



PARKVIEW NEWSLETTER

www.pvcl.ca

Winter 2010



Parkview U18 Girls won gold!

By Gerard Zentner, Coach
gerard@capitalgear.ca

The Parkview Power U18Girls Soccer team has concluded a successful run in their final season in community soccer. The girls, under the coaching of Gerard Zentner, Rick Lough and Val Ruske, won Gold in Provincial Intercities in Calgary.

The season was an accumulation of 10 years of soccer, starting with the girls at U8 and concluding at U18! They have had tremendous success over the years including winning a number of tournaments like the Polar Cup, Slush Cup, West Zone, Duggan, Millwoods... The team has also won the zone playoffs, City Championships, as well as Provincials!

The core group of players has been together

since U8 and have played both indoor and outdoor seasons since U12. This team has represented Parkview with great pride and showed tremendous team spirit and fair play. They have won the Fair Play awards at various tournaments throughout their playing career.

The team has also travelled to Salt Spring Island in BC for the past three seasons for a youth soccer tournament.

The team would like to thank the community for their tremendous support over the years! The team will be staying together as they move up to the adult women's league and they will continue to honor their community by calling the team Parkview Power FC.

The team consists of: Carmen Davies, Emilie Zentner, Emily Ruske, Erin Atterbury, Hannah Graham, Hannah Marvin, Jillian McCann, Juli Vukovic, Katherine Creelman, Kristen Millions, Linnea Merrigan, Madison Wilson, Natalie Cockwill, Shannon Lough, Stephanie Bouwsema, Erin Flynn, Megan Gnanashamy, Keira Barbar, Samantha Griffiths.

Gerard Zentner, Coach
Phone: 780-487-1244
Email: gerard@capitalgear.ca



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Newsletter Deadlines

The Parkview/Valleyview Community League newsletter is published four times a year and distributed to members of the community league.

The advertising and copy deadlines are:

Spring: February 1

Summer: May 1

Fall: August 1

Winter: November 1

Advertising Rates:

Full back page	\$200
(7 1/4" wide by 9" deep)	
Full inside page	\$150
(7 1/4" wide by 9" deep)	
Half page	\$75
(3 1/2" wide by 9" deep or	
7 1/4" wide by 4 1/2" deep)	
Third page	\$50
(7 1/4" wide by 3" deep)	
Quarter page	\$40
(3 1/2" wide by 4 1/2" deep)	
Business card	\$15
(3 1/2" wide by 2" deep)	

Please note that we do not accept advertising inserts.

To submit articles contact:

Denisa Leitch
ddleitch@gmail.com

To place ads contact:

Allan Davis
nadavisfamily@mac.com

Parkview/Valleyview Community League Contacts

9135 - 146 Street, Edmonton, Alberta T5R 4L5

Tel: 780-483-2098

Position	Name	Phone	Email
President	David Smith	780-444-0217	president@pvcl.ca
Vice President	VACANT		vp@pvcl.ca
Secretary	VACANT		secretary@pvcl.ca
Treasurer	Jennifer Forsyth		treasurer@pvcl.ca
Casino Coordinator	Brenda McDonald	780-486-9079	casino@pvcl.ca
Hall Rentals	Val Bright	780-994-4337	hallrentals@pvcl.ca
Hall Sign	Louise Clark	780-481-2842	
Hall & Facility Maintenance	Warren Nunweiler	780-483-2098	warrennun@hotmail.com
Adult Program Coordinators	Tamra & Mike Simons	780-483-1291	simons1@shaw.ca
Basketball Coordinator	Christina & Bo Froberg	780-454-5040	basketball@pvcl.ca
Brownies Coordinator	Lily Choy	780-885-3777	brownies@pvcl.ca
.....	Amy Dambrowitz	780-486-3353	brownies@pvcl.ca
.....	Tracy Latka	780-634-5419	brownies@pvcl.ca
Community Recreation Coordinator	Ruth Wong-Miller		ruth.wong-miller@edmonton.ca
Community Safety Liaison	Danae Kortmann-Watts		safety@pvcl.ca
Craft Sale Coordinator	Val Bright	780-994-4337	hallrentals@pvcl.ca
Fundraising Coordinator	Val Bright	780-994-4337	hallrentals@pvcl.ca
Girl Guide Coordinator	Stephanie Donalds-Kelly	780-482-6249	
Karate Instructor	David Chow	780-695-5457	
Membership Coordinator	Robin Hobal		membership@pvcl.ca
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.....	Registrar: Gareth Swinnerton	780-488-8665	gareth.swinnerton@gmail.com
Security Clearance	Barb Lintell	780-634-0668	blintell@shaw.ca
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..... Outdoor Older Teams	Brian Mulder	780-868-3017	outdoorsoccer@pvcl.ca
..... Outdoor Mini Teams	VACANT		
..... Equipment Coordinator	VACANT		
Soccer Coordinator - Indoor	Peter Dushenski	780-994-9084	indoorsoccer@pvcl.ca
Senior Sharks Coordinator	Ellen Jones	780-483-8156	
.....	June Bradley	780-483-9475	
Special Events Coordinator	Connie Gilbert	780-633-4444	gilbertfam@shaw.ca
.....	Tamra Simons	780-483-1291	simons1@shaw.ca
Tot Time	Stephanie Gregory	780-863-8864	parkviewtottime@gmail.com
.....	Andrea Archimowitz		parkviewtottime@gmail.com
.....	Melissa		parkviewtottime@gmail.com
Traffic Liaison	VACANT		
Volunteer Coordinator	VACANT		
Website Editor	Debbie Braun		webmaster@pvcl.ca

If you are interested in any of the vacant positions available please contact David Smith at 780-444-0217 or president@pvcl.ca

President's Message

By David Smith, PVCL President
president@pvcl.ca

It's not yet Halloween and, as I write this, there's already snow on the ground. Oh well, nothing you can do about that, except maybe join the community league as a volunteer to take your mind off the approach of winter!



Need Volunteers

We are currently a little short on volunteers for the community league. The vacant positions currently include Vice President, Secretary, Volunteer Coordinator, Traffic Liaison Coordinator and Ice Rink Attendant.

Also, our long-time Newsletter Advertising Coordinator, Al Davis, is moving on. I want to thank Al for his years of services and dedication to the community league and the newsletter. If you are interested in picking up this role, please let Al or I know. Our contact information is in the newsletter and always online at www.pvcl.ca.

Community Social & Volunteer Appreciation Event

Saturday October 23 was our bi-annual volunteer appreciation evening. Rather than have a sit-down dinner as in the past, we went with a less formal approach and had appetizers and drinks as the main event. About 70 people came out to the hall (we invited community members too) and the evening was really fun. It was a great time to socialize and mingle. Volunteers got six free drinks, by the way, so there are always benefits to volunteering. We also put together some pretty nice door prizes that were raffled off for free food, dinners and the like. My thanks go out to the small army of people who worked so hard to get the evening planned and carried off.

Annual General Meeting

We also held our AGM on Wednesday October 20 and had a good turnout of regular and new people (new people are always welcome and appreciated). At the AGM each year, we are required to elect the Executive positions on the Board; these include President, Vice President, Secretary and Treasurer. The league's by-laws (from 1963) also stipulate the need to elect some other positions, but more on that later.

