



# parkview NEWSLETTER

COMMUNITY LEAGUE



## Neighbourhood Team wins GOLD! Congratulations!

By James Boyko, Assistant Coach  
jamboynow@hotmail.com

The Riverview Lightning have won GOLD at this years Minor Hockey Week Tournament. The team went down 1-0 early on in the first period. Then were down 2-0 half way through the second period. The kids did not panic and pulled together. With 2 minutes left in the second period Jett Melnyk scored. The momentum changed in our favour when Beck Tyrell tied the game up with 55 seconds left in the 2nd period with a beautiful pass from Luke Bowen and Kate Holan . We came out flying in the 3rd period and defenceman Owen Goertzen had a beautiful rush up the ice to put our team up 3-2. The defense played strong and were shutting down the other team. Our goalie Jaden Dechesne made some key saves in the 3rd period when we needed it and we scored with 2 minutes left in the game to win the championship!



The Riverview Lightning Hockey Team: Lucas Bowen, Eric Boyko, Jaden Duchesne, Kristian Gibson, Owen Goertzen, Luke Hildebrand, Kate Holan, Jett Melnyk, Dylan Norton, Simon Reekie, Henry Sadd, Jack Slobodan, Cole Spelliscy, Beck Tyrell: Coach Jamey Bowen, Assistant Coaches James Boyko, Mike Slobodan.

## Latest Round of Renovations at Parkview Hall

By Michelle Pollock  
Interior Designer, AMR Design  
myrefresh@shaw.ca

Some of you may have noticed that things are changing around Parkview Hall. Thanks to a \$100,000 grant, the Parkview Facilities Committee, with approval from



Computer Rendering of Kitchen by Michelle Pollock

Cont'd on page 6

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### Newsletter Deadlines

The Parkview Community League newsletter is published four times a year and distributed to members of the community.

The advertising and copy deadlines are:

Spring: February 1  
 Summer: May 1  
 Fall: August 1  
 Winter: November 1

Advertising Rates:  
 Full back page .....\$200  
 (7 1/4" wide by 9" deep)

Full inside page .....\$150  
 (7 1/4" wide by 9" deep)

Half page .....\$75  
 (3 1/2" wide by 9" deep or  
 7 1/4" wide by 4 1/2" deep)

Third page .....\$50  
 (7 1/4" wide by 3" deep)

Quarter page .....\$40  
 (3 1/2" wide by 4 1/2" deep)

Business card.....\$15  
 (3 1/2" wide by 2" deep)

Please note that we do not accept advertising inserts.

To submit articles contact:  
 Denisa Leitch  
 editor@pvcl.ca

To place ads contact:  
 Louise Clarke  
 advertising@pvcl.ca

## Parkview Community League Contacts

9135 - 146 Street, Edmonton, Alberta T5R 4L5

Tel: 780-483-2098

Position	Name	Phone	Email
President	John Corie	780-669-1557	president@pvcl.ca
Vice President	Brian Mulder	780-868-3017	vp@pvcl.ca
Secretary	Ed Braun		secretary@pvcl.ca
Treasurer	Jeff Lucente	780-455-4115	treasurer@pvcl.ca
Casino Coordinator	Melanie Lee	780-970-8728	casino@pvcl.ca
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Hall Sign	Tanya Gilbody	780-487-3192	hallsign@pvcl.ca
Hall & Facility Maintenance	Tracey Kushniruk	780-221-5072	caretaker@pvcl.ca
Basketball Coordinators	Ben Der	780-489-4213	
	Christina & Bo Froberg	780-454-5040	
Board of Directors			board@pvcl.ca
Community Recreation Coordinator	Ruth Wong-Miller		ruth.wong-miller@edmonton.ca
Community Safety Liaison	VACANT		safety@pvcl.ca
Craft Sale Coordinator	Louise Clarke	780-481-2842	advertising@pvcl.ca
Executive Board			executive@pvcl.ca
Membership Coordinator	Robin Hobal		membership@pvcl.ca
Newsletter Advertising	Louise Clarke	780-481-2842	advertising@pvcl.ca
Newsletter Distribution	Christina Froberg	780-454-5040	christinafroberg@hotmail.com
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Playschool Contacts	President: Annissa Brodie-Dux	780-443-4279	playschool@pvcl.ca
	Registrar: Kathy Newman	780-634-4538	registrar@pvcl.ca
Rink Coordinator	Brian Mulder	780-868-3017	brian.mulder@telus.net
Soccer Coordinator - Outdoor			
..... Outdoor Older Teams	Brian Mulder	780-868-3017	outdoorsoccer@pvcl.ca
..... Outdoor Mini Teams	Stephanie Gregory		gregorygroup@hotmail.com
..... Equipment Coordinator	VACANT		
Soccer Coordinator - Indoor	Theresa Donauer	780-988-8933	indoorsoccer@pvcl.ca
Senior Sharks Coordinators	Ellen Jones	780-483-8156	
Special Events Coordinators	Connie Gilbert	780-633-4444	events@pvcl.ca
	Tamra Simons	780-483-1291	simons1@shaw.ca
Tot Time	Jody Nickerson	780-434-9409	tottime@pvcl.ca
	Katherine O'Neill		tottime@pvcl.ca
	Shannon Chanin		tottime@pvcl.ca
Traffic Liaison	VACANT		
Volunteer Coordinator	VACANT		
Website Editor	Debbie Braun		webmaster@pvcl.ca

