



# PARKVIEW NEWSLETTER



Summer 2009

[www.pvcl.ca](http://www.pvcl.ca)

## Congratulations U18 Girls Soccer Team!

by Gerard Zentner  
Soccer Coach

The Parkview Power U18 Girls Soccer Team has just come off an incredible season! The girls are a young team and this was their first season in the U18 division. They played at the highest level of a community team, with only one loss all season to Grandview (2-1). The team won GOLD at the Polar up at Christmas and GOLD at the Slush Cup in the Spring.

The team, for the fourth time, went to the Provincial Tournament. They lost their second game of the season to a second year team from Sherwood Park, who went on to win Gold. The last game of the season was played against Grandview and Parkview Power won that game to take 5th overall in the Province!! We were the top placed Edmonton Team and won the prestigious Fair Play Award for the Provincial Tournament. Alberta Soccer Association reiterated



*Team players are: Asa Hagel, Carmen Davies, Emilie Zentner, Emily Ruske, Erin Atterbury, Hannah Graham, Hannah Marvin, Jillian McCann, Juli Vukovic, Katherine Creelman, Kristen Millions, Linnea Merrigan, Marisha Iverson, Mellissa Rotella, Natalie Cockwill, Natalie Turner, Nicole Lewis, Shannon Lough, Stephanie Bouwsema with help from Samantha Hamdon-Morison and Rebecca Rezema.*  
*Coaches: Rick Lough, Judy Davies and Gerard Zentner*

how significant the award was and that the Team and Community should be very proud of a team that can win such a prestigious award.

So, after 27 games played this past indoor soccer season, the Parkview Power U18 Team had 20 wins, 5 ties and 2

losses, with goals for 82 and goals against 31.

The girls are now preparing for a Spring Tournament on Salt Spring Island in B.C. and are looking forward to the outdoor season.

### What's New

Community League Contacts.....	2
Calling all Volunteers .....	2
President's Message .....	3
Membership has its Benefits!.....	4
Parkview Redevelopment Society ....	6
Thank You Donors .....	8
Parkview Playschool .....	10
Tot-Time Year End Party .....	10
Casino Volunteers .....	16
Riverview Hockey Registration .....	16

# Parkview/Valleyview Community League Contacts

9135 - 146 Street, Edmonton, Alberta T5R 4L5 483-2098

Position	Name	Phone	Email
President	David Smith.....	780-444-0217 .....	president@pvcl.ca
Vice President/ Building Coordinator	Rita Mildon .....	780-483-8391 .....	vp@pvcl.ca
Past President	Rita Mildon		
Secretary	Nicole Karam .....		secretary@pvcl.ca
Treasurer	Jennifer Forsyth.....		treasurer@pvcl.ca
Casino Coordinator	Brenda McDonald .....	780-486-9079 .....	casino@pvcl.ca
Hall Rentals / Facility Operations	Warren Nunweiler .....	780-483-2098 .....	warrennun@hotmail.com
Community Recreation Coordinator	Kim Turcotte .....	780-496-6431 .....	kim.turcotte@edmonton.ca
Craft Sale Coordinator	Val Bright .....	780-486-4337 .....	tvbright@shaw.ca
Fundraising Coordinator	Val Bright .....	780-486-4337 .....	fundraising@pvcl.ca
Newsletter Advertising	Allan Davis.....	780-489-5191 .....	advertising@pvcl.ca
Newsletter Distribution	Christina Froberg.....	780-454-5040 .....	newsletterdist@pvcl.ca
Website Editor	Deb Braun .....		webmaster@pvcl.ca
Playschool Contacts	President: Tami Lackey .....	780-699-2350 .....	tami@shaw.ca
	Registrar: Tamra Simons .....		simons1@shaw.ca
Basketball Coordinator	Donna Hinchey .....	780-481-9191 .....	basketball@pvcl.ca
Outdoor Soccer Coordinator	Brian Mulder .....		outdoorsoccer@pvcl.ca
Parkview Redevelopment Society	Nancy Davis .....	780-489-5191 .....	nadavisfamily@mac.com
Security Clearance	Barb Lintell .....	780-634-0668 .....	blintell@shaw.ca
Tot Time	Christina Dentzien.....		tottime@pvcl.ca
	Michelle Pollock .....		tottime@pvcl.ca
	Jenai Christensen.....		tottime@pvcl.ca
Art Club	Shana Wilson.....	780-483-0438	
Girl Guide Coordinator	Dawn Nelson		
Karate Instructor	David Chow.....	780-695-5457	
Senior Sharks Coordinator	Jim and Ethel Valleau .....	780-483-8363	
Bridge Club	Teresa Feeham.....	780-483-6473	
Newsletter Editor	VACANT		
Membership Coordinator	VACANT		
Indoor Soccer Coordinator	VACANT		
Adult Programs Coordinator	VACANT		
Traffic Liaison	VACANT		
Special Events Coordinator	VACANT		
Volunteer Coordinator	VACANT		

## Calling all Volunteers



### Executive Positions

With the retirement of some Executive members, Parkview needs some fresh faces! Please volunteer and have fun, meet new people..