Returning this year is the current Treasurer and President (Jennifer Forsyth and me).

Jennifer's job is to work with the Board to manage the community league's finances. The Treasurer reports on the league's financial status at each meeting and provides an audited year-end report at the AGM.

Presidential duties are generally to lead the Board in determining direction and vision for the league during the year served. This includes leading the Board in making decisions on our programs, determining which city programs we host, dealing with decisions on the care and use of the hall, liaising with local groups (including local schools) to foster activities and benefits for the community and representing the neighbourhood to the city and other local agencies as needed.

As mentioned up top, we are currently short a Vice President and Secretary in the Executive. The Vice President is required to lead the Board when the President is unavailable (which so far has been rare). The Secretary attends each Board meeting, generates the meeting minutes and ensures that previous meeting minutes are shared, approved and available. The Secretary also votes on Board decisions like any other member.

Both the Secretary and Vice President roles provide vital support for the Board and really should be filled before much longer. If you are interested in participating, please contact me at president@pvcl.ca.

Continued on Page 4

Community Counselling Centre

780-482-3711

Caring experienced therapists helping people heal



Sliding Fee Scale
 #202 10534 124 Street
www.pastcoun.com

President's Message - cont'd



Mandate for this Year

Each year, the Board seems to address one major issue or another and these items typically become the central themes around which that year forms itself. For example, in my first year as President, we were dealing with the West LRT issue on 87th Avenue, as well as the construction on the hall. Last year, we continued with the hall renovations and began to firm up the rules and procedures around hall rentals.

For 2010 / 2011, I am going to suggest the Board revisit the community league's roles and procedures and even begin to set down an updated version of the bylaws. These items are not as simple as they sound, but one of our main challenges right now is securing new people in ongoing volunteer roles. I believe part of that challenge comes from a lack of information for people who may be interested, but do not know exactly what they may be signing up for.

The outcome from this initiative should be a current set of documented roles and responsibilities for the Board, as well as the beginnings of some procedures detailing how the Board runs itself on an ongoing basis. With this information in hand, it should be easier to recruit new volunteers for some of the vital positions that remain vacant.

Hall Construction

Did you notice we have a new patio now with an overhanging roof? While still under construction, the features look totally awesome (!) and will provide hall users and renters with even better facilities for parties, meetings and other social events.

As well, four new windows and two glass doors along the patio look into the hall's main area (the gym) and bring a new dimension of light and access that we've long desired.

Skating Rink

For the past three years, the Board has heard a few requests each winter to get the skating rink up and running. This fall, our hall and facility maintenance man Warren Nunweiler, led some volunteers and friends in getting the inside boards fixed and painted, a major effort that comes with our thanks.

We are going to try to get the rink up and running this year, but that will not come without a lot of effort. In years' past, the challenge was always time more than anything else. Warren can get the rink started but we want to secure some volunteers to keep it going. That means snow clearing and brushing and attending the rink while it operates during the evening and on weekend days.

We have a committed group from the Board that is currently looking into these operational challenges and will have some recommendations to make to the Board in November.

The next newsletter after this one is not out until February, so look to the website for an update on the rink in December or January.





The Estate House
by Gorman & Koski LLP Barristers & Solicitors

10244 123 street • Edmonton, AB • T5N 1N4
phone 451-7557 • fax 451-5075
www.theestatehouse.ca

Season's Greetings
From
The Estate House

The Estate House is a law firm
dedicated to Wills and Estates.

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Meet the New Principal for Parkview School !

Introduction to Parkview School's new Principal for 2010-2011...

Mr. Dan Beharry celebrates almost 20 years as an educator. In that time, Mr. Beharry has served as principal, assistant principal, curriculum coordinator, and teacher, at the elementary, junior high and senior high school level.



Before being assigned as principal at Meyokumin School in 2006, Mr. Beharry served as assistant principal at the twinned site of Elmwood/Stratford School. Elmwood School, a small school offering regular and three distinct special needs programs, and Stratford School, a large school offering the Cogito Alternative program. Mr. Beharry has experienced the joys and challenges of working with alternative, special needs programs, and regular programs that served the wide spectrum of students in a school community. A highlight early in Mr. Beharry's career was the opportunity to teach at an international school in the Bahamas, a once in a lifetime experience (especially in the winter time)!

Mr. Beharry is committed to life-long learning, and cannot imagine a day in which he does not learn something new! He has served on various district principal committees over the years, including alternative programs, and curriculum and continues to be involved in district projects, initiatives, partnerships, and committees.

As a husband, and father of two, Mr. Beharry understands the realities of parenting and the needs of children. This has enabled his view of school and family issues from both a parent's and an educator's perspective. Mr. Beharry's passion for children, teaching, and learning help to make his leadership role in school particularly rewarding.

Mr. Beharry claims that there is nowhere he would rather be than in a school, working with students. He takes pride in being able to serve the students, parents, staff and community that comprise Parkview School, and is inspired by the challenge of once again working in a multi-program school site that provides alternative programs and educational choice.



Parkview Christmas Craft and Bake Sale

Saturday, November 20 10 am - 4 pm
Parkview Community Hall 9135 - 146 Street

Ukranian and Italian Homemade Lunch
11:30 - 2 pm

Help
decorate a
gingerbread house



Free Sleigh Rides



11 - 2 pm

Visit Santa Claus



1 - 3 pm

Coloring
Contest



Marshmallow Roast
11 - 3pm

There are still tables available - Book Today!

Please consider a donation of baking, or volunteering to help out at this event. Your contributions will be most appreciated.

For further information, bookings, or to volunteer, contact Val Bright

ph: 780-994-4337

email: hallrentals@pvcl.ca



Teachers with B. Eds
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 Music
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 NO Parent Duty Days

Established playschool for over 32 years.

Where our students learn to LOVE LEARNING!

Westend Community Playschool

in Rio Terrace

Open House and Registration Night:

Wednesday, January 19, 2011

5:00-7:00 pm

15108 – 76 Avenue

(780) 444-0221

For more information:

Natasha (Registrar)

(780) 429-4470

westendplayschool@yahoo.ca

www.wecp.ca

BIRTHDAY PARTIES AT PARKVIEW HALL

Make your child's
 birthday party
 a special and
 easy event!

Hall rental
 including
 Jumpy Thing
 for three
 hours are:



Sunday to
 Thursday - \$175

Friday or Saturday - \$200

Contact Val at hallrentals@pvcl.ca for
 bookings or call 780-994-4337.



jimdobie photography



14216-92A Avenue Edmonton AB T5R 5E2

780.484.2759

jimdobiephotography@shaw.ca

www.jimdobiephotography.com

Volunteer Appreciation Night and Community Fall Social

By Val Bright and Connie Gilbert

Every two years the Parkview community league puts on a Volunteer Appreciation Night to thank its many adult volunteers for their hard work. This year we invited everyone to come out on Friday, October 23, in order to celebrate, thank the many volunteers, and see first-hand the new renovations to the hall and patio area. Fun was had by all who attended. There was wonderful food, innovative drinks, congenial company and great conversations to be had.