\*\*\* If you are interested in any of the vacant positions available please contact John Corie at 780-669-1557 or president@pvcl.ca \*\*\*



### Programs for everyone at Parkview Community Centre

Playschool	Monday - Friday morning & afternoon classes	Annissa	780.443.4279
Tot time	Tuesdays 9:00 - 11:00am	Jody	780.434.9409
Karate	Tuesdays and Thursdays 5:00 - 8:30pm	David	780.695.5457
Guides	Wednesdays 6:00 - 8:30pm	Taletta	780.930.1109
Foxy Kickboxing	Saturdays 9:30 - 10:30am	Jessica	403.862.7793
MOP (men of Parkview)	Times to be announced	Mike	<a href="mailto:simons1@shaw.ca">simons1@shaw.ca</a>

Playschool, tot time, karate and guides break for the summer months. Contact program directors for session dates.

# President's Message



By John Corie, PVCL President  
[president@pvcl.ca](mailto:president@pvcl.ca)



It was a long time coming, but it appears that warm weather has finally arrived! If your family is anything like ours, these summer months will involve an above-average number of barbecued meals, bike rides with a trailer and child in tow, sunset dog walks around the neighbourhood and general enjoyment of the spectacular river valley and parks that our community has to offer. If you're looking for organized activities to participate in, there are several in the coming months including the **Ride to Survive** children's bike safety day on June 9th (p.27), a **family food truck** evening (p.5), **community summer programs** in July and August (p.28-29) and much more. Please watch the Parkview website [www.pvcl.ca](http://www.pvcl.ca) and community hall sign for more details in the coming weeks.

If you're interested in volunteering and getting to know other members of the community, join us on Saturday, May 25th for a **spring clean up and patio barbecue** at the Parkview hall (p.5). Volunteers at this event will work on several small projects, including repainting the hockey rink boards. Any and all help would be appreciated and there will be a variety of tasks available, including some that are short in duration, with options that do not involve getting dirty. The projects will begin at 8:00 AM and the patio barbecue will start at 11:30 AM. This event will be a great way to get the whole family involved in a meaningful project - please join us.



The hall renovation project is progressing well and remains on schedule to be completed this month. The newly renovated area of the hall will feature a universally accessible restroom, additional storage space and a larger, fully rebuilt kitchen. An electronic lock system has been installed on exterior doors of the hall and upgrades have also been made to the hardware at each entrance, which will provide enhanced security for the facility. A great deal of time and effort has been contributed to this project and I'd like to thank all members of the facilities committee that have worked hard to ensure its successful and timely completion. We'd love to hear your feedback - please contact any member of the Executive and let us know what you think of the latest renovations.

We're excited that several community members have joined us at recent meetings, with the intention of volunteering as board members in the future. Please feel free to attend a monthly community meeting, or contact any member of the Executive if you'd like to get involved.

Best wishes for a warm and enjoyable summer!

**John Corie**  
President  
Parkview Community League  
[president@pvcl.ca](mailto:president@pvcl.ca)





# Parkview Community League

## EVENT CALENDAR 2012/13

### January 2013

- Winter Wine Event - Sat Jan19, 7pm
- Community League Meeting - Tue Jan15

### February 2013

- Spring Newsletter Deadline - Feb 1
- The Super Fantastic Skating Party - Feb 9
- Casino Night - Feb 16 & 17
- Community League Meeting - Tue Feb19

### March 2013

- Community League Meeting - Tue Mar 19

### April 2013

- Community League Meeting - Tue Apr 17

### May 2013

- Summer Newsletter Deadline - May 1
- Community League Meeting - Tue May 16
- Spring Cleanup Day & BBQ - May 25

### June 2013

- Food Truck Event - June 21
- No Community League Meetings
- Tot Time Year End Party

### July 2013

- No Community League Meetings
- Green Shack at the Park
- Summer Programs

### August 2013

- Fall Newsletter Deadline - Aug 1
- No Community League Meetings
- Green Shack at the Park
- Summer Programs

### September 2013

- Community League Meeting - Tue Sept 17
- 2nd Annual Pancake Breakfast - Sat Sept 21
- Local Programs Start:
- Scouts • Playschool • TotTime • Indoor Soccer Registration • Basketball Registration

### October 2013

- Community League AGM - Oct 15
- Halloween Party - TBD

### November 2013

- Winter Newsletter Deadline - Nov 1
- Community League Meeting - Tue Nov 19
- Christmas Craft & Bake Sale - TBD

### December 2013

- Community League Meeting - date and location to be determined

**PVCL Web Site Coordinator  
Required !**

Please contact Deb at  
webmaster@pvcl.ca if you are  
interested and for more info on  
the position

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## Parkview Clean Up Day and BBQ

SATURDAY, MAY 25, 8am - 2pm

11:30am BBQ on the patio

Come out for some socializing and TLC of our park and grounds.

For those who have signed up for this event as a volunteer event for soccer or who would like to use this event as a volunteer duty please confirm or register on

[www.pvcl.ca](http://www.pvcl.ca).