- Membership Coordinator
- Newsletter Editor
- Volunteer Coordinator

- Special Events Coordinator
- Traffic Liaison
- Indoor Soccer Coordinator

Parkview is a great community and your Community League makes it better. Be a hero! Please

pitch in and do your part for a better community!!

Contact David Smith at 780-444-0217 or president@pvcl.ca

## Newsletter Deadlines

The Parkview/Valleyview Community League newsletter is published four times a year and distributed to members of the community league.

The advertising and copy deadlines are:

- Spring: February 1**
- Summer: May 1**
- Fall: August 1**
- Winter: November 1**

### Advertising Rates:

- Full back page** .....\$200  
(7 ¼” wide by 9” high)
- Full inside page**.....\$150  
(7 ¼” wide by 9” high)
- Half page**.....\$75  
(3 ½” wide by 9” high or 7 ¼” wide by 4 ½” high)
- Third page**.....\$50  
(7 ¼” wide by 3”high)
- Quarter page**.....\$40  
(3 ½” wide by 4 ½” high)
- Business card**.....\$15  
(3 ½” wide by 2” high)

**Please note that we do not accept advertising inserts.**

### To submit articles contact:

Wendy Travis  
wendy.travis@shaw.ca

### To place ads contact:

Allan Davis  
advertising@pvcl.ca



# President's Message

By David Smith  
Parkview President

Over the summer, the executive will be better defining the hall rental policies to ensure that processes are in place to make it easy for community-based individuals and groups to access hall facilities. We hope that, with the publication of a common, undated rate sheet and new rental procedures and rules, interested Parkview/Valleyview residents and organizations will find it easier to get details on renting and the reserving the hall. We have even thought about an on-line reservation system through the Parkview web site, and are working out the details on that. More news on renting the hall should be available in September once we've had time to plan. In the meantime, please refer to our web site at [www.pvcl.ca](http://www.pvcl.ca) for the current

information on renting the hall. We'll make updates as they are available.

The executive has also started thinking more about adult-oriented community programs delivered on a scheduled basis from the community league hall. Several of our regular meeting attendees have ideas on the types of programs we could offer through the hall, but we welcome your input as well. If you'd like to see adult fitness classes, hobby-related events or other organized and regular activities, please call and let us know.

In mid-May, the city will be coming to a venue near you to discuss the latest west LRT route alignment options. The transportation department has examined several routes through the west (including 87th Avenue) and the administration is planning to take

its recommendation to City Council in November. We encourage you to get out and meet with the engineers and planners in May and make your viewpoint known. Details on the potential west end routes is available on the City of Edmonton website at [www.edmonton.ca/transportation/west-lrt.aspx](http://www.edmonton.ca/transportation/west-lrt.aspx).

The executive would like all members to know we are going to begin assembling a new electronic-based community league membership list. This is the same information we have always assembled on our members (name, address, phone number), but we plan to collect email information as a means to communicate more efficiently with the membership. We currently have many emails addresses on file and will confirm when renewing memberships (starting in June) that the information is cor-

rect. The contact information will be used for community league-related business only and please note that all members will have the option to unsubscribe for the service. Members will also have the option to be de-listed from the email list.

Speaking of membership, our membership coordinator Wendy Sweetland is stepping down from her position. Wendy will still be coordinating memberships until the fall and would be happy to coach a new membership coordinator in the role. And as you have heard before, we are still in need of a basketball coordinator and newsletter editor. If you are interested in helping out, just let me know.

And have a good summer.

**pH**inishing  
touch

**Hair & Beauty  
Salon**



**483-7446**

Laurier Heights Shopping Centre  
14226 - 85 Avenue

**Complete Hair Care Services For  
Every Member of the Family**

**Cosmetology European Style**



# Community League Membership has its Benefits!

**B**y becoming a member of your Community League, you have demonstrated your commitment to your community.

Some Community League Membership Benefits include:

- Free community swim for one hour on Sundays from 5-6 p.m. at Jasper Place Pool until May 26<sup>th</sup>, 2009.
- Free public skating at selected City of Edmonton indoor rinks.

- Outdoor skating rink access.
- Children's Halloween and Christmas parties.
- Weekly Tot Time program.
- Seniors Card Sharks afternoon.

\*\*Memberships are required for community sponsored programs.

**Please note** that memberships are now available **online** at [www.pvcl.ca](http://www.pvcl.ca). Or, you can mail or drop off the form

below to Wendy Sweetland, 9007-143 Street, Edmonton, Alberta, T5R 0P3,

Memberships are also available at registration for the following programs: Sparks, Brownies, Guides, Karate, Tot Time, Senior Card Sharks, Indoor Soccer, Basketball, or Playschool.