Our strong community here in Edmonton is largely due to our marvelous volunteers. These individuals contribute many personal hours, and we thank them and their families for their involvement. Our volunteers run programs such as basketball and soccer, Brownies and Guides, Tot Time and Playschool. In addition, we have many board members that govern and maintain your community hall, prepare and distribute the newsletter, provide adult programs, run casinos, prepare grants, and much, much more.

The community wishes to thank the many people that helped put on such a successful evening. This year's event was organized by Connie Gilbert and Valerie Bright, with assistance from their committee, including Cathie Crooks, George Dodd, Louise Clarke and Nancy Davis. The decorating team that added all the special touches was Annissa Brodie, Michelle Pollock and Gillian Culham. Huge thanks go to Andrea Archimowitz, chef and community volunteer, who spent endless hours making sure dishes like grilled vegetable and goat cheese panini or potato and rosemary pizza were ready for all to enjoy. We also enjoyed the Marcia Cabrera's famous spring rolls and the wonderful samosas made by Shivani Naidu-Barretts' mother, Rani Naidu. Bakers who added the extra sweet touches were Louise Clarke, Gillian Culham, Brian Kiely, Sue Pasemko and Andrea Archimowitz. Thanks again to all the kitchen staff and the entire committee for creating such a fantastic evening.



Many volunteers went home that evening with a gift donated by our local businesses. We really appreciate the support we get from them:

Allegro Italian Kitchen
Andy's IGA Klondike Sports
Bon Ton Bakery
Cobs Bread
Crestwood Esso
Ichiban Restaurant Japanese Cuisine
Lyndale Accents
Page Cleaners (9108-142 Street)
PiccoLino Bistro
Pizza 73 (8908-149 Street)
Second Cup (8906-149 Street)
Telus World of Science
Tonic Body Spa

Be sure to consider coming out to the next appreciation event; it is one of the most fun and elegant evenings our community league puts on, and is a great way to meet your friends and neighbours.

--Valerie Bright and Connie Gilbert

Hall renos look great!



Fantastic Evening!



Thank You Volunteers & Event Organizers!

PVCL Membership has it's benefits! Join Your Community!

What's New?

The Edmonton Minor Hockey Association and Edmonton Federation of Community Leagues came up with a new system to facilitate the sales of Community League memberships during hockey registration. Each hockey club will charge a mandatory fee for community league memberships. That means that all Parkview families registering for hockey should buy their memberships at the time of registration. All other families can still purchase their membership online or by mail by sending their form into the hall address. All membership cards and numbers will be sent out the first week of September to avoid duplication.

If you have any questions, feel free to email Robin at: membership@pvcl.ca

As well as being able to purchase your membership at the various community programs like Tot Time, Soccer ,etc., you may purchase your membership online at www.pvcl.ca and pay online through PayPal OR you may use the form listed below and follow the mail in instructions.

Once you have used one of the above options, your membership card will be mailed to you by the membership coordinator, Robin Hobal.

Parkview Community League Membership Benefits:

- Free public skating at selected City of Edmonton Arenas (call 496-4999 for information)
- Free use of Parkview skating rinks through the winter season
- Free community swim at Jasper Place Pool (9200 163 St) on Sundays between 5-6pm (call 311 for more info)
- Children's Halloween and Christmas Parties
- Weekly Tot Time program
- Seniors Card Sharks afternoon
- Summer Playground Program

**Memberships are required for community sponsored programs.



Parkview Community League Membership Form

Please complete and MAIL this FORM and CHEQUE to:

Robin Hobal
9135 - 146 Street
Edmonton, AB T5R 4L5

Please make cheque payable to: Parkview Community League

Type of Membership: Family Household (One and Two-Parent) - \$40
 Adult Household - \$40
 Senior Household - \$10

NAME: _____

ADDRESS: _____ POSTAL CODE: _____

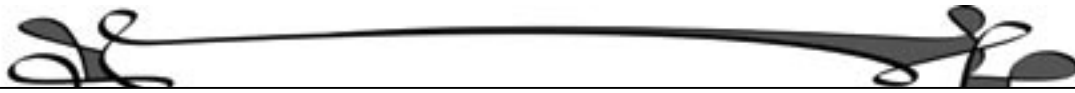
TELEPHONE: _____ EMAIL: _____

CHILDREN: _____ AGE: _____

_____ AGE: _____

_____ AGE: _____

I AM AVAILABLE TO ASSIST WITH COMMUNITY EVENTS? YES _____ NO _____



Vita Bella Restaurant

Upscale Italian Cuisine

15620-95 Avenue

Edmonton, Alberta T5P 0A4

Phone: 780 757-1088

Web: www.vitabellarestaurant.ca

Dinner Monday thru Thursday 5 PM to 10 PM

Friday and Saturday 5 PM to 11 PM



Wholesome Home Cooking Style.....Served and Presented Elegantly

ADD Support Group for Parents

A new ADD/ADHD support group for parents of school-aged children is being organized.

Please join us on **Thursday, January 13, 2011** at the **Lois Hole Library**. We are in the meeting room at this west-end library (17650 – 69 Avenue), from 7 to 9 pm.



Come out and share your concerns and experiences. We also hope that you will bring ideas as to how this group will be most valuable for parents.



Parkview Redevelopment Society

Shedding Light on Phase III

Donations Needed!

Charitable tax receipts for donations over \$20.

Long lasting recognition will be provided within the following plateaus:

Diamond

\$10,000 and up

Platinum

\$5,000 – \$9,999

Gold

\$1,000 – \$4,999

Silver

\$500 – \$999

Bronze

\$250 – \$499

Cheques payable to the Parkview Redevelopment Society.

Send to:
Parkview Redevelopment Society
c/o Val Bright
14019 - 90 Avenue
Edmonton, AB
T5R 4T7

Project Directors

- Chairperson, Nancy Davis nadavisfamily@mac.com or call 780-489-5191
- Treasurer, Val Bright, hallrentals@pvcl.ca or call 780-994-4337
- Communications, Louise Clarke, louiseclarke@shaw.ca, or call 780-481-2842.

Glimpses of sunlight and a view to the outdoors have dramatically changed the atmosphere inside the community hall. With four new windows and the replacement of the exit doors, the hall is much brighter inside and the long brick wall is no more. As the construction project moved ahead, it became apparent that it made sense to address the window installation prior to completing the awning. Community league executive approved the purchase and installation of windows.

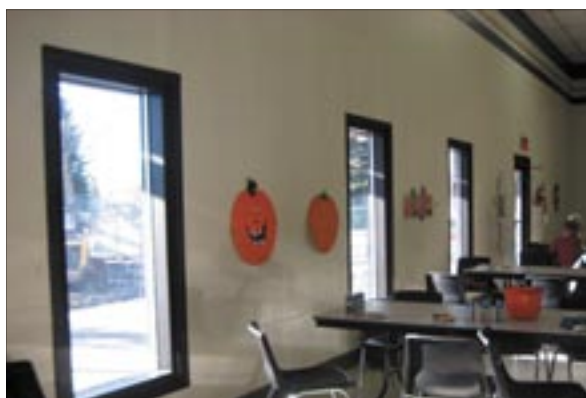
It was also when construction was well underway that a number of structural issues arose affecting original design plans. With the assistance of a structural engineer, design modifications were made to provide the best possible solutions.