If you want to help out a bit in the park clean up and attend the BBQ please sign up [www.pvcl.ca](http://www.pvcl.ca) so we can get an idea of how many people are attending.

Let's hope for awesome weather !

For updates check out [www.pvcl.ca](http://www.pvcl.ca)



Questions can be sent to Brian Mulder  
[brian.mulder@telus.net](mailto:brian.mulder@telus.net) 780 868 3017



# THE RUMOUR MILL

**Rumour has it a FOOD TRUCK EVENT is in the works for the Parkview Community League. Pencil it in for the evening of June 21st. Participating food trucks and further details to be confirmed. Check the website and**

# 06.21

**hall sign for more info closer to the date. [www.pvcl.ca](http://www.pvcl.ca)**

# Latest Round of Renovations at Parkview Hall Cont'd

By Michelle Pollock  
Interior Designer, AMR Design  
[myrefresh@shaw.ca](mailto:myrefresh@shaw.ca)

the PVCL Board, has overseen the following renovations:

## Stage

The tattered old plywood facade has been re-faced with a durable, no-maintenance laminate that compliments the overall color scheme of the hall. The stage cubby doors and table trollies have been redesigned and re-enforced to better withstand the day-to-day wear and tear they receive. Beneath the stage, derelict ductwork has been reconnected to the building's heating system.

## New Locks

A new keyless lock system is currently being implemented on the exterior doors to provide enhanced safety and convenience. Authorized community members as well as renters can be assigned temporary access codes to gain entry to the building instead of having to be given a

key. Access codes will be monitored and/or terminated using a computer software program.

## New Barrier-Free Washroom

A brand new, barrier-free, washroom, conveniently located off the front foyer has been added. Persons requiring wheelchairs will now have access to washroom facilities, and groups using the conference room and/or playschool will no longer have to traipse through the hall to use a washroom.

## More storage

A storage room, constructed adjacent to the kitchen, and accessible from the hall, has been built to store the hall's round tables, rolling bar, and a full-size fridge. The plan is that this room may also double as a bar area when the round tables are in use.

## New Warming Kitchen

The kitchen has been totally renovated and made larger. The redesigned kitchen boasts all new cabinets and appliances including two gas ranges with warming drawers, three sinks, a stand-up freezer, refrigerator, and a commercial dishwasher generously



donated by Wendy and David Wilks (owners of On The Rocks and the Druid). The existing stand-up cooler, which was deemed to be in good working order, has also been incorporated into the new design, along with a pantry for storage of larger items. Two custom stainless steel islands and plenty of open shelving have been designed to accommodate the temporary storage of food trays, containers, boxes,

dishes, etc...all the paraphernalia involved with catering an event.

Behind the new kitchen, is a mop room complete with mop sink and washer/dryer unit. The garage, although slightly smaller, can still accommodate two snow blowers along with the various tools and supplies need to maintain the hall.

## A Job well Done



A very special thanks to our contractors Josh Marchand and Charlie Hiebert of Marchand Construction. They have been fantastic to work with and have done an excellent job of keeping our renovations on time and within budget. They demonstrated great care and understanding of our project needs and have

Cont'd on next page



Computer Rendering of Kitchen by Michelle Pollock

been a pleasure to work with.



Thank you to Tracey Kushniruk, Parkview Hall Caretaker, for the added

hours and effort spent cleaning up after the renovations. Your efforts are much appreciated. Thank you to Playschool and all our renters for putting up with the construction noise and dust.

As we close the door on this latest round of renovations, we'd like to acknowledge all of the volunteers who have participated in the previous rounds of grand applications, renovations, and improvements to our community league facilities: e.g. new flooring, new windows, new doors, new lighting, new color scheme/

paint, skate shack renovations, caretaker's apartment renovations, covered outdoor patio, fire pit, playground, trees, shrubs, caretaker's apartment, etc...

Each round of improvements is built on the last and it's only through the efforts of those that endeavoured before us that we are in the position to achieve the new goals that we've set for our community. Thank you to all the wonderful individuals in this community that pitch in to make Parkview such a great place to live.



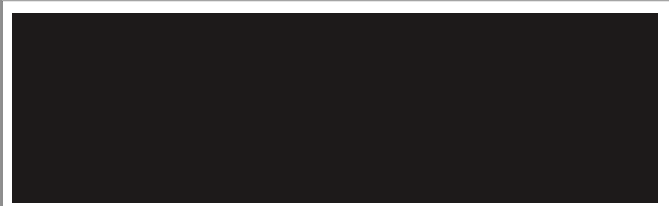
## Rentals at Parkview Community Centre



Parkview Community Centre is bright and airy with south facing windows and high ceilings. The main hall can accommodate up to 225 for a banquet but is also ideal for smaller gatherings like children's birthday parties.

The facility also has a conference room, skate room and rink available for rent. For information and rates visit our website:

[www.pvcl.ca](http://www.pvcl.ca)



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**P A R K**

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**V I E W**

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**M O P ::**

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**N I T E**

Come and hang out with other Men Of Parkview at Brewsters in Meadowlark. Those able to make it have enjoyed meeting neighbours and friends, good food, drinks, and laughs. The “regular” attendees have yet to be able to determine an ongoing night. Currently, interested MOP’s are sent an email with date and time.