## Parkview Community League Membership Form

Please complete and MAIL this FORM and CHEQUE to:

Wendy Sweetland  
9007-143 Street  
Edmonton, Alberta  
T5R 0P3

Cheque made payable to: **Parkview Community League**

Type of Membership:  Two Parent Family - \$40.00  Adult household - \$20.00  
 One Parent Family - \$25.00  Senior household - \$5.00

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

CHILDREN: \_\_\_\_\_ AGE: \_\_\_\_\_

\_\_\_\_\_ AGE: \_\_\_\_\_

\_\_\_\_\_ AGE: \_\_\_\_\_

I AM AVAILABLE TO ASSIST WITH COMMUNITY EVENTS? YES \_\_\_\_\_ NO \_\_\_\_\_



### Dog Daycare



Do you have a busy lifestyle? Then give your dog the mental and physical stimulation it requires.

View our rates at [tailz.ca](http://tailz.ca)

### Natural & Healthy Pet Food

Your pet deserves the best nutrition available. Natural pet foods promote a long and healthy life.



### Self Pet Wash

Cleaning your pet just got easier! No appointment necessary. Just bring your dog, as everything else is supplied including top of the line *EarthBath* shampoos.



**10050 - 163 Street**

Monday - Friday  
7 AM to 7 PM

Saturday  
10 AM to 5 PM

**780-988-0089**

**www.tailz.ca**

## How much is my home worth?



If you are considering selling your home now or in the near future, call **RICK LOUGH** for a free market evaluation of your property.

I know Parkview well as I grew up in this area and my family and I call it home today. I can show you all of the sold properties as well as what is currently listed for sale.

**Rick Lough**  
Real Estate Agent  
RE/MAX Excellence  
17718 - 64 Avenue  
Phone 481-2950

e-mail: [ricklough@remax.net](mailto:ricklough@remax.net)  
Web Site: [www.ricklough.com](http://www.ricklough.com)



**RE/MAX**

Not intended to solicit properties already listed for sale.

# Parkview Redevelopment Society

## No Spray Park

After considerable deliberation, the committee has unanimously decided it will not pursue the installation of the water park. Costs have approximately doubled from initial planning stages.

“The water feature would have been a nice addition to our park, but we feel it is just too costly and brings with it ongoing cost and maintenance, as well as water conservation issues for the community league,” says Nancy.

Nancy adds, “The good news is that Laurier Heights put in a brand new spray deck last fall and a large water spray park is planned for the Callingwood area.”

The area originally designated for the water spray park will remain accessible for future development, when another committee steps forward to take on the project. The area will be covered in grass that may be used as an occasional seating area with a portable fire pit.

## Playground Update:

### Breaking Ground Again—Ramping Up for Phase III

Let’s call it Parkview’s “Extreme Makeover”! Just like the popular TV show where something old is razed, something new and beautiful will emerge. Phase III plans are moving along and will re-make the old and unsightly parking lot into a communal space that will serve as a welcoming and useful space, between the hall and the playground.

The plans begin with new south-facing windows in the hall and double doors overlooking a covered patio—a concept very much like the Crestwood community hall. Imagine new trees and grass, walkways leading to the playground, and more picnic tables and benches inviting you to sit and enjoy your time at the park.

The Parkview Redevelopment Society (PRS) is continuing to work with City of Edmonton planners and has requested plans be put into motion as soon as the drawings can be finalized.

“I am really pleased that we will be able to move forward on Phase III sooner than an-

anticipated,” says PRS chair Nancy Davis. “It would be wonderful to have this final project completed by the fall, thus finishing the work of the current committee.

The project will be funded largely by additional monies made available through the City of Edmonton’s Neighbourhood Park Development Program (NPDP). The City established a one-time \$300,000 grant program available for community projects like ours. The program matches community funds up to a maximum of \$300,000 over a 15-year period. While we do not have cash on hand as seed money to apply for any new grants, some of the money spent on Phase II is considered eligible seed money. The result is the City will match \$178,000 of Parkview’s money that was put into the ground during the parking lot relocation. Of course, new seed money will be needed to apply for any amount of the remaining \$122,000 (\$300,000 – \$178,000), as the grant requires matching funds. Whatever amount is not used in this round would be available for future initiatives by the Parkview-Valleyview Community League.

The Parkview Redevelopment Society also received an Alberta government Community Spirit grant in the amount of \$14,432, matching private

donations that were received in 2007. (Thank you, donors!) The project was also approved last year for another \$25,000 grant from Alberta Recycling Management Authority for rubber surfacing.

## Your Donations Are Still Needed

YES, we still need donations. To properly fund Phase III, the PRS anticipates the need to apply for additional Community Facility Enhancement Program (CFEP) or NPDP funding. These grants require seed money from personal and corporate donations. Any further initiatives to address the skate shack and rink and to continue on with much-needed hall improvements will also require your **tax-deductible** donations. Big or small, we need them all to keep up the momentum.

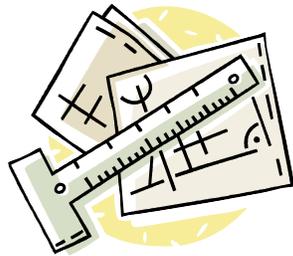
A new recognition structure will honour those who make donations or add to existing contributions. Please remember your community when you are considering where to direct your charitable dollars.