While the construction has been slow going, many positive changes are complete with more still to come. The concrete walkways uniting the hall and patio area with the playground are poured. The awning is up and will be completed with the installation of overhead natural gas

heaters. Gas lines are also in place for the fire pit as well as a barbecue beside the southeast exit door. The fire pit, sod, plantings and final touches will be completed in spring. New picnic tables and benches also will be put into place for all to enjoy.

The Parkview Redevelopment Society extends its gratitude to the many people who supported this project and have been involved in getting the work completed. We also appreciate the community members who have provided their expertise and services to Phase III. Thank you to **Peter Rivers** of **PE Rivers & Associates** who donated \$1,000 in labour costs for structural engineering services. Once again, community members **Keven and Tami Lackey** of **Acclaimed Furnace Cleaning and Installation** have helped, donating all labor to install the outdoor canopy heaters. As well, community member **Ed Moroz** of **Derrick Concrete Cutting** helped out again and donated half of the costs for patio concrete cutting. The concrete cutting design adds pattern and visual interest to the new graphite coloured cement.

We will soon have a wonderful community space and look forward to summer with many opportunities to party on the patio and picnic in the park.



Pict 1: Oct 30, 2010 - New Windows and Doors are installed making our hall much brighter.



Pict 2: Oct 2010 - New Windows and Doors are installed with patio area is still under construction.

Parkview Redevelopment Society cont'd...



Out with the old, in with the new... With the completion of this last round of park enhancements, the current committee presiding over the park revitalization will be stepping down.

While so much has been transformed in the past several years, there are still a number of projects that need time, talent, energy and donations. There will be ongoing hall renovations such as painting and flooring, and eventually other renovation projects in the kitchen and bathrooms. There are also other significant projects such as the skate shack and rink improvements to consider.

All of the work done to date and planned for the future will better serve the wonderful families of Parkview. We are not just a neighbourhood, we are a vital family-oriented community. We invite you to be a part of future planning and progress that will continue to make Parkview a wonderful area in which to live.

If you want to want to be active in your community, or are able to help out with services or projects, please contact Val Bright at tvbright@shaw.ca as soon as possible.

Parkview Hall Rental

Your hall is available for all celebrations from weddings, for up to 250, to children birthday parties for 10. There is a stage for the band or hook up your computer's music to our speaker system. We have a kitchen to accommodate caterers or prepare the meals your self.

*Hall Rentals 780-994-4337 or
hallrentals@pvcl.ca*

*Visit our website for more details at
www.pvcl.ca*

Look for information on children parties complete with a Jump Thing !

Book Your Next Gathering at Parkview Hall !!!

Pledge Form

YES! I would like to support my community park redevelopment project.

Name: _____

Mailing Address: _____

_____ Postal code: _____

Phone: _____ E-mail: _____

Please use my name on recognition materials as follows to encourage others to donate:

I DO NOT want to have my name published in recognition materials and wish to remain anonymous

Name tax receipt should be issued to:

Your donation will be recognized according to the following categories:

BRONZE
\$250 – \$499

SILVER
\$500 – \$999

GOLD
\$1,000 – \$4,999

PLATINUM
\$5,000 – \$9,999

DIAMOND
\$10,000+

NOTE: Charitable tax receipts are issued for all donations over \$20.

Pledge Amount

YES, I would like to donate to this project:

TOTAL PLEDGE AMOUNT: \$ _____

Payment Cash Cheque VISA

Please make cheques payable to: *City of Edmonton*

Monthly payment amount (optional) \$ _____ Number of payments _____

(NOTE: \$50 min for monthly VISA installments)

Card number _____ Expiry date: _____

Signature: _____ Date: _____

Please complete if this contribution is:

In memory of: _____

In honour of/special occasion: _____

Thank you for your support

*Please forward pledge form and payment to:
Valerie Bright, Fundraising Coordinator
14019 - 90th Avenue, Edmonton, AB T5R 4T7*

Parkview/Valleyview Park

Thank You to ALL Redevelopment Donors for Your Support!

All donations \$20.00 and more are eligible as a tax deductible donation. A receipt will be issued by The City of Edmonton. New donations are denoted by bold type:

GOLD \$1000 - \$4999

Valerie and Tony Bright	*\$5200
Parkview Playschool	*\$3,600
Acclaimed Furnace Cleaning and Insulation	**\$3000
Gardiner-Wilson Family	*\$2,100
Sweetland Family in memory of Muriel Sweetland	*\$1,400
The Travis Family	\$1,000
Boyko Boys	\$1,000
Rourke Family	\$1,000
P.E. Rivers and Associates Ltd.	**\$1,000

SILVER \$500 - \$999

Lorna & Don Kramer	*\$850
The Gooding Family	*\$800
McCoy/Birk Family	*\$750
Jim Goertzen & Renee Goertzen	\$600

The Jakeway Family	*\$600	Edna Hansen	\$250
Derrick Concrete	**\$600	St. Timothy Church	\$200
Parkview Karate	\$520	Babiuk-Gibson Family	\$100

The Bowen Boys	\$500
Elizabeth Coenen	*\$500
Diane & Walter Konowalec	\$500
Lee Day & Gord Sawatzky	\$500
U18 Parkview Power Soccer Team	\$500

BRONZE \$250 - \$499

June M Kazel	\$250
Parkview School, Class of 1956-65	*\$400
Rod & Gwenne Tweddle	*\$450
The Jakeway Family	\$300
Matthew & Jane Davidson	\$300
Eric & Joan Cooke	\$250
Linda Medland Davis & Jeff Davis	*\$250
Barbara & Dalton Chute	\$250
John & Mary Jane McLaughlin	\$250
Marcia & Ronald Bercov	\$250
Shelly Duggan and Jaret Olsen	\$250

OTHER DONORS UP TO \$249

Beverley & Frank Farkas
Naidu-Barrett Parkview Soccer team
Parkview U5 Soccer Team
William and Wynne Edwards
The Clarke Family
Martha Dobbin
The Gladwin Family
Owen and Marilyn Jackson
The Patterson's
Violet Steinwant
The Vandenberg Family
Dr. Brian Yee & Family

Brian R Jones

*Reflects the cumulative amount of all donations received from this donor.

**Donations in Kind

Be recognized for your donations!

DONATION DEADLINE IS DECEMBER 15, 2010



Now is the time....If you have been thinking you should make a donation but just haven't gotten around to it, or you wish to ensure that your children's or family's name is up on the new recognition piece, now is the time to strike.

Get your name out there...Donation deadline is December 15, 2010. The new recognition wall will be unveiled following completion of the current phase. It is also the deadline to receive your tax-deductible receipt.

Donations of \$250 and more will be recognized on the permanent recognition wall. By adding to a previous donation, you may move to a new category simply by increasing your donation. For example, if you donated \$400, another \$100 donation would allow your name to be recognized in the Silver category. Tax deductible receipts are issued for donations of \$20 or more.