If you would like to be added to this list please send Mike an email at [simons1@shaw.ca](mailto:simons1@shaw.ca) with a ‘re:’ line of MOP.





# Parkview Special Events

## Super Fantastic Skating Party had a great turn out !

By Connie Gilbert, Adult Program Coordinator  
[events@pvcl.ca](mailto:events@pvcl.ca)



There was a great turn out for the Second Annual Family Skate Day held at the hall this last February. Thankfully the weather allowed people from the community to come out and skate, enjoy some hot chocolate and share some laughs! The event saw about 50 - 75 people coming out to skate at the hall with old friends and new. Half the rink was set up for the hockey enthusiasts and the other half was left for people to free skate. When people got tired and needed a break, they had a fire pit to rest at and all were able to grab a hot dog inside before they went back on the ice. The day allowed us to enjoy the ice, enjoy our beautiful new skate shack and share some stories with friends.



**Thank you all for coming out and making the day a success!**

See more photos of the superfantastic skating party on page 11



**judy clare-packer**



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When Experience Counts



A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken.

~James Dent



One must maintain a little bit of summer, even in the middle of winter.

~Henry David Thoreau

“What good is the warmth of summer, without the cold of winter to give it sweetness.”

— John Steinbeck, *Travels with Charley: In Search of America*





**Thank you to all volunteers who made the Family Skating Day truly superfantastic!**



## Bridge Club



Card players interested in playing bridge, please join us at Crestwood Community League on Thursdays afternoons at 1:00 pm  
Anyone interested please contact

Teresa Feehan at 780-483-6473

## Senior Card Sharks Cards Anyone?

If you're a Senior who likes a friendly chat, great company and the challenge of a good card game, come out and meet the "Senior Sharks" in the Parkview Community League Hall at 1:00 p.m. on Wednesday afternoons. Learn the game of Wizard, enjoy a light snack and meet new people.

Call Ellen Jones at 780-483-8156 for details



jim dobie photography



14216-92A Avenue Edmonton AB T5R 5E2

587-987-4160

jimdobi photography@shaw.ca

www.jimdobi photography.com



## SWEATER SALE OPEN HOUSE

Windsor Park Community Hall

11840 - 87 Ave.

Saturday, June 15, 2013

9:00 a.m. – 3:00 p.m.

- hand-knit scarves, hats, vests, sweaters
- pima cotton/alpaca
- adult & children sizes
- custom orders available
- PRICES \$25.00 - \$250.00

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Linda Haswell: (780) 436-5732 [www.minkhasweaters.com](http://www.minkhasweaters.com)



Catching some fun at summer camp!

## Come join us for Summer Camp

Week 1: July 8 – 12 [Artful Antics](#)

Week 2: July 15 - 19 [Move to the Music](#)

Week 3: July 22-26 [Science Thrills](#)

Week 4: July 29-Aug. 2 [All About Edmonton](#)

Week 5: August 6-9 [Fun and Fitness](#)

Week 6: August 12-16 [Beach Fun in the Sun](#)

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# Parkview Playschool

Located on the 2nd Floor of the Parkview Community League, 9135 - 146 Street

By Annissa Brodie-Dux  
Playschool President  
[playschool@pvcl.ca](mailto:playschool@pvcl.ca)

## Limited Spots Available for the 2013-2014 School Year!!

Our programs filled up pretty quick at Registration Night but a couple of spots remain available. We have a great community program and teacher, Merri-Ann, who can get kids excited about school and ready for kindergarten! If you are interested in registering your 3 or 4 year old in a playschool program, please contact our registrar, Kathy Newman, at [kjnewman@shaw.ca](mailto:kjnewman@shaw.ca).

As discussed at our Registration Night, changes are taking place to our program. We will have an Education Assistant in the classroom starting September 2013. However, we remain a parent cooperative program, meaning there are a few expectations, such as:

- One toy wash per year
- Participation in the Dessert Auction Fundraiser
- Participation in special events and /or field trips

Further volunteer opportunities will be discussed at the beginning of the new school year. If you are currently registered, please stay updated through the summer by checking our website for updates and ensuring we have your correct contact information.

As for the class of 2012-2013, another year of learning and growing comes to a close. Thank you to the fantastic parent board who helped to make this year fun and exciting for all the students: Jody Nickerson, Christine Mallett, Lee Sawatzky, Gillian Culham, Tanya Trimble, Andrea Trendel, Jennifer Spratlin, Liz Herbert, Kathy Newman, Heather Oga, Janine Beesten, Andrea Archimowitz, Melanie Whittingham.

### 4-Year-Old Program Specifics

- Children must be 4 years of age by March 1st, 2012. This is the current entry deadline for the school system.

Class times: Monday, Wednesday and Friday mornings from 8:50-11:20

Cost is \$120.00/month

### 3-Year-Old Program Specifics

- Children must be three years old and toilet-trained by the first day of school.