## Engineer, Architect, Other Professional Services Needed

We recognize contributions come in all shapes and forms. Lending your time or expertise is another significant way to assist this community project. The Parkview Redevelopment Society is inviting members of the community to assist the project by providing professional services or advice.



Phase III involves the design and installation of new doors and windows and will require

professional services such as an architect, structural engineer and electrician. The committee is also in need of a lawyer. *Please call one of the project directors as soon as possible if you are able to help.* [What kinds of help do we want? Architectural drawings, engineering opinions, landscaping professionals, plumbers?]

### IGA Gift Certificates

- Your purchase returns 15% to the redevelopment project.
- You buy \$100.00 you get \$100.00 in groceries.
- Certificates can be used at all IGA/Sobeys stores in Canada.
- No expiry date.
- Contact Tracie Millar at [jtmillar@telusplanet.net](mailto:jtmillar@telusplanet.net)

### Donations Needed!

Charitable tax receipts for donations over \$20.

Long lasting recognition will be provided within the following plateaus:

- \$250 – 499.00
- \$500 – 999.00
- \$1,000 – 4,999.00
- \$5,000 – 9,999.00
- \$10,000.00 +

**Cheques payable to the Parkview Redevelopment Society.**

Send to:  
Parkview Redevelopment Society  
% Val Bright  
9016 – 141 Street  
T5R 0L2

### Project Directors

- Chairperson, Nancy Davis [nadavisfamily@mac.com](mailto:nadavisfamily@mac.com) or call 489-5191
- Treasurer, Val Bright, [tvbright@shaw.ca](mailto:tvbright@shaw.ca) or call 486-4337
- Project Director, Cathie Crooks, call 484-5240
- Communications, Louise Clarke, call 481-2842 or [louiseclarke@shaw.ca](mailto:louiseclarke@shaw.ca)

**Arctic autowash**

**FANTASTIC TOUCHLESS & 8 BAY WAND WASH**

Free Air Freshener with Wand Wash!  
Expires May 6/09

**16008 Stony Plain Road**

# Parkview/Valleyview Park

**Thank You to ALL Redevelopment Donors for Your Support.**

All donations \$20.00 and more are eligible as a tax deductible donation. A receipt will be issued by The City of Edmonton.

**NEW DONATIONS ARE DENOTED BY BOLD TYPE..**

**Gold \$1,000 – \$4,999**

Gardiner-Wilson Family \* 2,100

Sweetland Family in memory of

Muriel Sweetland \*1,400

The Travis Family 1,000

**Silver \$500 – \$999**

The Gooding Family \* 800

Jim Goetzen and  
Rene'e Goetzen 600

**The Jakeway Family \* 600**

The Bowen Boys 500

**Bronze \$250 - \$499**

The Jakeway Family 300

Eric & Joan Cooke 250

Linda Medland Davis &  
Jeff Davis \* 250

Barbara and Dalton 250

**John & Mary  
Jane McLaughlin 250**

**The Clarke Family 100**

**Other donors up to \$249**

Martha Dobbin

The Gladwin Family

Owen and Marilyn Jackson

The Patterson's

Violet Steinwant

**The Vandenberg Family**

Dr. Brian Yee & Family: Happy  
Birthday John Elson

Dr. Brian Yee & Family -Happy  
Birthday Leigh Adams

Dr. Brian Yee & Family - Merry  
Christmas Pearl Elson

Dr. Brian Yee & Family - Merry  
Christmas Kathy Elson

Dr. Brian Yee & Family - Happy  
Birthday Debra Santos

\*Reflects the cumulative amount of  
all donations received from this  
donor.



Buying or  
selling property?



**Call Karin MacDonald  
REALTOR®**

**“I live and work in this community.”**



**Challenge**

**Bus : 780-483-4848**

**Cell : 780-708-5459**

**Email : karin.mac@shaw.ca**

**MONEY SAVING, FUN, HEALTHY MEALS!**

**Dashing Dishes**



“Tasty meals in no time”

**Contact: Melissa @ 780-298-9921 Email: edmonton@dashingdishes.com**  
Website: www.dashingdishes.com

What do we do? We make your life easier by allowing you to prepare a whole week's worth of healthy delicious meals for your entire family in an hour or two.

How? We do the planning, shopping, chopping, dicing and clean up for you. There is no cooking involved at the session. You move from station to station until you have assembled 8, 12, or more different entrees ready to go home and freeze.

Where? You can find us regularly at Community Halls throughout Edmonton and Area. Private parties can also be arranged per request.

How Much? Assemble a meal for less than \$4.10 a serving! 8 Meals for \$175, or 12 meals for \$245. Have us assemble the meals for additional \$25.

What Else? Our menu changes every month so come back and see us! At Dashing Dishes we know that family meal time is important. We can guide you towards healthy affordable meal planning.

**Membership Coordinator Required**

If you are interested in becoming our new Membership Coordinator, please contact either David Smith, President at 780-444-0217 or president@pvcl.ca; or Wendy Sweetland, Membership Coordinator at membership@pvcl.ca if you are interested.