Make donations payable to:
Parkview Redevelopment Society
c/o Valerie Bright, Treasurer
14019 – 90 Avenue
Edmonton, AB T5R 4T7



Parkview Tot Time

2010 Halloween Memories - Happy, Haunted and Hectic!

By Stephanie Gregory
Tot Time Coordinator
parkviewtotime@pvcl.ca

Once again the **Community Halloween Party** hosted by Tot Time members had a great turnout and was enjoyed by over 80 children from our community. The event had activities for kids of all ages including a Haunted House complete with a crackling floor, squishy brains and goey guts, a tasty craft station to decorate ghost and pumpkin cookies, the photo station to capture the costumes and smiles of the day and the always popular bouncy castle. All who attended were welcome to enjoy some thing to eat and drink including a delicious bowl of chilli, fresh fruit and baked goods.

Tot Time members help to organize and host this event each year to give back and include the youth of the community in special activities. Without the support of the Parkview Community Board and the Tot Time Members the regular weekly sessions nor this event would be possible. So a big thanks goes out to all involved!

Tot Time continues to run on Tuesday mornings from 9:15 till 11:15 at the community hall. All children under the age of 4 are invited to join us to play, make crafts, have snacks and sing

songs. There is a \$1 fee per child to cover minimal costs associated with running the session. The fall session will end on December 14th with a celebration party.

We will resume again on January 4th, 2011. Please come join us as it is always nice to see new faces. If you have any questions, please feel free to contact Tot Time Coordinators via email at totime@pvcl.ca or call Andrea Archimowitz at 780-633-5490.



Calling all Volunteers!

With the retirement of some of our members and with the recent upgrades to our Community Hall, Parkview needs some fresh faces! Please volunteer and have fun, meet new people in your neighbourhood. Parkview is a great community and your Community League makes it better. Be a hero! Please pitch in and do your part for a better community! We are currently looking for:

- Traffic Liaison
- Volunteer Coordinator
- Tot Time Volunteers
- Soccer Coordinator - Outdoor Mini Teams
 - Soccer Equipment Coordinator
- Painters (doesn't need to be a professional)
- Engineering and Architectural Consultant
 - Accountant
 - Ice Rick Attendant
- Newsletter Advertising



If you are interested in any of the volunteer positions available please contact David Smith at 780-444-0217 or president@pvcl.ca

Fundraising opportunity



Does your service club or sports team need additional funding or want to take on a community service project?

Parkview Redevelopment Society would like to encourage recycling in the park by placing enviro-bins for refundable bottles and cans. The bins will need to be maintained on a regular basis, presenting an opportunity for clubs and teams to raise funds while also being community stewards.

In exchange for collecting bottles and cans, groups would be allowed to keep all refund money.

The time frames for which groups will be assigned will be determined based on the level of interest as well as the order in which requests are received.

If you are interested in being a part of this opportunity, please contact:

Val Bright at tvbright@shaw.ca

Louise Clarke at louiseclarke@shaw.ca

Parkview Playschool

Registration Night/AGM for 2011/12 School Year

By Laura Verbeek
Playschool President
laura.verbeek@gmail.com

Registration night will be held on **Wednesday, February 16, 2011 at 7:00 pm**. You will need to bring your contact information, Alberta Health Care number and your cheque book as we will require a non-refundable registration fee as well as post-dated cheques for the up-coming school year.

Parkview Playschool (located on the 2nd floor of Parkview Community Hall) provides programming for 3 and 4 year old children, primarily from the Parkview and Valleyview communities, although all children are welcome to apply, space permitting. As a parent of the cooperative program, there are a number of expectations:

- Roster duty (approximately once every 10-16 classes)
- One toy wash per year
- Fundraising
- Participation in special events and/or field trips



REGISTRATION POLICY

Prior to the Registration Night:

- Students currently registered in the program may secure their position in one of the programs.

On Registration Night:

- **First** – Priority will be given to siblings of children previously registered in the program residing within Parkview and Valleyview.
 - **Second** - Priority will be given to all new Parkview and Valleyview registrations.
 - **Third** - Priority will be given to siblings of children previously registered in the program from other communities.
 - **Fourth** - Priority will be given to registrations from all other communities.
 - **Fifth** – Children registering for the 3-year-old program must be three years of age and toilet trained by the first day of the school year. Registration of a child who turns 3 after the first school day and prior to Dec. 31, 2010 will be permitted, provided there is space in the program. However, this child will not be permitted to attend until he/she has had his/her third birthday and the space is secured with payment.
- **All registrations taken after Registration Night will be accepted in the order that they are received.**

4-Year-old Program Specifics

- Children must be four years of age by March 1st, 2012. This is the current entry deadline for the public school system.

FEES AND DAYS THAT THE PROGRAM WILL RUN TO BE ANNOUNCED.

3-Year-old Program Specifics

- Children must be three years of age and toilet-trained by the first day of school.

FEES AND DAYS THAT THE PROGRAM WILL RUN TO BE ANNOUNCED.

For more details contact our registrar Gareth Swinnerton 780-488-8665, or visit our website at <http://pvcl.ca/playschool>. We currently have spots available in our afternoon 3/4 year old class. Please contact Gareth for more information.



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Sep 14 - Dec 7/2010
Parkview Hall

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8:30 - 9:30 p.m.
Sep 16 - Dec 9/2010 (no class Nov11)
Parkview Hall

Price is \$100 for a 10 session punch card to be used by end of this session

Pre-register via email: Kerri at yoga@pvcl.ca

Cash or Cheque payable to PVCL (cheque preferred)

Instructor: Kerri Kaiser Gladwin, MPH, CEP

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Dress Comfortably. Bring a Yoga Mat and Water Bottle.

All profit goes to the Parkview Redevelopment Society to help complete Phase III

To keep up to date visit www.pvcl.ca/sports



Soccer Update: Co-ordinator Still Needed!

By Brian Mulder, Outdoor Soccer Coordinator
outdoorsoccer@pvcl.ca



At the newsletter deadline indoor soccer has just gotten under way. Thanks to all the coaches and team officials for making this happen again. And a special thanks to the indoor coordinator, Peter Dushenski, for taking on this role again.

Even though indoor soccer is just getting started a reminder that outdoor soccer registration usually takes place in February. Typically, the dates are not known in time to get them into the winter newsletter, but as soon as information is known the soccer section of the community website will have the latest information.

Outdoor soccer is still looking for some extra help! The current outdoor coordinator is back to work and is coaching the community novice hockey team and hence would like to spread some of the work around. A co-coordinator would be ideal in terms of learning what the job entails in preparation for the transition to taking over this role.

Please contact the outdoor coordinator using the information found on the contacts page on the inside cover of the newsletter.

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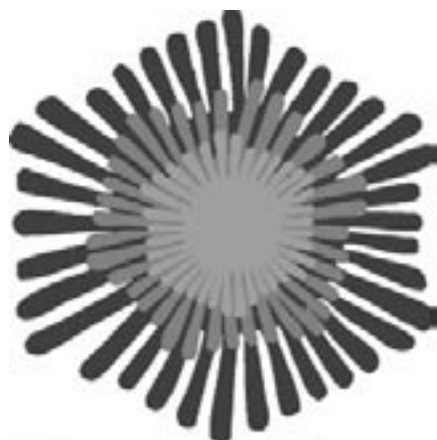
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9:15 am	☀	☀	☀	☀	☀		
10:15 am						☀	☀
11:30 am	☀		☀		☀		
1:30 pm						☀	☀
3:30 pm	☀	☀	☀	☀	☀	☀	☀
5:30 pm	☀	☀	☀	☀	☀		
7:30 pm	☀	☀	☀	☀			

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*Not Affiliated with Bikram Yoga Edmonton or Bikram Yoga Edmonton Downtown

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Programs for Adults in Parkview

In addition to some great sports programs we have in Parkview, we also have other some additional activities you maybe interested in! Please come out and join us at any of the programs or activities listed on this page. We look forward to seeing many of you out!

