop off at 8 am and late pick up until 5 pm.

7-11 years


 THE CITY OF
Edmonton

EDMONTON

Parkview
Community
League Hall9135 – 146
Street*Registration for
summer daycamps
starts April 29th, 2014!*ereg.edmonton.ca**Registered Preschool Programs
in Parkview****Young at Art**

Young artists will love creating their own masterpieces by molding clay, smearing paint, and squishing dough. Please be sure to bring a Paint Shirt to wear over your clothes.

July 2 - 4

1:30-4:00pm

4 to 6 years

Let's Craft Together

Get creative with your preschooler! Leaders will share a variety of crafts that are fun for you and your child to create together. Explore a variety of different textures, colors, and shapes together while creating interesting art. Please be sure to bring a paint shirt to wear over your clothes.

July 14 - 18

9:00 to 11:30 am

2 - 4 years

Cooking Up a Story

Find yourself in the delicious world of storytelling! Our daily recipes are inspired different stories. We also create crafts and partake in activities to reflect the books we read. Every day is a new adventure!

August 18-22

9:00 to 11:30 am

4 to 6 years

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PVCL Membership has its benefits!

Join Your Community!

Have you purchased your community league membership this year? You may not know that memberships are valid from September 1st to August 31st similar to the school year. Although a community league membership is required for all community based programs, there are many benefits to having one even if your family doesn't utilize the programs or has outgrown them. These benefits such as community swims or skating are listed on the membership page. Memberships are also another way to support the community to provide other programming, general interest or activities as well as offer a sense of pride and belonging within the Parkview Area. To date, with the support of families and households living in the Parkview Community, we were able to provide a renovated hall space, new outdoor green space and our amazing brand new park! Buy your membership today!

As well as being able to purchase your membership at the various community programs like Tot Time, Soccer ,etc., you may purchase your membership online at www.pvcl.ca and pay online through PayPal OR you may use the form listed below and follow the mail in instructions.

Once you have used one of the above options, your membership card will be mailed to you by the membership coordinator, Robin Hobal.

Parkview Community League Membership Benefits:

- Free public skating at selected City of Edmonton Arenas (call 496-4999 for information)
- Free use of Parkview skating rinks through the winter season
- Free community swim at Jasper Place Pool (9200 163 St) on Sundays between 6-7 pm (call 311 for more info)
- Children's Halloween and Christmas Parties
- Weekly Tot Time program
- Seniors Card Sharks afternoon
- Summer Playground Program

****Memberships are required for community sponsored programs.**

Parkview Community League Membership Form

Please complete and MAIL this FORM and CHEQUE to:

Robin Hobal

9135 - 146 Street

Edmonton, AB T5R 4L5

Please make cheque payable to: Parkview Community League

Type of Membership: ☐ Family Household (One and Two-Parent) - \$40
☐ Adult Household - \$40
☐ Senior Household - \$10

NAME: _____

ADDRESS: _____ POSTAL CODE: _____

TELEPHONE: _____ EMAIL: _____

CHILDREN: _____ AGE: _____

_____ AGE: _____

_____ AGE: _____

I AM AVAILABLE TO ASSIST WITH COMMUNITY EVENTS? YES _____ NO _____



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Parkview Community says THANK YOU to Andy's IGA for the donation of various goods for the 2013 Christmas Craft & Bake Sale !



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Questions I'm Asked About Feeding Birds

By Dave Cleary of **Wild Birds Unlimited** on the corner of 122 St and 107 Avenue, Edmonton

Q: How can I keep Magpies away from my bird feeder?

This is a question we get asked a lot. Black-billed Magpies are part of the Corvid family related to Crows, Ravens, and Blue Jays – all very intelligent birds, which makes them tricky to deter. They can be noisy and aggressive and can dominate a feeder when they are in the yard. We recommend passive solutions which do not harm the birds but restrict or guide their behaviour. Magpies, Blue Jays, squirrels, and other birds such as Chickadees all love peanuts. If you put peanuts in the shell out in a separate feeder, this can draw Magpies away from your other feeders. Physical barriers such as placing a cage around the feeder that allows small birds to enter the feeder but not the larger ones can help. We have a "Dinner Bell" feeder with a rain/snow guard that can be lowered to cover the feeder tray and restrict access of larger birds. One of our customers has had success using a wireless doorbell, with the doorbell in the feeder being operated by remote control from the kitchen when a Magpie lands in the feeder, scaring it off. Fortunately Magpies are not in the yard all the time, which allows other birds plenty of time to access your feeder. Their population has increased over the years so these fascinating birds will continue to be a challenge.

Q: Where are the Redpolls this year?

Last winter we saw large numbers of Common Redpolls in Edmonton and area. But this winter there have been very few. The Edmonton

Christmas Bird Count found just 144 Redpolls, compared to over 2000 last year. In St. Albert, none were seen at all. We suspected that might happen. Each year Ron Pittaway from Ontario produces a "Finch Forecast" that is pretty good at predicting the winter movement of finches, which includes Common Redpolls and Pine Siskins, common feeder birds. He bases the forecast on the crop of pine cones in the northern boreal forest. If it's a good crop, which it was this year from Alaska to Atlantic Canada, we are less likely to see these species. Why fly south when these birds can stay in their northern summer range and have lots of food? To give you an idea of how good the pine cone crop was, one of our Edmonton customers picked up over 5000 pine cones off the ground under her 3 large spruce trees in her yard.

Q: Why am I hearing Chickadees singing?

I can hear one singing through the window as I write. As you listen, you'll notice there are often two or more calling, almost singing counterpoint to one another. Males begin singing in mid-January with increasing frequency as the winter progresses with females joining in occasionally. If you think the song sounds like "Hi, sweetie" you're right. It's the males calling to attract potential mates.



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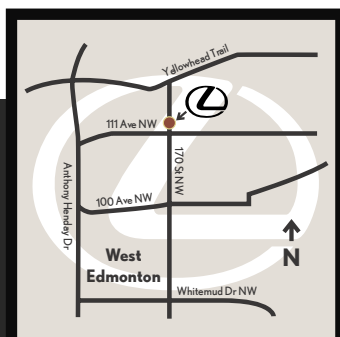
Keith Holmes

Sales Consultant

Lexus of Edmonton

kholmes@lexusofedmonton.ca

- 14 years as a Parkview Community member
- 10 years as a Lexus and Luxury vehicle expert



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"It is the sun shining on the rain and the rain falling on the sunshine..."

— Frances Hodgson Burnett, *The Secret Garden*

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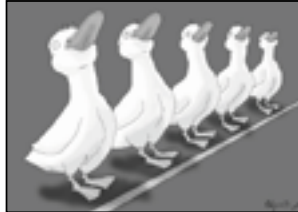


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KEVEN
LACKEY



It's been a cold and crazy winter. The only thing predictable about an Edmonton Winter is its unpredictability and terrible roads. Even though this is the "SPRING" issue, I'm going to review trouble shooting tips, should your furnace fail this "SPRING". I hope it won't be long before we see some real ducks crossing the road!

1. Check the thermostat to make sure it's on and that the batteries are fine. Most thermostats operate on batteries and have an indicator if they need changing.
2. Check shutoff switches and breakers. In 2013, we had 27 service calls that required only a "flick of a switch".
3. Look at your furnace filter. Change if it's dirty. A plugged filter is the most common preventable break down of a furnace.
4. Check your furnaces' chimney and intake pipe for blockage or restriction. With today's high efficiency furnaces, the intake pipe may plug up with frost. The intake pipe MUST be clear for the furnace to work.

P.S. – Are all of your ducts in a row?

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