**Laurie Hawn, MP**  
EDMONTON CENTRE

edmonton centre  
**Meet & Greet**  
**Summer BBQ**



Saturday, July 11, 2009  
11<sup>00</sup> am - 2<sup>00</sup> pm  
Sherbrooke  
Community League  
13008 - 122 Ave.

11156-142nd St.  
Edmonton, AB  
T5M 4G5



P: 780-442-1888  
F: 780-442-1891  
hawnL1@parl.gc.ca

[www.lauriehawn.ca](http://www.lauriehawn.ca)

**CRESTWOOD**  
*Fine Wines & Spirits*

**Satesh Narine**  
Under New Ownership  
Phone (780) 488-7800  
9658 - 142 Street, Edmonton, AB T5N 4B2

**Please visit my website for my current listings/sales  
in Parkview and area, or just give me a call.**

**I specialize in Parkview.**



**judy clare-packer**  
REAL ESTATE RESULTS

REMAX EXCELLENCE  
780-481-2950  
visit [www.judyhomes.com](http://www.judyhomes.com)





# Parkview Playschool

*(Located on the 2<sup>nd</sup> Floor of Parkview Community Hall)*

by Tami Lackey  
Playschool President

Looking for registration for the 2009-2010 school year? Please contact Tamra (simons1@shaw.ca) for an update on our available spots in our fantastic program.

Parkview Playschool provides programming for 3 and 4 year old children, primarily from the Parkview and Valleyview communities, although all children are welcome to apply, space permitting. As a parent of the cooperative program, there are a number of expectations:



- Roster duty (approximately once every 14-16 classes)
- One toy wash per year
- Fund raising
- Participation in special events and or field trip

## 4-Year-old Program Specifics

- Children must be four years of age by March 1st, 2010. This is the current entry deadline for the school system.

Class times:  
Monday, Tuesday and Wednesday afternoons from 1:00-3:30

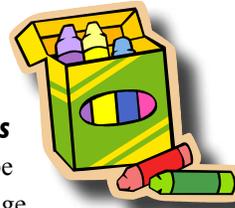
OR  
Monday, Wednesday, and Friday mornings from 8:50-11:20

Cost is \$85.00/month

## 3-Year-old Program Specifics

- Children must be three years of age and toilet-trained by the first day of school.
- Class times: Tuesday and Thursday mornings from 8:50-11:20

Cost is \$65.00/month



Please visit our web site for more information (to link us, please go to [www.pvcl.ca/](http://www.pvcl.ca/) and locate the "programs" header and click on "playschool"

*The coldest winter I ever spent was a summer in San Francisco.  
~Author unknown*

# Tot-Time Year End Party

by Michelle Pollock  
Tot-Time Coordinator

The year end party for 2008/09 Tot-Time program will take place Tuesday, June 16, 9:15 am to 11:15 am, at the Parkview Community Hall.

Festivities will include a bouncy castle, face painting, games, crafts, and a potluck buffet. The regular drop-in fee of \$1 per child applies.

Please sign up for your potluck item at the next Tot-time session.

## A Big Thank You from Tot-Time!

On behalf of all the parents and children of Tot-Time, we'd like to thank the Community for their support and Andy's IGA for the generous

donations of juice throughout the year.

Cheers!



*Deep summer is when laziness finds respectability. ~Sam Keen*




**Dr. Gloria J. Starko, B.A., MEd, PhD.**  
Registered Psychologist

**Counselling and Assessment with Care**

<p><b>Counselling</b></p> <p>Adults</p> <ul style="list-style-type: none"> <li>• Individuals</li> <li>• Couples</li> </ul> <p>Parent/Child Conflict</p> <p>Teen</p>	<p><b>Dr. Gloria Starko</b></p> <p>205, 10240 - 124 Street Edmonton, AB T5N 3W6 Phone (780) 488 - 1322 Fax (780) 452 - 9142</p>
---	---

**Cedarbrae Contracting Ltd.**

**489-2919**

Cedarbrae@shaw.ca

**www.cedarbrae.net**

- Licensed
- Insured
- BBB



**• Renovations and additions**

**• Custom Designs**

**• Quality workmanship since 1987**

**BELL**  
INTERNATIONAL REALTY



**Rick Bell**  
Owner / Broker

**780.970.2772**  
Fax 780.483.1956  
rick@rickbell.ca

[www.rickbell.ca](http://www.rickbell.ca)



*When Experience Counts*



**Acclaimed!**

**Furnace Cleaning & Air Quality Services**

TRADITIONAL SERVICE 15341-105 Avenue Edmonton, Alberta T5P 0T6

**Keven Lackey**  
Owner & General Manager  
acclaimed@compusmart.ab  
Cell: 699-8592

**413-1655**  
Fax: 484-9610

MODERN TECHNOLOGY [www.acclaimedfurnace.com](http://www.acclaimedfurnace.com) GUARANTEED RESULTS

**A Natural and Complimentary Approach to Health & Well-being!**



**Reflexology**

- ✦ Nutritional Consultation
- ✦ Ionic Foot bath Treatments
- ✦ Natural Cleansing

- ✦ Fitness & Wellness Advisor
- ✦ Weight Loss
- ✦ Personalized Health Plans

**Angela Broniszewski**  
HHPR & Reflexologist  
(780) 966-7322  
[Reflextherapy2007@gmail.com](mailto:Reflextherapy2007@gmail.com)

Gift Certificate Available!