We always welcome your comments or feedback, please contact Tamra or Mike Simmons at simmons@shaw.ca.



PARKVIEW BOOK CLUB

WHEN: Monday evenings - December 6
January 17
February 21
March 28

TIME: 7:00 PM

WHERE: Boardroom at the Community Hall

Everyone welcome! If you enjoy reading a good book and an evening of conversation please join us! For more information contact Elizabeth Coenen at eecoe@shaw.ca.

PARKVIEW SCRAP BOOK CROP

Do you enjoy scrapbooking?

Would you like to come out and meet with other scrapbookers in your neighbourhood?

Please email Laura at laura.verbeek@gmail.com if you are interested in joining!



Thursday January 20th at 7:30pm, Brewster's Pub in Meadowlark

M.O.P. NIGHT

Attention Men Of Parkview!

Don't worry, you will not be expected to mop or clean anything. Many of the ladies of Parkview are able to meet and visit while chasing little ones around the playground, at the ice rinks, at Tot Time, or dropping or picking up at schools. These same opportunities tend to be a little rarer for many of the Men of Parkview. That is why we would like to initiate a MOP Night. You may be single, married, a father, retired, or all of these. Join neighbours and friends that you never seem to have the time to visit with, for an evening at **Brewster's Pub in Meadowlark**. The plan is to make this a recurring evening (we are aiming for the 3rd Thursday of every month) with our inaugural MOP Night scheduled for **Thursday January 20th at 7:30pm**. No need to RSVP, just drop by for a pop, beer, a bite to eat, good conversation, a few laughs, and even get to know your neighbours.

Bridge Club



Card players interested in playing bridge, please join us at Crestwood Community League on Thursdays afternoons at 1:00 p.m. from October 14th, 2010 to April 2011. Anyone interested please contact Teresa Feehan at 780-483-6473

Senior Card Sharks

Cards Anyone?

If you're a Senior who likes a friendly chat, great company and the challenge of a good card game, come out and meet the "Senior Sharks" in the Parkview Community League Hall at 1:00 p.m. on Wednesday afternoons. Learn the game of Wizard, enjoy a light snack and meet new people. Call Elen Jones at 780-483-8156 or June Bradley at 780-483-9475 for details

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Safety Corner

By Danae Kortmann-Watts
Community Safety Liaison
safety@pvcl.ca

Safety and crime prevention is a lot of things you might not think of; it's more than just locks, alarms and keeping an eye open for suspicious characters. Each of us is involved in crime prevention activities in our daily lives. Reaching out to new neighbours, making them feel like they belong; mentoring children and youth or acting as good role models as community volunteers; coaching recreational sports teams; helping seniors living nearby by shoveling their walk or keeping their lawn mowed. All these activities contribute to making our community safe and healthy.

This safety corner will focus on safety tips for you, your family, property and our community.

Personal Safety

Protecting yourself is just as important as protecting your home or property. Here are a few things to remember:

- Pick safe routes to get to your destination.
- At night, take routes that are well lit and have other people in the area.
- If you're using transit, stand or ride near others - do not isolate yourself.
- Walk/run with others if possible.
- If you're carrying small personal electronics, like an iPod, conceal it under your clothes.

Property and Home Safety

Your home is the most valuable asset you have and it is worth protecting. Here are some tips to help you keep your home safe:

- If out of the house for an extended period of time, create the illusion that someone may still be home. Leave a TV or stereo on in the room where a burglar would most likely break in. Use exterior lighting and motion detectors to minimize burglar concealment.

- Make sure all exterior doors have good proper locks.
- If you get an unexpected knock at the door, check to see who it is before opening it.
- Do not leave extra keys under doormats, potted plants or any other obvious outdoor location. Thieves will generally find them. Find an inconspicuous place to hide the keys, or give a set to a neighbor you can trust.
- Burglar-proof your glass patio doors by setting a pipe or metal bar in the middle bottom track of the door slide. The pipe should be the same length as the track.
- Keep garage doors shut and automatic door openers out of site.
- Keep drapes and blinds shut - especially in rooms where there is expensive equipment. Don't advertise the items in your home.

Community Safety

The most important way to keep Parkview safe is to **WORK TOGETHER!**



- Get to know your neighbors and their children so you can look out for one another.
- Watch out for suspicious and unusual behavior in our neighborhood and **REPORT** anything you think may be suspicious

to the police complaint line – even if you think it is petty, it is important... it will bring awareness to Police so they can deal with the issues accordingly.

- Examples of things to report to the Police Complaint Line (780-423-4567) are:
 - o Theft and/or Mischief
 - o Break and Enters into homes/businesses/garages/vehicles

Continued on Page 27



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Safety Corner - cont'd

- o Disturbances/Noise complaints
- o Property damage collisions where vehicles are not driveable
- o Parking Offences/abandoned autos
- o Neighbour/Family disputes
- o Suspicious persons/vehicles
- o Suspicious folks wandering/scouting the neighbourhood

Holiday Crime Prevention Tips At Home

With Christmas just around the corner here are some tips to ensure you and your family have a safe and happy holiday.

- Keep the outside of your home well lit with doors locked and window curtains closed.
- Don't display gifts beneath the Christmas tree that can be seen from windows or doors.
- After the holidays, don't advertise gifts received by the boxes left for the garbage collection. Destroy boxes and place in a sealed, non-clear garbage bag.

Have a safe and happy holiday!!



Traffic Safety Act, Use of Highway Regulations & Parking Violations and Fines:

- Pass school bus with alternating flashing red lamps, **\$345.00**
- Making illegal U-turns (3 Demerits), **\$115.00**
- Backing a vehicle into an intersection/crosswalk (3 Demerits), **\$115.00**
- Failing to stop (at a stop sign), **\$ 287.00**
- Failing to yield to a pedestrian (or school patroller) in a crosswalk (3 Demerits), **\$575.00**
- Overtake/pass another MV stopped at Crosswalk, **\$575.00**
- Passing in a school / playground zone, **\$172.00**
- Open Motor Vehicle door when unsafe, **\$115.00**

City Bylaw 5590 Violations and Fines:

- Jaywalking, **\$250.00**
- Stopping/parking within school bus zone or transit zone, **\$50.00**
- Stopping in a marked "No Stopping" zone, **\$50.00**
- Parking in a marked "No Parking" zone, **\$50.00**
- Park on a crosswalk, **\$50.00**
- Stopping/parking on, or within 5 meters of, a crosswalk, **\$50.00**
- Stopping/parking within 5 meters of a stop/yield sign/fire hydrant, **\$50.00**
- Stopping/parking within 1.5 meters of a private driveway, **\$50.00**
- Park obstructing the movement of traffic, **\$50.00**

EPS will be conducting Enforcement !!