Class times: Tuesday and Thursday mornings from 8:50-11:20 Cost is \$90.00/month

### 3/4-Year-Old Program Specifics

- Class times:

Monday, Tuesday, Wednesday afternoons from 1:00-3:30 for the **4 year olds**

Cost \$120.00/month

Monday and Wednesday afternoons from 1:00-3:30 for the **3 year olds**

Cost is \$90.00/month

Please visit our website for more information at [www.pvcl.ca/playschool](http://www.pvcl.ca/playschool)



# Parkview Tot Time - Volunteers Needed!

By Katherine O'Neill  
Tot Time Coordinator  
[totime@pvcl.ca](mailto:totime@pvcl.ca)



Planning is underway for Tot Time's Annual Year-end Party on June 11. The celebration will feature entertainment by Mugsy, an Edmonton-based children's entertainer. Party-goers will also be treated to a pizza lunch.

The event runs from 10 a.m.-12:30 p.m. Mugsy will take the stage at 10:30 a.m. Lunch will be served when his hour-long show, which includes juggling, magic and unicycle tricks, concludes. The cost is \$1 per child. All are welcome to attend.

Tot Time organizers have also used money raised during the year to purchase new toys and equipment, including a healthy foods play set, gym mats, dolls and strollers.

Tot Time, which has attracted between 35-50 children every Tuesday morning, will start operating again next September.

**Thanks to all the parents and caregivers who helped make this year run so smoothly. An extra big thanks to Lauren, Tanya and Jenai for leading song time, and Andy's IGA for continuing to generously donate apple juice.**

If you are interested in becoming a Tot Time coordinator next year, please contact Katherine O'Neill at 780-952-2869.

## Tot Time Annual Year-end Party, Tuesday June 11, 10am - 12:30pm



### A Huge Thanks to:

Katherine O'Neill  
Jody Nickerson and  
Shannon Chanin



for being our wonderful coordinators this year. You made Tuesday mornings and Tot Time Events so much fun for all the children, parents and caregivers who attended. It is thanks to volunteers like you that this popular program is such a success. PVCL wants to thank you for all your hard work this year! PS: hmmm you ladies make good coffee!



### Parkview Tot Time needs your help!

If you are a parent/caregiver who is free on Tuesday mornings, you could be our next **Tot Time Coordinator for the 2013/2014**

**season.** We need three volunteers to run the program. This program has been a part of our community for many years and is a great way to get to know your neighbours. We run Tuesday mornings from 9am to 11am. Please contact **Jody Nickerson (780)434-9409** or **Katherine O'Neill at (780)952-2869** if interested in finding out more about this rewarding and fun volunteer opportunity!

[totime@pvcl.ca](mailto:totime@pvcl.ca)

## Having Fun at Tot Time!



### ***Baby Sitting***

14 years old ♦ Responsible ♦ Grade 8 student

Contact

**JOYELLE SHAIGEC**

Red Cross babysitting and CPR course knowledge

References upon request

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	Mon	Tue	Wed	Thur	Fri	Sat	Sun
6:00 am		☀		☀			
8:15 am						☀	☀
9:15 am	☀	☀	☀	☀	☀		
10:15 am						☀	☀
11:30 am	☀		☀		☀		
1:30 pm							
3:30 pm	☀	☀	☀	☀	☀	☀	☀
5:30 pm	☀	☀	☀	☀	☀		
7:30 pm	☀	☀	☀	☀			

We feature Mondo Tech Advanced Anti-Microbial rubber flooring!  
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# How much is my home worth?



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I know Parkview well as I grew up in this area and my family and I call it home today. I can show you all of the sold properties as well as what is currently listed for sale.

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 Real Estate Agent  
 RE/MAX Excellence  
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 Phone 481-2950  
 e-mail: ricklough@remax.net  
 Web Site: www.ricklough.com



**RE/MAX**

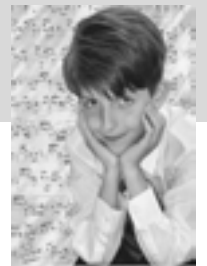

Not intended to solicit properties already listed for sale.

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Professional and experienced (15 years) piano and voice teacher in Parkview area is accepting new students from young children to adults.

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**Yamaha Piano for sale**

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# Parkview Sports



## Soccer Update

At the printing of this newsletter the outdoor soccer season had yet to get underway with the late spring and wet field conditions. This outdoor season Parkview has 16 teams with around 210 players participating. The mini soccer program continues to grow under the leadership of the coordinator, Stephanie Gregory. Thanks again to all the coaches, assistant coaches and managers for stepping up to lead their teams. Don't forget indoor soccer registration will be in early September. Watch for the signs and check the community web site for updates. [www.pvcl.ca](http://www.pvcl.ca)



Offer valid for new customers. Offer expires June 30, 2013.

**Ready to start your week?**  
Mondays are FREE during June!  
No obligations. Just come ready to dance.

**Classes offered Mondays & Wednesdays from 9:30 - 10:30 a.m.**  
13535-122 Avenue (Kirk United Church)

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Each 60-minute Jazzercise group fitness class offers a fun and effective total body workout set to today's popular hit music!

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Not intended to solicit properties currently listed.

## The *Skin* Enhancement Centre

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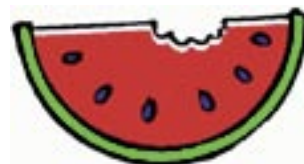
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**Phone 780-413-4222**





## 20% OFF one regularly-priced non-bird food item\*

\*Valid only on non-bird food items at WBU Edmonton. One discount per purchase per visit. Offer not valid on previous purchases, optics, gift cards, Daily Savings Club memberships, Brome Bird Care branded feeders or sale items. Offer expires Aug 30, 2013.



12204 107th Ave NW  
Edmonton AB T5M 4A8  
(587) 521-2473 [www.wbu.com/edmonton](http://www.wbu.com/edmonton)

## Bird Feeding Tips

By Dave Cleary

The average Edmonton backyard may be visited regularly by 15 to 20 different bird species through the year. Providing an easy-to-find source of food not only gives birds nourishment, but it also gives them more time to find mates, build nests, raise their young and other activities that are key to their survival. Here are some things you can do to make your backyard a refuge for yourself and your birds.

### Food

Attracting a variety of birds requires a variety of foods. A lot of bird seed sold in grocery, hardware, and other stores contain fillers such as oats, wheat, barley, and milo - seeds the majority of feeder birds don't eat. Buy quality bird seed to reduce the waste and provide food your birds are really looking for.

### Water

Birds need water just as much as they need food. Their high metabolic rate and respiratory system drains moisture from their bodies quickly. However, birds use water for more than just a thirst quencher; they also use it for bathing and preening their feathers. Clean feathers are important for birds' health and optimum flying ability.

### Cover

Birds need protective cover for times of rest, social interaction and as a retreat from foul weather and predators. Plants that are native to our soil and climate provide the best overall food sources for wildlife and support from 10 to 50 times more native wildlife than exotic (or non-native) plants.

### A Place to Raise Their Young

The same plantings that provide shelter can provide safe areas for many bird species to mate, build nests and raise their families. But with the increased loss of natural habitat, cavity-nesting birds lack appropriate sites to nest. By providing bird houses, you will encourage birds to raise their young in your backyard.

Backyard bird feeding is a great hobby the entire family can enjoy. It's a way to connect with nature, preserve green spaces, and help wildlife.

For more information about bird feeding and making a backyard refuge for you and your birds, visit Wild Birds Unlimited at 12204 - 107 Ave Edmonton, go online at [www.wbu.com/edmonton](http://www.wbu.com/edmonton) to see great bird pictures from local bird feeding folks, or phone (587) 521-2473. (Note the new Edmonton area code.)

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## Jeffrey's Café and Wine Bar... is 10 Years Old!

The best café in the city is right here in your neighbourhood – come join us for these "June specials":

- Monday 4-630pm: Wine by the Glass – 50% off**
- Tuesday 4-630pm: \$5 nacho plate with the purchase of any Bottle of Wine**
- Wednesday 4-630pm: - Bottle of Sleeman's Beer and an Individual Pizza - \$9.95**
- Thursday 4-630pm: Wine by the Glass – 50% off**
- Friday 4-630pm: Free Snack Tray with the purchase of any Bottle of Wine \$45+ (\$14.95 value)**
- Saturday 4-630pm: all bottled beer - \$5**
- Sunday 2-5pm: 50% off Coffee and Tea Beverages**



  
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and wine bar  
780.451.8800  
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## Steve Young, MLA

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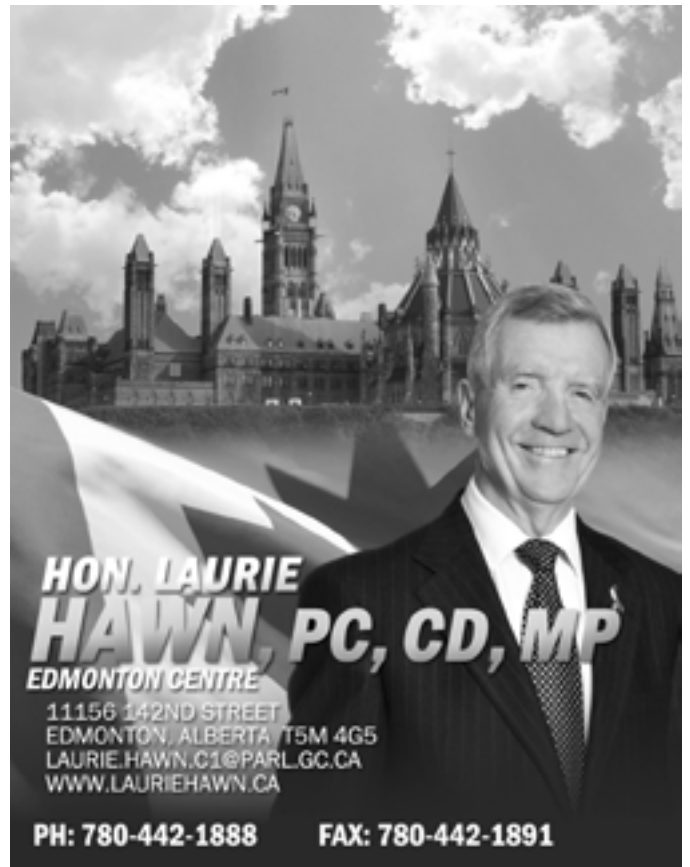
**Constituency Office:**

9202B—149 Street  
Edmonton, Alberta T5R 1C3  
Phone: 780-414-0719 Fax: 780-414-0721

**Legislature Office:**

132 Legislature Building, 10800—97 Street  
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At St. Paul Catholic School  
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We pray together.  
We play together.  
We grow.  
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ment where learning has no  
limits.

**Principal** : Boyan Yarovenko  
Email:  
[boyan.yarovenko@ecsd.net](mailto:boyan.yarovenko@ecsd.net)  
**Secretary**: Joreen Steinke  
Email:  
[Joreen.steinke@ecsd.net](mailto:Joreen.steinke@ecsd.net)

We are presently accepting registrations for our Kindergarten to grade 6 Programs. If you have any relatives or friends who have children in this age group, please make them aware of our program.

Upon registration, we require a copy of the birth certificate, immunization records, and baptismal certificate.

**Our school offers:**

- Smart boards and document cameras in all class- rooms
- Bring your own devices to grades 4-6
- High academic achievement at District and Provincial levels
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- French or Spanish as a second language instruction for students in grades 4 – 6

EDMONTON

# Green Shack Playground Program

at

**Parkview Community League**  
**9135 146 Street**

Monday – Thursday 10:00 a.m.–5:30 p.m.  
Friday 1:30 p.m. – 5:30 p.m.

Children aged 6 – 12 years are welcome  
to drop by our playground this summer!

Program leaders, certified specialists in  
FUN, will be at the park at the times listed  
above leading:

EXCITING GAMES CRAFTS MUSIC  
SPORTS DRAMA

There is no need to pre-register and  
everything is **absolutely FREE!**

**Program Begins July 2, 2013**

**Parkview  
Community  
League**

**9135 146 Street**



THE CITY OF  
**Edmonton**

EDMONTON

# Parkview Community League

(9135 146 Street)

## Sunday, June 9

### RIDE TO SURVIVE

**2:00 pm – 4:00 pm**

Stay safe while having fun! Learn basic bicycle skills rules & of the road. (No training wheels please)

For children 6-10 years

Course Code: 499083

**COST: \$11.00**

### 4 WHEEL DRIVE

**2:00 pm – 4:00 pm**

This class is for children who love biking and are still on training wheels! Children learn how to stay safe while having fun on their bike!

For children 3-5 years

Course Code: 499084

**COST: \$11.00**

### TO REGISTER:

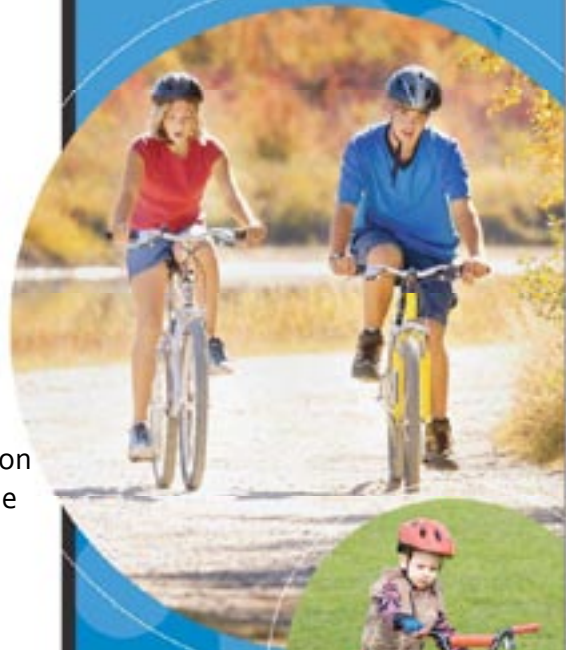
Call: 311

Online:

<http://EReg.edmonton.ca>

In Person:

At any City of Edmonton  
Leisure Centre



THE CITY OF  
**Edmonton**

# EDMONTON

**Parkview  
Community  
League Hall**  
**9135 – 146  
Street**

*Registration for  
summer daycamps  
starts April 30<sup>th</sup>, 2013!*

## **Registered Programs in Parkview**

### **Little Nature Nuts**

In a bug's eye view of the outdoors as children discover nature through games, songs, and crafts. Nature walks, bird watching and bug spying are all part of the fun.

**July 2 - 5**

9:00 to 11:30 am ..... Course code: 491673

3 to 5 years ..... Cost: \$54

### **Once Upon a Princess**

Once upon a time there was a beautiful little girl who dreamed of being a princess. In her dreams, she was singing magical songs, dancing gracefully with her princess friends and re-enacting some of her favourite fairytale stories. Let's all make believe together in this inspirational program for princesses. Participants are welcome to come dressed in their favourite princess costume.

**July 15 - 19**

9:00 to 11:30 am ..... Course code: 491771

3 - 5 years ..... Cost: \$76

### **Young at Art**

Young artists will love creating their own masterpieces by molding clay, smearing paint, and squishing dough. Please be sure to bring a Paint Shirt to wear over your clothes.

**July 2 – 5**

1:30 to 4:00 pm ..... Course code: 491721

4 to 6 years ..... Cost: \$61



## EDMONTON

**Parkview  
Community  
League Hall**  
**9135 – 146  
Street**

*Registration for  
summer daycamps  
starts April 30<sup>th</sup>, 2013!*

## Registered Programs in Parkview

### Cooking Up a Story

Find yourself in the delicious world of storytelling! Our daily recipes are inspired by the stories we read. Who knows what we will cook up next!

**August 19 - 23**

9:00 to 11:30 am ..... Course code: 492173

4 to 6 years ..... Cost: \$76

### Fashion Forward

Are you a young fashionista? Design and create your own t-shirt and jewelry. Try different techniques and materials to create your own beads. We will also learn how to make homemade lip balm.

**August 6 - 9**

1:30 to 4:00 pm ..... Course code: 492175

6 - 9 years ..... Cost: \$53

### Adventure in the Valley

Discover your way through this exciting week of adventure. Seek, explore and uncover the mysteries of your neighbourhood through hikes, games and the beauty of nature. Please dress appropriate for outdoor weather. (Children may be off site in areas near the hall)

**July 29 – August 2**

#### **Full-Day Camp**

9 am to 4pm ..... Course code: 492468

*With early drop off at 8 am and late pick up until 5 pm.*

6 to 9 years ..... Cost: \$119



THE CITY OF  
**Edmonton**



## Big Bin Events in North West

The City of Edmonton is hosting Big Bin Events for household items that can't be set out for regular waste collection. Twelve weekend events will be held in various locations throughout the City.

Please visit the COE website to find out what goods are accepted and information about other Big Bin Events throughout the City.

[http://www.edmonton.ca/for\\_residents/garbage\\_recycling/bigbin-events.aspx](http://www.edmonton.ca/for_residents/garbage_recycling/bigbin-events.aspx)

All 2013 events will run from 9 am to 5 pm.

These are the events occurring in the North West District:

May 11 & 12 – Woodcroft 13915-115 Ave.

May 25 & 26 – Callingwood 17740-69 Ave.

June 22 & 23 - Castle Downs 11520-153 Ave.

August 17 & 18 – Jasper Place 9200-163 St.

## Front Yards in Bloom: Calling all Community Leagues!

Front Yards in Bloom is just about ready to go and we need your community league represented. It's easy and fun and best of all, you get to meet the neighbours. We supply everything except the great yards.

Step 1: Email [front.yards@edmonton.ca](mailto:front.yards@edmonton.ca) and let us know that your community league is on board

Step 2: Nominate yards at [frontyardsinbloom.ca](http://frontyardsinbloom.ca)

Step 3: Pick up supplies

Step 4: Deliver signs and certificates to all the yards nominated in your neighbourhood (usually around 15)

Step 5: Pick your top 2 favourite yards and send them to [front.yards@edmonton.ca](mailto:front.yards@edmonton.ca)

Your job is complete! We will announce the top 24 yards across the city on August 15th at the Edmonton in Bloom Awards.

Will one of your top 2 be chosen?

Register your community league today at [front.yards@edmonton.ca](mailto:front.yards@edmonton.ca)

## Have you visited [www.oneroad.ca](http://www.oneroad.ca)?

Here is what you can learn...

### 2013 On-Street Bike Routes

- Check out the design and parking plans for the new bicycle routes to be installed in 2013
- Learn the difference between Bike Lanes and Shared Use Lanes
- Get the answers to Frequently Asked Questions from both motorists & cyclists
- Check out upcoming events and other bike safety related links!

### Safety for Cyclists and Motorists

Edmonton is a bike-friendly city. The City is constructing new on-street bike routes to encourage people to choose cycling as a safe, healthy and efficient way to get around the city.

With the marking of new bike routes, many drivers and cyclists may be scratching their heads wondering what the new pavement markings mean, and how they are expected to share the road. Visit [www.oneroad.ca](http://www.oneroad.ca) to find the answers.

### Isn't it Time We Got Along?

Cyclists and motorists have the same rights and responsibilities. Everyone has to follow the rules of the road and deserves to be treated with respect.

**Tip:** Open your door with your right hand. It'll help you to make sure you shoulder check and look in your mirror for cyclists before exiting your vehicle.



## Did you know?

Park and playground hours are 5:00 am – 11:00 pm

**SAT 09.21**



---

**2nd ANNUAL  
FREE  
PANCAKE  
BREAKFAST**

---

**@ Parkview Community Hall**

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**9-11 BREAKFAST**

**9-12 ACTIVITIES**



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- 1) Check your furnace filter. Replace or clean every 1-3 months as required. A clean filter is your best insurance against furnace and A/C failure. Air flow is critically important!
  - 2) Inspect your humidifier and replace the evaporator pad if it contains any sediment. Clean the humidifier housing as required.
  - 3) Remove furnace panels and inspect for dust, carbon, rust and water damage. Vacuum as required. Re-install panels, turn furnace on and listen through a full heating cycle. If there are unusual noises or concerns, call for service or advice.
  - 4) Remove a cold air return register. If there is a buildup of dust, consider having the furnace and ducts professionally cleaned.
  - 5) Inspect your outside A/C condenser for dust, pollen and leaves clogging the cooling fins or cabinet. Vacuum and rinse as required. Turn A/C on and listen through a full cooling cycle. If there are unusual noises or concerns, call for service or advice.
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