**Newsletter Editor Required for August 1<sup>st</sup>, 2009**

Do you think it's important to keep the community informed of upcoming events & programs and want to help? Then please consider becoming the new newsletter editor. The responsibilities include assembling the newsletter content and advertising four times a year. Then send the file to the printer for proof/print.



You should have access to a computer with Word (or similar program), and internet access. The necessary files and training will be provided.

Please contact either David Smith, President at 780-444-0217 or president@pvcl.ca; or Wendy Travis, Newsletter Editor at 780-483-9596 or wendy.travis@shaw.ca if you are interested.

*A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken. ~James Dent*



(780) 496-8122  
linda.sloan@edmonton.ca

**Linda Sloan**  
COUNCILLOR, WARD I

2nd Floor, City Hall  
1 Sir Winston Churchill Square  
Edmonton T5J 2B7  
F: (780) 496-8113



www.lindasloan.com



**casual family photographs**

jim dobie photography



14216-92A Avenue Edmonton AB T5R 5E2  
780.484.2759  
jimdobiephotography.com  
www.jimdobiephotography.com

**LAURIER LAW OFFICE**

**YOUR NEIGHBOURHOOD LAW FIRM**  
Quality Legal Services with a Friendly Approach

A General Practice Firm including:  
Real Estate, Family Law,  
Wills and Estates,  
Estate Litigation,  
Enduring Powers of Attorney,  
Personal Directives,  
Incorporations

8623-149 Street  
Edmonton, Alberta T5R 1B3  
Telephone: 486-0207 Facsimile: 483-0848

Deborah L. Baradziej      Linda L. Wright  
Gordon H. Andreiuk  
Barristers, Solicitors & Notaries Public  
Commissioners for Oath

## **SPRING Community Adult Fitness Boot Camp!!**

Get a full body workout - get healthy for summer - learn some new moves and fitness and nutrition tips!

With personal fitness trainer  
Deanne Keller from Custom Fit Studio

**All fitness levels welcome**

Playground, field, park, river valley - ALL outdoor rain or shine

**Join us at 7:30 pm for an hour starting on  
Monday May 25<sup>th</sup> for 6 weeks**

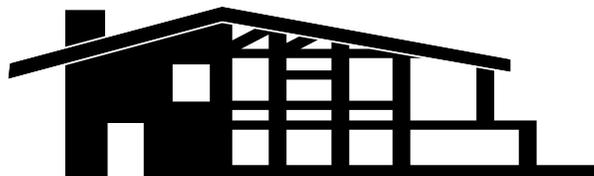
**\$150 + tax**

Any questions or to register please call:  
Deanne at 780-964-6223 or email [d9keller@hotmail.com](mailto:d9keller@hotmail.com)

Or visit [www.pvcl.ca](http://www.pvcl.ca)

**Summer Boot Camp starting July 6 - 6 weeks  
Fall Boot Camp starting August 17 - 6 weeks**

[www.customfit.ca](http://www.customfit.ca)



**Lifestyle Renovations Inc.**

the 2009 federal budget proposes to implement a temporary.....

### **Home Renovation Tax Credit!**

#### **Your Renovation Investment**

#### **Your Tax Credit**

\$1008.00 .....	\$3.00
\$5200.00 .....	\$630.00
\$10000.00 .....	\$1350.00

**use it or lose it!**

this program expires January 31, 2010

**Lifestyle Renovations Inc.**

ph: **780.486.4035** or **780.498.2563** email: [lifestylerenovations@shaw.ca](mailto:lifestylerenovations@shaw.ca)



# Casino Volunteers

*Brenda McDonald  
Casino Coordinator*

**H**ello fellow community league members. I trust you have all had a restful and good summer, even if the weather was questionable. I would like to advise you the Parkview Community League will be hosting a Casino at the Palace Casino

in West Edmonton Mall during the second quarter of 2009. I will keep you posted on the exact dates. It will fall sometime between April and June 2009. Funding from the casino goes towards keeping our hall in proper running order, upkeep on the building, the variety of programs offered at the community league, and the great park we now have!

Volunteering at this casino is really a great way to meet new neighbours. It really brings the community together. I enjoyed meeting the people I met during the last one!

If you are interested in volunteering, please send me an e-mail marked "Casino Volunteer" and I would be happy to put you on the list.

My e-mail address is family.mcdonald@shaw.ca.

I look forward to hearing from you soon.