POTENTIAL DANGERS

CAUSED BY MOTORISTS AROUND SCHOOLS

(These motorists are usually parents picking up or dropping off their children.)

- Illegal U-turns (intersections, crosswalks, etc.)
- Parking in no parking / stopping zones
- Parking or stopping in school bus zones
- Dropping students off in the middle of a road or intersection
- Parking in, or within 5 meters of, a crosswalk
- Backing up unsafely into an intersection or crosswalk
- Failing to signal
- Encouraging jaywalking
- Parking in the staff parking lot during school hours
- Parking or stopping on the wrong side of the street - facing oncoming traffic

PEDESTRIAN RESPONSIBILITIES

Pedestrians (including children) have responsibilities as well.

- Always cross the street at crosswalks or intersections
- Obey the AMA school patrollers
- Never jaywalk
- Be visible; make eye contact with the driver. Never assume the driver sees you
- Use the point, pause and proceed method of crossing the street
- Always look for another approaching vehicle when the first one has stopped for you

How much is my home worth?



If you are considering selling your home now or in the near future,

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Holiday Stress: Ten Tips for Staying Sane During the Holidays



Let's face it: as joyful as the holidays can be, they can also be the source of anxiety, frustration, holiday depression (also known as the familiar "holiday blues"), and the ever-popular five-pound weight gain.

Holiday Stress and...Belly Fat???

And we're not talking your ordinary, garden-variety weight gain here! According to the experts, stress causes your body to send damaging hormones, including cortisol, coursing through your system. Excess cortisol is believed to cause your body to store belly fat, the adipose tissue most likely to damage your heart and other organs. Oh good, just what we needed....

The good news: you can change this dynamic by taking control of your life – and your days. The following tips should help you beat holiday stress, and just maybe find an easier way to navigate the coming year.

- 1. Pamper yourself.** If there were ever a time to get a massage, this is it. Book one for December (to diffuse the "I have four weeks of stuff to get done by this Saturday" crazies) and one in January (for blissful recovery). Dark chocolate and red wine are also effective – and healthy! – approaches to pampering, especially when shared with others. (Avoid imbibing in the closet by yourself – this could signal other problems....)
- 2. Move.** Focus on fitness, rather than worrying about fatness – rev up your metabolism w/ aerobic and strengthening exercises. Ready to try something new? Head to the local public library for some exercise DVDs. Many routines can be adapted to sitting movement. Mall crawling only counts if you're moving really fast – no stopping for pedestrians who got in the way of your wheelchair!
- 3. Hang out with happy friends.** Go for quality rather than quantity in your social life: during the holidays, hang out only with friends who make you laugh, feed your soul, or in other ways delight you. You'll have plenty of time for your other friends in February.
- 4. Volunteer.** Give your community the gift of you, even if all you can volunteer is a smile or a compliment. Consider volunteering at a local charity. In addition to benefitting from what experts identify as "helpers' high," you may also meet new friends and make lasting connections that will enrich your life throughout the entire year.
- 5. Play with your food.** Lighten up family favorites, do a recipe "makeover." Figure out what you want to eat and enjoy it – then ignore the rest of the buffet table. Use smaller plates for smaller portions. Stick to your healthy foods, even if you add the occasional holiday splurge – this will make it easier to resume your healthy lifestyle in January. Then if,

after following all these great strategies, you still gain that three to five pounds everybody else but supermodels packs on over the holidays, know you made your best effort and the pounds will go away soon enough.

6. Rethink gift-giving. Make gift-giving as easy as possible. That may mean giving fewer gifts, doing all your shopping online, paying the local mall group a few dollars to wrap your packages for you, or perhaps making modest online donations to the favorite causes of friends and family. Although rumor has it there are hardy souls who actually love to search for, find, and exquisitely wrap just the right gift for their friends and family, most of the rest of us spend our time agonizing about what to get for whom. Consider instead that the real gift you give is of your time – this is the gift that creates memories, the gift that lasts for a lifetime.

7. Laugh. According to researchers at California's Loma Linda University, just anticipating having a good laugh "significantly decreases levels of the stress hormones dopac, cortisol, and epinephrine. Cortisol? Hot damn, there goes the belly fat! But seriously, laughter is life's gentlest means of easing our fears and anxieties and frustrations – and over the holidays, our most precious commodity. Where to get started? Consider renting two of the season's funniest movies, "A Christmas Story" and "National Lampoon's Christmas Vacation."

8. Sleep. Try for eight hours, make sure you get at least seven. For people with disabilities, who may already have compromised immune systems, a lack of sleep can have devastating – and long-term – consequences. But even if that weren't the case, missing your shut-eye will result in exhaustion, depression, and general crankiness, which you might as well save for February when you're already got a great reason for feeling depressed and cranky!

9. Say no. Remember, "no" is a complete sentence. No, nada, nope, that doesn't work for me. Consider this an absolute necessity for protecting your health and sanity during the holidays (although it works pretty well through the rest of the year, too!).

10. Cut yourself some slack. How many ways can you say "guilt?" You didn't get the cards sent, you only made one batch of fudge, you had the rum eggnog and the dozen peanut butter brownies, and the gifts you finally got mailed off to your brother's kids will probably be there by New Year's. Cause for guilt? Nope – cause for celebration. It just means you're a completely normal, dues-paying member of the human race, and you wisely decided the holidays should be not about stress, but about joy. Congratulations!





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*Helping newborns
to seniors*



Is Your Rink Ready for Winter?

With only a few months before the snow flies, turf mowing crews will be through neighbourhoods cutting grass. Community Leagues wishing to have the inside of the rink boards cut must have access made available for the equipment. This access should be at ground level. Please remove a section of rink boards, open gates and supply keys so we can gain access. Please contact Josh at 780-496-7325 to arrange for a time for cutting the rinks.

Ice Making Workshop 2010: Ice Making and Routine Maintenance of Outdoor Rinks



Thursday November 18, 2010

6:00 – 9:00 p.m.

Spruce Avenue Community Hall 10240 115 Ave

Receive hands on training and tips to help you with your local rink.

Cost: Free!!

A light supper will be provided

Please dress for the weather - You will be outside for a portion of the training!

Priority will be given to those who are attending the workshop for the first time.

To register, contact: NCDEastEvents@edmonton.ca
Please indicate if you are a first time attendee of the workshop when registering.

For more information, call Rocky Pilisko 780-496-3782

Equipment Readiness

- Ensure all power equipment has been serviced prior to the first snowfall.
- Ensure all hose leaks are eliminated and flooding nozzles are fully functional.
- Ensure all rink lights are fully functional.

Have a great ice making season!

Preschool Learn to Skate Lessons Winter 2011



The program is designed for children aged 4-6 yrs old who have never skated before. This program offers learn to skate instruction for your Preschooler. We'll focus on fun, participation, achievement, some songs, and of course the basics of

ice-skating. Canadian Standards Association Hockey helmet is a must for child! Parents are welcome to join children on the ice but it is not required.

Callingwood Arena - Vern Davis Rink

17760 69 Avenue

January 17 to March 14 (excluding Family Day)

Mondays

10:30 to 11:00 am (362226)

11:00 to 11:30 am (362227)

11:30 to noon (362228)

Crestwood Arena

9940 147 Street

January 20 to March 17 (No program March 3)

Thursdays

10:30 to 11:00 am (362231)

11:00 to 11:30 (362232)

11:30 to noon (362233)

Castledowns Arena A

11520 153 Avenue

January 20 to March 17 (No program March 3)

Thursdays

12:45-1:15 pm (362234)

1:15 to 1:45 pm (362235)

1:45 pm to 2:15 pm (362236)

\$30 for each 8 week session

REGISTRATION INFORMATION:

By Phone: 311

By Fax: 496-8753

On line: eReg.edmonton.ca

In Person: Any City of Edmonton Leisure Centre



**SNOW SHOVELLING/YARD WORK & HOME SERVICES FOR SENIORS
CONTACT LIST OF SENIOR-SERVICE AGENCIES
2010-11**

<i>CONTACT PERSON & AGENCY</i>	<i>SERVICES OFFERED</i>	<i>REQUIREMENTS TO ACCESS SERVICES</i>	<i>AREA COVERED</i>	<i>ADDRESS</i>	<i>PHONE # FAX #</i>
Lifestyle Helping Hands Seniors Association:	Snow removal, yard work, odd jobs, volunteer drivers and outreach services as may be available	Must be a member to access home help services & be matched with a worker. Annual membership is \$10 per individual, \$15 per couple	South of river & West of 104 Street	10740-19 Avenue T6J 6W9	450-2113 Office Hours Weekdays 11a.m. – 3p.m.
Westend Seniors Activity Centre:	Snow removal, yard work, housekeeping and other outreach services as may be available	No membership fee is required. Senior is referred to private contractor(s). Senior negotiates and pays contractor directly for services	West Edmonton	9629 – 176 Street T5T 6B3	Phone #483-1209 Fax #484-7738
SAGE (Seniors Association of Greater Edmonton):	Snow removal, yard work, housekeeping, handyman services, moving services & other home maintenance resources as requested by seniors	SAGE membership is <u>not</u> required. Seniors are provided with home maintenance contacts from list of screened contractors. Payment for services is negotiated between the senior and the contractor	City-wide	#15 Sir Winston Churchill Square T5J 2E5	Phone #780-701-9011
Seniors Caring About Seniors:	Snow removal, yard work, house work, odd jobs and driving	Must be a member to access home help services & be matched with a worker. Annual membership is \$10	South of the river only	7814 – 83 Street T6C 2Y8	Phone #465-0311

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Every Month



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excluding tobacco and freezer orders



ANDY'S VALLEYVIEW

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483-1525

Parkview Christmas Craft and Bake Sale

Saturday, November 20 10 am - 4 pm
Parkview Community Hall 9135 - 146 Street

Ukranian and Italian Homemade Lunch
11:30 - 2 pm

Help
decorate a
gingerbread house



Free Sleigh Rides



11 - 2 pm

Visit Santa Claus



1 - 3 pm

Coloring
Contest



Marshmallow Roast
11 - 3pm

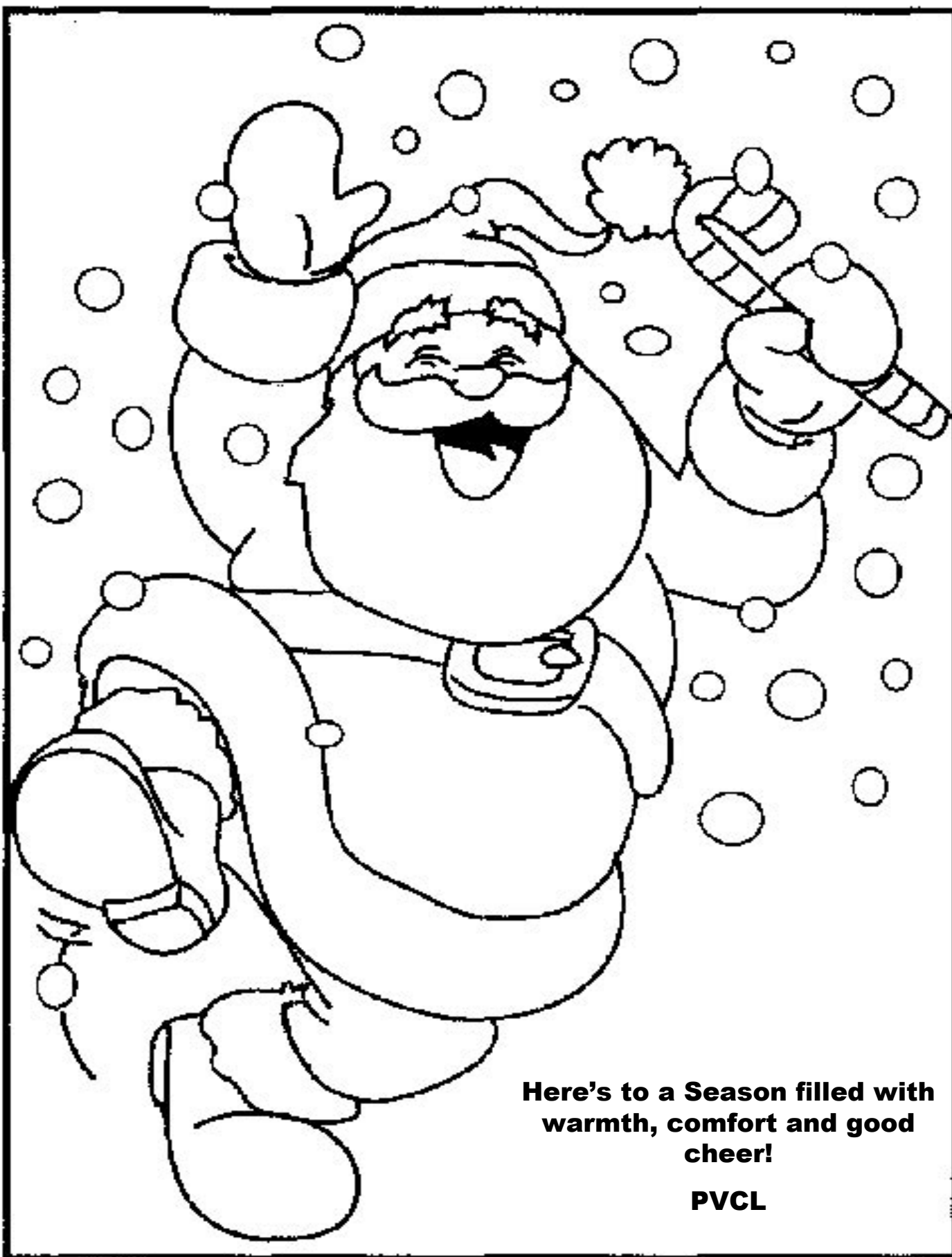
There are still tables available - Book Today!

Please consider a donation of baking, or volunteering to help out at this event. Your contributions will be most appreciated.

For further information, bookings, or to volunteer, contact Val Bright

ph: 780-994-4337

email: hallrentals@pvcl.ca



**Here's to a Season filled with
warmth, comfort and good
cheer!**

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