Brenda McDonald  
Casino Coordinator



# Riverview Hockey Registration

*by Ray Philipenko  
Riverview Hockey Director*

**I**t's hard to believe but hockey registration for the 2009-2010 season is coming in June!

There are several options available for registration this year. Please note that the following documents are required for all new players: Hockey Registration Form; a copy of player's Birth Certificate and AB Health Care; copy of current community league membership; and proof of residency (ie. driver's license or utility bill) A Community League membership for the 2009/10 year is also mandatory for all Federation hockey players. Cash & cheques are all accepted and cheques may be post dated to August 1st. Returning players will receive

a pre-processed registration form in the mail.

## ***In Person Registration***

Riverview Community Hockey will be conducting it's registration process in conjunction with the Whitemud West hockey registration. Please bring the enclosed registration form with you and ensure that all information is accurate.

- Friday, June 5  
6 p.m. - 9 p.m.
- Saturday, June 6  
10 a.m. - 2 p.m.

CENTENNIAL SCHOOL  
GYM  
17420 - 57 Avenue

***Mail In Registration –  
PLEASE MARK "RIVERVIEW  
COMMUNITY HOCKEY" at  
the top of the form***

Mail in completed registration

form with required documents and payment to:

Riverview Community  
Hockey  
8104 - 139 Street  
Edmonton, AB T5R 0G4

A community league membership is required.

Please forward this information to anyone you know who may be interested in hockey for next year. If you have any questions please don't hesitate to email or contact me (780-483-1288).

See you in June!

## ***INITIATION 2A (formerly Pre-Novice)***

Year of Birth: 2003 - 2004

- For ages 5 and 6 - players are generally very comfortable on skates.

- Full hockey equipment is required.
- The season consists of twenty-two ½ ice games
- Games are refereed by the coaches of each team.
- Half ice.

## ***NOVICE***

Year of Birth: 2001-2002

- For ages 7 and 8 - players know how to skate and play the game.
- Mouthguards are mandatory along with full hockey equipment.
- 22 games, 11 practices (not including additional local community outdoor ice practices)
- Full ice.

## Upcoming Live Music at Jeffrey's Cafe + Wine Bar



**Calan and Cole** – Fri/Sat, June 5/6, \$15 – this is always of fun night of rockin' country music

**Laurell** – Wed, June 10, \$10 – this "Vancouver Idol" is a pop sensation

**Terry McDade's "Harpe Jazz"** – Fri/Sat, June 12/23, \$15 – Also featuring guitar extraordinaire Doug Gerry from L.A.

**Dan Skakun** – Fri, June 19, \$15 – this instrumental jazz band features some Edmonton jazz all stars

**Bruce and Lori Mohacsy** – Sat, June 20, \$10 – a great jazz band singing all your favorite jazz songs

Edmonton International Jazz Festival: "DIVA SERIES"

**Krystle Dos Santos** – Fri, June 26, \$15 – a cool mix of jazz and R'n'B

**Lorna Lampman** – Sat, June 27, \$15 – an amazing young singer with a contemporary band

**Rhonda Withnell** – Tues, June 30, \$15 – a powerful jazz and blues singer

**Anna Beaumont** – Thurs, July 2, \$15 – Edmonton's premiere jazz singer

**Rollanda Lee** – Fri, July 3, \$15 – jazz classics from a jazz legend

**Helena Magerowski** – Sat, July 4, \$15 – one of Jeffrey's longtime favourite jazz singers

More music this summer:

**Dino Dominelli** – Fri, July 10, \$15 – an amazing sax player leading an all star jazz band

**Kaley Bird** – Sat, July 11, \$10 – Edmonton's version of "FEIST"

**Marco Claveria** – Fri, July 24, \$15 – latin music, just like "The Buena Vista Social Club"

amazing sandwiches and wraps – fresh soups and salads – tons of coffees and teas – wine, beer, martinis, cocktails

9640-142 street

(780) 451-8890

jeffreyscafe.com



## Your Custom Renovation Specialists

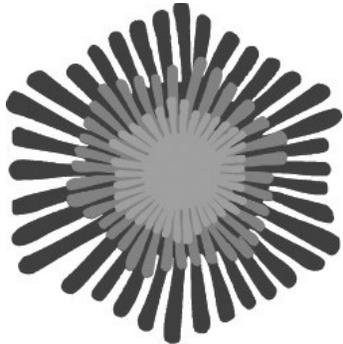


**CAL TEBB**  
President

**RUSS FERMANIUK**  
Operations Manager

[www.homestyleconstruction.ca](http://www.homestyleconstruction.ca)

10719 - 205 Street • Edmonton, AB • T5S 1Z3 • P 780.479.6032 • F 780.479.6034



**BIKRAM  
YOGA**  
WEST EDMONTON

15109 Stony Plain Road  
Edmonton, AB T5P 3Y2

**Feel the Heat, Feel the Difference!**

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8:15 am						☀	☀
9:15 am	☀	☀	☀	☀	☀		
10:15 am						☀	☀
3:30 pm					☀	☀	☀
5:30 pm	☀	☀	☀	☀	☀		
7:30 pm	☀	☀	☀	☀			

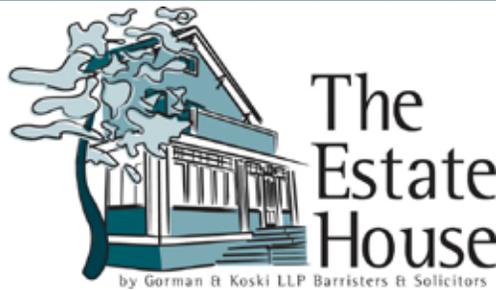
**\$20 FOR 1 WEEK**  
OF UNLIMITED YOGA

\* All classes are 90 mins, suitable for beginners and advanced levels  
\* As of June 1<sup>st</sup>, we will be adding 4 additional classes, see website!

[www.bikramyogawestedmonton.ca](http://www.bikramyogawestedmonton.ca)  
P:780.423.3999

**Benefits of Bikram Yoga ...**

- ☀ Sweat and Detoxify
- ☀ Balance Metabolism
- ☀ Promote Weight Loss
- ☀ Reduce Stress
- ☀ Gain Energy
- ☀ Stretch and Strengthen
- ☀ Calm Nervous System
- ☀ Heal Injuries
- ☀ Tone and Increase Flexibility
- ☀ Feel Great!



10244 123 street  
Edmonton, AB T5N 1N4  
phone 451.7557  
fax 451-5075  
[www.theestatehouse.ca](http://www.theestatehouse.ca)

Were the kids watching Hee Haw the last time you updated your will?

Was Canada just switching to the metric system?

Was the movie Grease playing in the theatres?

**You should update your will if you say yes to any of these !**

Wills should be updated every three - five years to keep up with changing laws and personal circumstance. The Estate House provides current legal advice to ensure you and your family get the most out of your estate plan.

Wills ♦ Estate Planning ♦ Trusts ♦ Estate & Probate

# KARATE AT PARKVIEW COMMUNITY HALL



**Practice of Karate will help to develop -**  
*friendships*  
*respect*  
*confidence*  
*self-esteem*  
*fitness*  
*defense*

**FOR ALL AGES 5 YRS AND UP**

**Call 780-695-KIKS**

**TAKE ADVANTAGE OF OUR SEPTEMBER AND JANUARY  
REGISTRATION OFFER!**

**Located at 9135 - 146 Street**

**\*Across the field from Parkview Elementary-Junior High School**

**10% OFF**

**The First Tuesday of  
Every Month**



on a minimum purchase of \$35.00  
excluding tobacco and freezer orders



**ANDY'S VALLEYVIEW**

**9106-142 Street, Edmonton, AB T5R 1M7**

**YOUR COMMUNITY SUPERMARKET BAKERY & DELI**

**483-1525**



In winter I get up at night  
 And dress by yellow candle-light.  
 In summer quite the other way  
 I have to go to bed by day.  
 ~Robert Louis Stevenson



WHAT YOU PUT IN YOUR  
 CLOSETS IS YOUR  
 OWN BUSINESS.

**IT'S OUR BUSINESS TO MAKE SURE IT ALL FITS!**

Compartment Closets are completely customized to fit your way of life. Individually designed solutions are manufactured and installed to suit your specific requirements. Experience the art of organization for yourself.

**SET UP YOUR DESIGN CONSULTATION TODAY.**

Phone: 780.951.9643  
 Web: [www.compartment.ca](http://www.compartment.ca)  
 Proudly Canadian

Selling or Buying...We can Help!

[www.kellyrissling.com](http://www.kellyrissling.com)



**RE/MAX**  
 Real Estate  
 Independently Owned and Operated



**KELLY RISSLING**

**488.4000 • 1.800.275.8191**  
 Serving Edmonton & Surrounding Areas

**TEAM**

# **THE ROYAL GLENORA CLUB “A GREAT PLACE TO BE” ... ALL YEAR ROUND!**



**The Whole Family Can Enjoy and  
Benefit from our Excellent Facilities and  
Professional Staff**

**Limited Number of Membership Opportunities  
are Available**

**Visit [www.royalglenora.com](http://www.royalglenora.com)  
or call 482-0379 for Details**

## **Kevin Taft,**

MLA, Edmonton Riverview  
9202B 149 Street Edmonton, AB T5R 1C3  
(780) 414-0719  
[www.edmontonriverview.com](http://www.edmontonriverview.com)



*Your Voice in the Legislature*

If you have questions or concerns  
please feel free to contact me:

**Karen Leibovici**  
Councillor, Ward 1

2nd Floor,  
1 Sir Winston Churchill Sq.,  
Edmonton, AB T5J 2R7  
Phone: 496-8120 Fax: 496-8113  
Email: [karen.leibovici@edmonton.ca](mailto:karen.leibovici@edmonton.ca)



## **Community Counselling Centre**

**780-482-3711**

*Caring experienced therapists helping people heal*



*Sliding Fee Scale*  
#202 10534 124 Street  
[www.pastcoun.com](http://www.pastcoun.com)

**EDMONTON**



# Summer Playground Program

**at Parkview Community Playground**

9135-146 Street

**Monday-Thursday 2:30-5:30pm**

**Friday 1:30-5:30pm**

**Look for our Staff in Blue Shirts!**

Sponsored by:

