

white 2007

City Begins Scouting West LRT Routes Parkview Alianment Possible

By Lloyd Mildon

Ingineers who are looking for preliminary West LRT routes say they have identified two main routes – each with a number of variations – as they search for a way to place the West LRT.

Although any actual construction is years away, preliminary planning has identified several alternatives and has already ruled out one possible alignment.

All the plans begin at Lewis Estates and travel East down 87th avenue past West Edmonton Mall and the Misericordia Hospital. The question facing planners and engineers is where to go next to get the LRT downtown.

The route that has been crossed off the list is the so-called "North Route", which would have seen the LRT turn north on 156th Street to 107th Avenue, then East to downtown. Prelimi-

nary assessments showed the route was too long, required too much land acquisition, and would not generate enough ridership.

Remaining on the table are two alternatives. The

"South Route" would see the LRT turn south at 87th Avenue and 149th Street: on it's way to hook up with the Whitemud freeway. Once on the Whitemud it would cross on a new bridge beside the Ouesnell Bridge, turn onto Fox Drive, and then up a "flyover" overpass up to the University south-campus (formerly the University farm). Passengers

would then transfer to the

"downtown" line

The "Middle Route" would continue East on 87th Avenue to the traffic circle on 142nd Street. At that point it could cut through two or three blocks of houses, continuing across the river on a bank-to-bank

than t h e High e v e l Bridge. But in an effort to reduce neighbourhood disruption the engineers are seriously considering a tunnel that would begin at the traffic circle and descend under the houses in Valleyview. Instead of a high-level style of bridge

viaduct that

would be

longer

Cont'd on page 4

the LRT would cross on a

shorter, lower bridge using

a tunnel-to-tunnel style similar to the current LRT river crossing. On the South side of the river the tunnel would run under University Avenue before turning North to connect with the Health Sciences station.

What's New

Community League Contacts2
Parkview Redevelopment Society3
LRT Routes cont'd4
Community League Calendar5
Outdoor Soccer Registration6
President's Message7
Looking for Casino Volunteers7
Membership has its Benefits!8
Arctic Adventure Camps9
Thank you from the Community!10
What Age Can Child Be Left Home
Alone?11
Park Donor List12
Volunteer Appreciation Night13
Special Thank you13
TCM and Accupuncture Benefits18
Parkview Playschool19

Christmas Craft & Bake Sale......21

Free Public Skate.....23

Parkview/Valleyview Community League Contacts

9135 - 146 Street, Edmonton, Alberta T5R 4L5 483-2098

Position	Name	Phone	Email
President	D. MIL	402 0201	2 21 01
Vice President/ Building Coordinator		483-8391	lloyd1390/@shaw.ca
Past President Secretary	Michele Wedemire		
Treasurer			
Basketball Coordinator	•		-
Casino Coordinator			•
Hall Rentals / Facility Operations			
Community Recreation Coordinator.			
Craft Sale Coordinator	_		_
Fundraising Coordinator	Val Bright	486-4337	tvbright@shaw.ca
Indoor Soccer Coordinator	Karen Smegal	483-4803	carsntrux@shaw.ca
Membership Coordinator	Wendy Sweetland	481-2224	hwsweetland@shaw.ca
Newsletter Advertising	Allan Davis	489-5191	nadavisfamily@mac.com
Newsletter Distribution	Christina Froberg	454-5040 chr	istinafroberg@hotmail.com
Newsletter/Website Editor	Wendy Travis	483-9596	wendy.travis@shaw.ca
Playschool Contact	Tami Lackey		
Outdoor Soccer Coordinator	Yvonne Seethram	483-2098 ext. 2.	paribus@shaw.ca
Parkview (Playground)			•
Redevelopment Society	Nancy Davis	489-5191	nadavisfamily@mac.com
Security Clearance			-
Tot Time			-
	Brenda McDonald Abbott		
	Laura Verbeek	455-9940	. lmcverbeek@hotmail.com
	Erika Bealer		
Art Club			The second of th
Girl Guide Coordinator			
Karate Instructor			
Senior Sharks Coordinator			
Tai Chi			
Adult Programs Coordinator		101-2000	
Traffic Liaison			
Special Events Coordinator	VACANT		

Beginner Dog Obedience Class

at the Parkview Community League Hall January 7th, 2008 to February 11th, 2008 7:00 p.m. to 8:00 p.m.

Cost: \$60.00

Fundamentals of heeling, sit-stay, down-stay, stand and come.

To register email Rita Mildon at ritamildon@shaw.ca



Newsletter Deadlines

The Parkview/Valleyview Community League newsletter is published four times a year and distributed to members of the community league.

The advertising and copy deadlines are:

Spring: February 1 Summer: April 1 Fall: August 1 Winter: November 1

Advertising Rates:

Full back page\$200 (7 ¼" wide by 9" deep)

Full inside page\$150 (7 ¼" wide by 9" deep)

Half page\$75 (3 ½" wide by 9" deep or 7 ¼" wide by 4 ½" deep)

Third page\$50 (7 1/4" wide by 3" deep)

Quarter page\$40 (3 ½" wide by 4 ½" deep)

Business card\$15 (3 ½" wide by 2" deep)

Please note that we do not accept advertising inserts.

To submit articles contact:

Wendy Travis wendy.travis@shaw.ca

To place ads contact:

Allan Davis nadavisfamily@mac.com

Parkview Redevelopment Society

IGA Gift Certificates

- Your purchase returns 15% to the redevelopment project.
- You buy \$100.00 you get \$100.00 in groceries.
- Certificates can be used at all IGA/Sobeys stores in Canada. No expiry date.
- Contact Tracie Millar at jtmillar@telusplanet.net

Donations Needed!

Charitable tax receipts for donations over \$20. Long lasting recognition will be provided within the following plateaus:

- \$250 499.00
- \$500 999.00
- \$1,000 4,999.00
- \$5,000 9,999.00
- \$10,000.00 +

Cheques payable to the City of Edmonton.

Send to:
Parkview Redevelopment
Society
°/o Val Bright
9016 – 141 Street
T5R 0L2

Project Directors

- Co-chair, Ann Sinnott, annsinnott@shaw.ca or call 487-2165
- Co-chair, NancyDavis nadavisfamily@mac. com or call 489-5191
- Treasurer, Val Bright, tvbright@shaw.ca or call 486-4337
- Communications, Louise Clarke, call 481-2842 or louiseclarke@shaw.ca

Redevelopment Update:

The new Parkview playground quietly opened September 22. The gates were removed and the kids moved in!

"It is fantastic to see the playground teaming with kids of all ages," said Nancy Davis. "It is testimony to a playground designed to offer activities for all."

Ann Sinnott adds, "The kids love to run over the hill and we'll look forward to to-bogganing this winter."

Although the main playground is finished, there are some details to complete such as benches and trash cans, additional landscaping and signage. Through this project, pathways and landscaping around the park have been improved. As well, the main entry doors are now panel-activated for accessibility, and a ramp will follow.

As promised, formal recognition for monetary contributions is in the works. There will also be an official grand opening event in Spring 2008 to thank everyone who has supported the project in so many different ways.

As we ride high on the success of the playground, we hope to see continued community support for the second phase of improvements. However, we are uncertain at this point of how the project will unfold. The committee is still awaiting decisions from Alberta Lotteries regarding the Major Community Facilities Program, as well as several other granting

sources. If grant funding is received, phase II and II plans we be revisited. Plans for the next phase include parking lot removal and relocation, repositioning of basketball courts, indoor washroom accessibility, connecting pathways from playground to the hall, and an outdoor social recreational area. Phase III plans include water spray park and perimeter trail. In order to accomplish phase III plans, substantial additional funding is required.

Until further funding is received and additional people are committed to the planning and execution of the park project, further work will be limited. Any outstanding funds and future donations will be used for smaller projects identified by the community.

If you want to be a part of it, please call Nancy Davis or Val Bright to see how you can help.

Mark Your Calendar

Christmas Craft and Bake Sale — November 24

his is the perfect time of year to pick up a special Christmas gift for someone, to stock up on Christmas baking or to enjoy a day shopping with friends. If interested in donating baking for our bake table or purchasing a table to sell your wares,

please contact Val Bright at 486-4337 or by email at tvbright@shaw.ca. See page 12 for more information.



LRT Routes cont'd

There are a number of different variations to both the "South Route" and the "Middle Route". In fact, there are a total of eight sub-proposals (four for each of the two routes) involving minor changes in routing, bridge location and similar

Parkview President Rita Mildon is generally supportive of the plans, with one caveat. "The bank-tobank surface viaduct alignment would be a disaster for Parkview. It would slash through a mature neighbourhood, resulting in the demolition of houses, noise and the disruption of traffic patterns." But she was less critical of the tunnel proposals. "All great cities have great transit systems, and the tunnel alignments preserve the integrity of our community. Of course, if the LRT goes down Fox

Drive then Parkview will be untouched, so it's still pretty much up in the air. But we can't take a 'NIMBY' attitude."

Winter 2007

Hassan Shaheen of ISL Engineering was careful to point out that "everything is still on the table" and that no decisions had been made at this early date. "We have a lot of work to do before we even begin to narrow things down." he said.

As for ultimate construction of the LRT, city officials have said it all boils down to something they don't control...money. Brice Stephenson, the city's head of transportation planning, has refused to say if the West LRT is five, ten or 20 years away. "It all depends on when we get the funding." he says.

Parkview Hall Karate Program



www.Renshinkai.com

Last Session's Highlights

- Successful Summer Program
- September Open house
- Seminars with Ground Expert Rick Wilson
- Many New Students

Winter term begins January 8, 2008

New students welcome year round!

Try our program
for 2
weeks FREE

"Kanbun Uechi Kata Tournament" in November. At Parkview Hall All Visitors Welcome!

Ask about out special offer on karate uniforms.

Parkview Community League

Event Calendar 2007-08

November

Community League Meeting 3rd Wednesday of the month Christmas Craft and Bake Sale - November 24

December

Casino at WEM December 19-20

Community League Meeting 3rd Wednesday of the month

January

Community League Meeting 3rd Wednesday of the month

February

Spring Newsletter Deadline February 1st

Volunteer Appreciation Night February 23

Outdoor Soccer Registration February 24 and 25

Community League Meeting 3rd Wednesday of the month

March

Community League Meeting 3rd Wednesday of the month

April

Summer Newsletter Deadline April 1st

Community League Meeting 3rd Wednesday of the month

May

Community League AGM 3rd Wednesday of the month

June

No Community League Meetings

July

No Community League Meetings

August

Fall Newsletter Deadline August ^{1st}

No Community League Meetings

September

Community League Meeting 3rd Wednesday of the month

Local Programs start:

- Scouts
- Tot Time
- Indoor Soccer Registration
- · Basketball Registration

October

Community League Meeting 3rd Wednesday of the month Tot Time Halloween Party



Every mile is two in winter. ~George Herbert

Chirocare Centre

Yelena Grabko R.Ac.

Registered Acupuncturist, TCM Practitioner

Acupuncture, Acupressure Chinese Herbal Remedies

Headache, Migraine, Sleep Disorders,
Insomnia, Stress, Anxiety,
Joint / Muscle Pain, Arthritis,
P ost-trauma Rehabilitation, PMS,
Pre-Menopausal Syndrome, Eating Disorders
Non Surgical Facelift

For Your Free Consultation Call: 487-5151

Meadowlark Professional Building (Main Floor) 8704 C – Meadowlark Road

2008 Outdoor Soccer Registration Information

Sunday, February 24, 2008 at 3:00 p.m. to 5:00 p.m.

Monday, February 25, 2008 at 7:00 p.m. to 9:00 p.m.

at Parkview Community League

Required Information:

- Have an active community league membership,
- Alberta Health Care number,
- Proof of age, address, phone number,
- Emergency contact,

- List of any health concern,
- List of 3 players your child would like to play with no guarantees can be made.

3 Cheques Also Required:

- Registration cheque;
- Uniform deposit cheque of \$50.00 for each child, dated July 1, 2008;
- Volunteer deposit cheque of \$100.00 dated December 31, 2008 (1 per family).

A \$30.00 late registration fee will apply to all late registrations.

Please ensure to bring all the required information as incomplete registration cannot be accepted.

If you have any questions please contact Yvonne at 483-2098 ext. 2 or paribus@shaw.ca. Please no calls at home!







10244 123 street Edmonton, AB ♦ T5N 1N4 phone 451-7557 ♦ fax 451-5075 www.theestatehouse.ca Season's Greetings from The Estate House

The Estate House is a law firm dedicated to Wills and Estates.

Wills ♦ Estate Planning ♦ Trusts ♦ Estates & Probate

President's Message

Parkview Goes To The Dogs - Literally

Rita Mildon President

ou may remember a while ago that we looked at the City census and discovered that there were plenty of families in Parkview that did not have any children at all, or if they did have children, they were older. It became clear to us that all these youth programs we have at the community league - while terrific - are missing a pretty big slice of the community. We wanted to see if there was anything that we could do to "cast our net a little wider", as it were.

So here's a start...Parkview Community League is sponsoring, for the first time, a beginner dog obedience class entitled "Yes You Can Teach An Old Dog New Tricks... And Young Dogs Too". This

course will teach your dog (and you) the fundamentals of heeling, sit-stay, downstay, stand for examination and...most important of all... come when called. Time will also be set aside for dealing with any other issues you and your canine family member may have. This is a six-week course (one hour per week) that will be taught inside the hall by one of the foremost canine experts in the Edmonton area, Diane Lynas. Diane has over 14 years experience teaching all breeds of dogs, has been a canine 4-H leader for 8 years, and is a certified obedience

This is one class I am go-

iudge with the Canadian

Kennel Club, a position she

has held for over 6 years.

ing to be at!! We have two dogs in our house, both of them small poodles. Toby is pretty docile, but Calvin is our rocket-powered dog who charges out the door as soon as it opens and chases

cars without any thought. I'm relying on Diane to put the brakes on Calvin. This is a terrific opportunity and I hope to see plenty of us there.

The cost of the six-week ses-

sion is only \$60-dollars. The sessions will run from 7:00 p.m. until 8:00 p.m., every Monday beginning January 7th and ending February 11th. To register please contact me by email (ritamildon@shaw.ca).



This is also the last message I will be sending out before the holiday season. To the volunteers who give so unselfishly of themselves I want to extend a huge "Thank You" for all their hard work to make Parkview such a terrific place to live. To my neighbors in Parkview, and on behalf of everyone at the Parkview Community League (and the Parkview Redevelopment Society) please accept my sincere best wishes for good health, happiness and a wonderful new year filled with Love

Looking for Casino Volunteers

Parkview Community League is hosting a casino on December 19-20 at the Palace Casino, West Edmonton Mall. Casino organizer, Brenda Mc-Donald, needs volunteers for a few shifts on each day, for various positions.

This event is important because the funds raised at this event keep the hall running, the skating rink operational as well as other day-to-day costs for the community league.

To volunteer or to get more information about this event, please check the website at www.pvcl.ca or contact Brenda McDonald at 486-9079 or by email family.mcdonald@shaw.ca.



Community League Membership has its Benefits!

By becoming a member of your Community League, you have demonstrated your community.

Some Community League Membership Benefits include:

• Free community swim for one hour on Sundays from 5-6 p.m. at Jasper Place Pool,

- Free public skating at selected City of Edmonton indoor rinks (see page 23 of this newsletter for more information),
- Outdoor skating rink access,
- Children's Halloween and Christmas parties,
- Weekly Tot Time program,
- Seniors Card Sharks afternoon

**Memberships are required for community sponsored programs.

Please note that memberships are now available online at www.pvcl.ca. Or, you can mail or drop off the form below to Wendy Sweetland, 9007-143 Street, Edmonton, Alberta, T5R OP3

Memberships are also available at registration for the following programs: Sparks, Brownies, Guides, Karate, Tot Time, Senior Card Sharks, Indoor Soccer, Basketball, or Playschool.

	Wendy Sweetland 9007-143 Street Edmonton, Alberta	EQUE to:					
	T5R 0P3						
	Cheque made payable to: Parkview Community	y League					
Type of Membership: _	hip: Two Parent Family - \$40.00 Adult household - \$20.00 Senior household - \$5.00						
NAME:							
ADDRESS:	POSTAL CODE:						
TELEPHONE:	EMAIL:						
CHILDREN:		AGE:					
		AGE:					
		AGE:					

Arctic Adventure Camps



Cost: \$40 per child \$60.00 per child

Code: 272954 272955

Who: Children age 6-12 years

When: 9:00 am - 4:00 pm

Early drop off (8-9 am) and late pick up (4-5 pm) supervision is available

Parkview Community League 9135 - 146 Street

Are you ready for adventure? We'll do crafts, play some great games and enjoy some outdoor activities like snowshoeing.







For more information or to register in this program please call our registration line at 496-4999 or in person at any City of Edmonton Leisure Centre or visit us on the web at http://Ereg.edmonton.ca



Thank you from the Community!

To Redevelopment Committee and Volunteers

Wendy Travis
Newsletter Editor

a big thank you to the entire Redevelopment Committee and all of the Volunteers involved in putting up the playground structures this past summer.

The Principal of Parkview

school, Mr. Scott Millar, told me the other day that he's positive that the new

park is a big hit with **all** of the children at the school!

As well, I received the letter below, addressed to the

President of the Community League:

"Dear Mr/Ms President Parkview Community League

> I would very much like to thank you for giving parkview school the most wonderful park. I am glad to say that

every kid ran as fast as they could to get to the park.

Speaking for the whole elementary we will never grow tired of using this park. The enthusiasm of the kids after school has grow by kids asking there parents to go to the park with there friends instead of going home including myself."

Victoria Mathieson



At What Age Can My Child Be Left Home Alone?

Tracey Warren Child Safe Canada

This is the question asked to Child Safe Canada by thousands of parents every year. The age at which children in Canada can be left at home alone for reasonable and short periods of time varies from province to province, ranging anywhere from approximately 10 to 12 years. There is no legislation in Alberta that determines an age at which a child may safely be left home alone. Alberta has placed that decision into the parent's or guardian's hands (assuming they are not placing a child in harm's way).

Further to these expectations, all parents or guardians hold the responsibility to assess the risks and benefits to the child and make a responsible and safe choice regarding when the child can safely begin staying home alone. Alberta's Child, Youth, and Family Enhancement Act explains that if a child's safety is endangered by being left home alone that child may be considered neglected. This neglect would be determined by assessing the length of time the child is being left alone, the child's maturity level, knowledge, responsibilities, available resources, length of time left alone, frequency, and degree of isolation while being left alone. There may then, be intervention by child protection if a child is left for extended periods of time, if a child is not thought to be mature enough to act responsibly in an emergency situation, or if the child has been left have alone with

home alone without being empowered with
formal or informal home
alone safety
skills. It is
the responsibility of
the parent to
ensure that a child will

have the skills and resources to react appropriately in an emergency situation. The home must present minimal risk by being safe and secure and the child must have access to a reliable telephone, emergency contacts and support system, and a basic first aid kit.

"Being Home Alone is not an event, but instead it is a process!"

Being home alone should be a process that is initiated in gradual and supervised stages. Start with small periods of time, and slowly increase the amount of time with the child's skills and growing maturity level. Make sure that at all times the child is remotely supervised, supported, and has direct access to assistance in difficult or frightening situations. Parents are encouraged to regularly reinforce the household safety rules and most importantly, talk to your child about how they feel when they

are home alone.

Parents should monitor closely the process, and offer or revoke 'h o m e alone' time to coincide with

the child's demonstrated level of maturity.

An important and often overlooked aspect of home alone safety is the focus on comfort and confidence. If a youth is scared and nervous, they will not react safely in an emergency situation. It is additionally important that parents clarify, that being home alone is a privilege that is earned through demonstrating mature behavior. Guide the youth through the important steps of becoming independent. Foster not only a deep respect for

the privilege of being home alone, but also anticipation for the process of growing up and being offered more independence and responsibility. We want the youth to feel comfortable and confident and therefore, be SAFE! Child Safe Canada offers a Home Alone Safety program to fulfill all the safety and educational requirements to begin the process of being home alone. It doesn't matter whether a child is properly educated at home or through a community program, what matters is that it gets done!

"If a parent isn't sure if it's time for their child to be home alone...it isn't"

Tracey Warren is a Director and Child Safety Expert with Child Safe Canada's Safety Education Programs. For more information, check out their website at: www. childsafecanada.com.

Parkview/Valleyview Park

Thank you ALL for your support. Redevelopment donors

All donations \$20.00 and mo	re are	Robert Teskey – in memory o		Christina & Bo Froberg	\$250	Other donors up to \$249
eligible as a tax deductible d	74	Hazel Teskey	\$1,000	Tanya & Reydon Gilbody -	- in	Elmar B. & Irene Abele
A receipt will be issued by Th	e City of	Silver \$500 - \$		honour of Rachel & Jorda	n \$250	Julia & Rick Angus
Edmonton. NEW DONATIONS ARE DE	NOTED	Lorna & Don Kramer	\$600	Corinne & Jamie Hansen	\$250	Elizabeth Atkinson
BY BOLD TYPE	NOIED	Anna & Dave Fiala	\$550	Harold & Mary Heacock	\$250	Carloyn Bougher
Corporate donors		Cassandra & Ritchie Bain	\$500	The Hinchey Family	\$250	The Boyle Family
Andy's Valleyview IGA	\$25,000	Carol & Greg Cameron	\$500	Gabriella & Darren Jensen		Family Braun
Abe Hering Realty Inc.	\$2,500	The Dunn Family	\$500	Family	\$250	The Carlson Family
ComFree	\$2,500	Margery & George Griffin	\$500	Donna & Darrell Jones	\$250	Irene & Rob Carter
Kelly & Bernadette Risslin	g \$1,000	The Jickling Family	\$500	J & C Kimmilurgh	\$250	The Carter Family
Fast Fence Rentals Ltd.	\$500	The Piers Family	\$500	Michelle Louise &	***	Renee Chevalier & James Goertze
House of London		Tammy & Tim Lemessurier	\$500	Daniel Lajeunesse	\$250	Craig Colvin
Hairstylists	\$100	The Mulder Family	\$500	Liz & Don Macgregor	\$250	Jim Dobie
Diamond \$10,	,000 +	Kathleen Ryan & Kevin York	\$500	McCoy/Birk Family	\$250	Cathie Crooks & George Dodd
Renee & Daryl Katz	\$10,000	J.J. & P Stratton	\$500	Dennis & Dianne McCoy & Family	\$250	Karyn Decore
The Summit Foundation	\$10,000	The Stratton-Cramer Family	\$500	Alma J. Medhurst	\$250	Theresa & Andreas Donauer
Platinum \$5,000 - 3	59 -999	Sheldon & Stacy Swayze	\$500	The Norton Family	\$250	Molly & Jim Forster
Mr. & Mrs. Dales	\$6,000	The Sweetland Family	\$500	Yvonne & Jim Seethram	\$250	Sandra & Kevin Gangel
Bud & Mary Joan Yates		Wandzura/Kehrig & Family	\$500	Kayla Shoctor – in memory		Ruth & Gene Giroux
and Family	\$5,000	The Watt Family	\$500	Joseph H. Shoctor	\$250	Judith Goldsand
Valerie & Tony Bright	\$5,000	Bronze \$250 - \$	499	Dodie & Garry Smith –	\$230	Patricia Graham
Gold \$1,000 - 3	\$4,999	The Beaudin Family	\$400	for their grandchildren Ava		Carol Hawrich
Al & Mary Owen & Family	\$3,000	Gillian & Kevin Culham	\$400	& Charlie Lund	\$250	Wynne & Chuck Hobart
Parkview Playschool	\$2,600	Debbie & Ed Braun	\$300	Elsie & Ron Smith	\$250	Cara Kaup
Michelle & Ken Williamson	n \$2,500	The Gooding Family	\$300	The Spaner Family	\$250	Jennifer & Kevin Keats
Gerrie Taschuk-for		The Hardy's	\$300	Francene Starko – in memo	ory	Sandra & John Keith
my grandchildren	\$2,200	Anne Paterson	\$300	of Peter Starko	\$250	Kelli King
Ed and Kelley Moroz	\$2,000	Kathy & Ian Newman	\$300	Betsy, Paul & Katia Stocco	\$250	The Kinsella Family
Lafarge Canada	\$1,500	David & Kevin Appleton	\$260	The Swinnerton Family	\$250	Jairo A. Linares
The Turchansky Family	\$1,300	Renata & Witold Romanek	\$255	Isabelle & Ed Verdin	\$250	Jac & Karen MacDonald
Family Dechamplain	\$1,200	Ted Allsopp	\$250	Donna Watson	\$250	Gordon & Sharon MacLeod
Eisenbeis/Gormsen Family	\$1,200	Jon & Valerie Coenen	\$250	B. (Robert) Yeudall	\$250	Susan MacMillan
Louise & Tom Clarke	Φ1 000	Nancy & Al Davis	\$250			Dorothy MacQuisten
Family	\$1,000	Verna Davis	\$250	DONATE TODAY!		Charlene Mallet
Tami & Keven Lackey Family	\$1,000	Verna Davis – in memory of		Send tax-deductible donations to: Parkview Redevelopment Societ		The Markovich Family
Tracie & Jeff Millar	Ψ1,000	Marnie Boggs, Vermilion, AB	\$250	√₀ Valerie Bright, Treasurer	1	Joan McAndrews
& Family	\$1,000	Verna Davis – in memory of	6250	9016 -141 St., Edmonton, AB T.		Jan McFarlane
Debra & Stephen McLean	\$1,000	Dr. Ray Davis	\$250	Make cheques payable to The City of Edmonton):	Lynne McGoldrick
Sinnott & Naccarato Family	y \$1,000	Tracy & Alex Eadie	\$250	ino dij oi Edinomon		John & Mary Jane McLaughlin
Plewes/Slade Family	\$1,000	Erin & Dave Edwards The Forster Femily	\$250	Anonymous Donations		Margaret Melton– in honour of her
Jared Priestner	\$1,000	The Forster Family	\$250	Total anonymous		grandchildren
		Samuel Friedman	\$250	-	\$3,600	-

Donors cont'd



Peter, Diane & Jessica Rivers Patricia Robb Nicholas & Shirley Romalo Suzanne & Gord Rosko D. Savitsky Ellen Schoek Ann & Erich Schmidt Janet & Edward Shillington Sharon Stepanick Peggie & Ernie Stevens Hazel Stevenson Victor Tirmizi Gwenne & Rod Tweddle Patricia & Claus Wagner Dr. Sam & Eva Weisz Danny & Connie Wolff Carol & Bruce Woodhouse

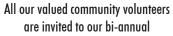
In memory of Emma Amelie Richartz Michelle Plouffe & Sean Richartz \$1.585 Carl & Iris Richartz Gary & Lisa Holan Rene & Dr. Rhea Plouffe The Assaly Family Tim and Sonia Kirby Lyndsey Creech The Johnston/Starko Family Elia-Kelly Family Marcus & Julia Walsh The Carlson Family Emme Larkins

\$150

William & Colleen Wright \$150 Sally Maziarz \$150 Sharon Dempster \$100 Andrew Lloyd \$100 Colin Purchala \$100 Carla Richartz-Ross \$100 Elana Scraba & Peter McNab \$100 Rod Girard \$75 Bonnie & John Bryron \$50 Anne Danby \$50 Boris de Jonge \$50 Hatch/Hlus Family \$50 Wayne & Diane Pantzer \$50 Lucien Royer \$50 Mary & Steve Stannard \$50 Anonymous Donations \$1,640 **Total Donations** in memoriam \$10,300

DID WE MISS YOU??

Karen Zuk





PARKVIEW VOLUNTEER APPRECIATION NIGHT



When: Saturday, February 23, 2008

Cocktails at 6:00 p.m. and Dinner at 7:00 p.m.

Finger Food & Refreshments

Mix, Mingle & Music on our new PA system!

If you have not received an invitation. contact Rita at 483-8391 or ritamildon@shaw.ca.

Thank you!

\$1,200

\$1,000

\$1,000

\$500

\$500

\$300

\$300

\$250

\$250

\$200

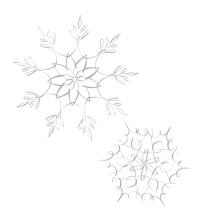
\$200

We wish to acknowledge and thank, community members, Ed and Kelly Moroz and owner of Derek Concrete Cutting for their generous donation of concrete for the playground.

Tracey Beaudoin & Jeff Maloney

We wish to thank Jim and Molly Forster, community members, for their assistance in making the connection with Lafarge Canada. This connection led to another donation of concrete for the playground.

One kind word can warm three winter months. ~Japanese Proverb



I will honor Christmas in my heart, and try to keep it all the year. ~Charles Dickens



The First Tuesday of

on a minimum purchase of \$25.00 excluding tobacco and freezer orders



9106-142 Street, Edmonton, AB T5R 0M7 YOUR COMMUNITY SUPERMARKET BAKERY & DELI

483-1525

pHinishing touch

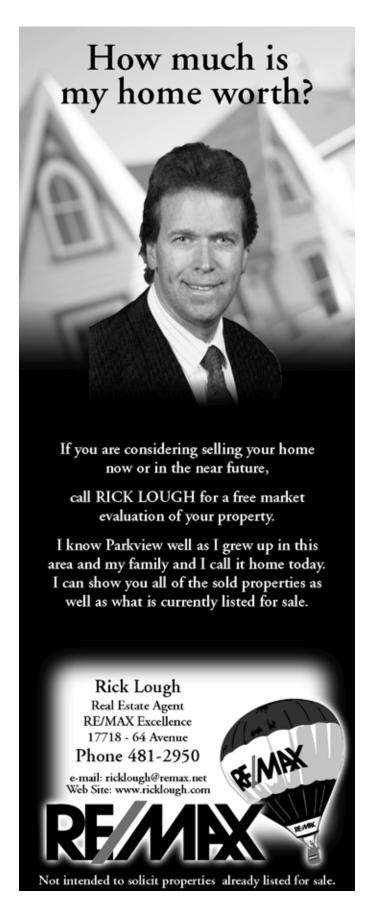
Hair & Beauty Salon



Laurier Heights Shopping Centre 14226 - 85 Avenue

Complete Hair Care Services For Every Member of the Family

483-7446 Cosmetology European Style



Winter must be cold for those with no warm memories. ~From the movie An Affair to Remember



Keven Lackey

Owner & General Manager acclaimed@compusmart.ab

Cell: 699-8592

413-1655

Fax: 484-9610

DDERNITECHNOLOGY www.acclaimedfurnace.com GUARANTEED RESULTS

WHO: Children age 5-14 who have a passion and interest in the arts.

WHAT: ArtStart gives children a chance to develop their talent through arts exposure and mentoring. We provide affordable, accessible and professional-quality lessons in Drama, Dance, Visual Art and Music to elementaryaged children from low-income families. Performance opportunities and field trips round out their artistic experience.

WHERE: 9321 Jasper Ave

WHEN: End of Sept – June, most classes take place Thursday evenings or Saturday

Limited space in all classes!

Registrations accepted on a first come, first served basis.

For more information or a registration form please contact Cadence at 424-7543 ext 227 or ckonopaki@ e4calberta.org

www.e4calberta.org



THE ROYAL GLENORA CLUB "A GREAT PLACE TO BE" ... ALL YEAR ROUND!









The Whole Family Can Enjoy and Benefit from our Excellent Facilities and Professional Staff

Limited Number of Membership Opportunities are Available

Visit <u>www.royalglenora.com</u> or call 482-0379 for Details

Are you looking for

- RETIREMENT LIVING
- RECREATION PROPERTY
- MOVING UP OR DOWNSIZING
- RELOCATION
- INVESTMENT AND BUSINESS OPPORTUNITIES

GREAT NEWS!

I am now licensed in Alberta AND British Columbia and can look after your real estate needs in the Edmonton area AS WELL AS Kelowna and the Okanagan.

For Service you can trust contact Doug Rusu today!



780-483-4848Realty Executives Challenge



FURGESON'S

Early Bird Music Specials

Buy 5 Lessons get the 6th one free on any instrument we teach.

Get a guitar plus lessons for only \$25 per week.

(see store for details)

14444 - 118 AVE 455-6303

furgesonsonline.com









TCM and Accupuncture Benefits

Yelena Grabko > Chirocare Centre

id you know, that it is generally acknowledged that when people repetitively, for years, experience symptoms, such as pain, numbness, burning sensation, decreased range of motion; also, suffering from disharmonies, such as constipation, diarrhoea, cramps, PMS, menstrual irregularities, menopausal discomfort, disturbed sleep; or seem to have unreasonable emotions, such as being

angry, frustrated, stressed, sad, worried, etc...ONLY THEN they eventually seek medical help?

Unfortunately, the longer having the symptom - the worse the health condition becomes, and it is always easier to subside or eliminate the symptom at the early stage of disease than to fight a chronic illness.

You could often hear that Traditional Chinese Medicine (TCM) practitioner or acupuncturist names the cause of disease - the root and the symptoms - the branches.

To understand it better, imagine a plant. Residing deep inside the soil, the root provides the shoots, leaves and flowers with all necessary supplements for life and well-being. If it happens and you see some spots on the plant's leaves, you can spray them immediately with the certain solution and the plant recovers quickly. But if you overlook and disease reached the root, it takes a long time and a great effort to restore the plant's wellbeing, if it is not too late.

This picture should stay in your mind as an important reference for prevention of an unwanted health condition before it could develop in a severe problem.

The great target of TCM and Acupuncture in particular, is to find out the right diagnosis and by using ancient traditional tools to prevent the development of disease with undesirable consequences.

Please, do not overlook yourself!



Parkview Playschool

(Located on the 2nd Floor of Parkview Community Hall)

Tami Lackey Playschool President

urrently all of our classes are full for the 2007-2008 school year.

Our registration night for the 2008-2009 school year will be held on Wednesday, February 13th, 2008 at 7:00pm in the main hall. Space is limited so be sure to attend if you are interested.

Please refer to our website (www.pvcl.ca/playschool/) for fee information and program requirements. We do register children in a priority sequence if the number of registering children outnumber the spots

available. The priority sequence is also outlined on the website.

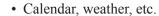
Parkview Playschool is directed by a volunteer executive and is a sub-group of the Parkview Community League.

As a non-profit parent cooperative, all parents are required to roster in-class (i.e., every 12th day for the 3-year-olds and every 16th

Our teacher, Merri-Ann Wojcicki achieves the goals of the Parkview Playschool through classroom activities such as:

day for the 4- year-olds).

• Free play – allowing children to create, explore, share, problem-solve, play cooperatively, etc.



- Story time, sing-a-long and action songs, etc.
- Exercising, games, and gym-time
- Music with tapes and rhythm instruments
- Crafts, painting, colouring, cutting, creating
- "Show and Share" and "Busy Bee" responsibilities

• Class parties on special days

Fieldtrips, special events and invited visitors

• S c h o o l readiness skills

Skating lessons

For more information please look at our website www.pvcl.ca/playschool/, contact our Program Registrar, Lorene Gooding at gooding@shaw.ca or the Playschool President, Tami Lackey @ 699-2350 or tami@shaw.ca.

Fort Edmonton

Christmas Reflections

elebrate the holiday season the old-fashioned way at Fort Edmonton Park. View dazzling Christmas displays and twinkling lights from your horse-drawn ride through the park. Sing carols to live music, check out our Christmas wares for sale, construct a special

Christmas craft, and savour a warm cup of apple cider or hot chocolate. Join in this beloved Christmas tradition!

Dates and Times:

December 9 &16, 2007 4–8 p.m.

December 7, 8, 14-16 & 19-23, 2007 6–10 p.m.

Location

Fort Edmonton Park 7000–143 St. (Corner of Fox Drive and Whitemud Drive)

Cost

Tickets go on sale November 14. Tickets must be purchased in advance.



\$15 Adult

\$10 Child (2-12 yrs)

For tickets and information call (780) 496-2925.





Your Voice in the Legislature

DANCE & MOVEMENT Experiences for Children ages 4-9

DANCE FOR FUN, EXERCISE, HEALTHY ACTIVITY!

NEW UNIQUE Program!

Broad variety of dance forms...combined arts experiences designed to enhance each child's development on many levels: motor skills, personal confidence, self-realization, etc.

University Area - McKernan Community Hall
Phone Indigo Dance 436-1590 Email: vandot2@telus.net

LAURIER LAW OFFICE

YOUR NEIGHBOURHOOD LAW FIRM Quality Legal Services with a Friendly Approach

A General Practice Firm including:
Real Estate, Family Law,
Wills and Estates,
Estate Litigation,
Enduring Powers of Attorney,
Personal Directives,
Incorporations

8623-149 Street Edmonton, Alberta T5R 1B3 Telephone: 486-0207 Facsimile: 483-0848

Deborah L. Baradziej Linda L. Wright
Gordon H. Andreiuk
Barristers, Solicitors & Notaries Public
Commissioners for Oath

USANA vitamins and mineral supplements for the whole family!

USANA's essentials for every age group:

- Usanimals, a great-tasting chewable formulation for children 13 months to 12 years old.
- BodyRox, a nutritional supplement for adolescents 12 to 18 years old, who need optimal nutrition to support the demands of growth and active teenage lifestyles.
- Essentials for adults is a combination of Mega Antioxidant and MultiMineral Plus to promote optimal health.

For more information on USANA products, contact: **Lise Belzile,** Independent associate
780.634.0575 or Ibelzile@usana.com

or go to http://lbelzile.usana.com



Cedarbrae Contracting Ltd. 489-2919

Cedarbrae@shaw.ca

www.cedarbrae.net

•Licensed
•Insured
•RRR



• Renovations and additions • Custom Designs

•Quality workmanship

since 1987



Janet Waldon

www.uvfloral.ca



Parkview Christmas Craft and Bake Sale

SATURDAY, NOVEMBER 24th, 10-4 PARKVIEW COMMUNITY HALL 9135-146 STREET

What Can You Do?
*Donate your baking
*Attend & shop!
*Rent a table

*26 Tables Of Home Crafted Items *Preorder Your Christmas Mundare Sausage *Coloring Contest All Day

For further information, or to book your table, donate baking, or preorder your sausage,

Contact Val Bright, 486-4337

or tvbright@shaw.ca

Funds raised at this event will support the Parkview Redevelopment Society as they build the new Parkview/Valleyview Park



Homemade baking at its finest 10:00-4:00



Visit Santa Claus 12:00-2:00



11:00-2:00





A Children's Boutique

9654 142 Street Crestwood Centre Phone: 780.488.7748 www.princessandthepea.ca If you have questions or concerns please feel free to contact me:

Karen Leibovici Councillor, Ward 1

2nd Floor, 1 Sir Winston Churchill Sq., Edmonton, AB T5J 2R7 Phone: 496-8120 Fax: 496-8113 Email: karen.leibovici@edmonton.ca



DMONTON



direction with this useful directory of City contact numbers.



- Transit Customer Information 496-1611
- BusLink 496-1600
- Transit Concerns and Commendations 496-8900
- Parking Complaints 423-4567
- Broken Traffic Light, Pedestrian Signal or Street Light 412-4500
- Damaged / Missing Street Sign 496-1700
- Potholes 496-1700
- Snow Clearing / Street Cleaning 496-1700
- Speeding Concerns 421-3310
- Traffic Signal Timing 496-4506
- Traffic Signal Request 496-4861
- Crosswalk Requests and Upgrades 496-1789
- Curb Ramp Requests 496-1789
- Traffic Shortcutting / Speeding 496-1776
- Anthony Henday Drive Inquiries 453-0920
- Request for Traffic Signs 496-2673
- School Traffic Concerns 496-2407
- Traffic Noise 496-4861
- 170 St. Pedway Maintenance 496-1700
- Info on West Edmonton Transportation Study 496-1787



Recreation and Community Services

- ◆ Info About Community Leagues 496-7320
- Info About Sport and Recreation Facilities 496-4999
- Housing 496-3125 or 944-7598
- Landlord and Tenant Advisory Branch 496-5959
- Pools 496-SWIM (7946)
- Recreation Programs for Kids and Youth 496-4999
- Arenas 496-4999
- Bikes and Multi-use Trails 496-2661





Clean and Safe Communities

- Crimes in Progress 911
- WEM Police Station 496-8525
- Abandoned Shopping Carts 496-1700
- Air One Inquiries 408-4218
- B&E Concerns 423-4567
- Barking Dogs **496-8860**
- Excessive Noise 944-7914
- Garbage Pick-up 496-5404
- Litter Roads and Sidewalks 496-1700
- Litter Overflowing Garbage Cans 496-5678
- Parking Complaints 423-4567
- Pedestrian Safety 496-1789
- Stolen Vehicles 423-4567
- Street Cleaning 496-1700
- Traffic Violations 421-3310
- Vandalism / Mischief 423-4567
- Damaged News Stands 496-1700
- Fire Hydrant or Water Breaks 412-6800 Damaged Transit Shelters 496-8900
- Sidewalk Lifting / Trip Hazard 496-1700
- Mailbox Damage 1-800-267-1177



Planning and Development

- Assessment 496-5000
- Building Permits 496-3100
- Re-zoning or Sub-division 496-6242
- Info on New Developments 496-3100
- Taxation 496-6366

Information can also be found 24/7 on-line at www.edmonton.ca



Still can't find what you are looking for? Contact the Citizen's Action Centre for any of you general concerns, questions and complaints at 496-8200.









Kinsmen Club of Edmonton & the City of Edmonton

(Maximum 100 skaters)

Free Public Skating November - December, 2007

	Sundays	Mondays	Tuesdays	Wed	Thursdays	Fridays	Saturdays
Bill Hunter 9200-163 St.	Closed for	renovations		-			
Callingwood 17740-69 Ave.	1:30-2:30 p.m. closed Dec 30	-	-	-	-	-	3:45-4:45 p.m. closed Dec 29
Castledowns Arena B 11520-153 Ave.	-	-	-	ı	2:30-3:30 & 6:15-7:15 p.m. closed Dec 27	-	-
Clareview 3804-139 Ave.	3:30-4:30 p.m. closed Dec 30	-	1	1	2:30-3:30 p.m.	-	11:45 a.m12:45 p.m. closed Dec 29
Confederation 11204-43 Ave.	-	-	-	1	-	6:30-7:30 p.m. closed Dec 28	12:15-1:15 p.m. closed Dec 29
Coronation 13808-111 Ave.	-	-	-	-	-	-	3:15-4:15 p.m. closed Dec 29
Crestwood 9940-147 St.	-	-	-	-	-	6:15-7:15 p.m. closed Dec 28	-
Donnan 9105-80 Ave.	-	6:15-7:15 p.m. closed Dec 24&31	-	-	6:15-7:15 p.m. closed Dec 27	-	-
Grand Trunk 13025-112 St.	1:00-2:00 p.m. closed Dec 30	-	-	1	-	-	-
Kenilworth 8311-68A St.	12:45-1:45 p.m. closed Dec 30	-	-	1	-	-	-
Kinsmen 1979-111 St.	4:45-5:45 p.m. closed Dec 30	-	-	1	7:30-8:30 p.m. closed Dec 27	-	-
Londonderry 14520-66 St.	1:30-2:30 p.m. closed Dec 30	-	-		-	6:30-7:30 p.m. closed Dec 28	-
Michael Cameron 10404-56 St.	-	-	-	1	-	7:45-8:45 p.m. closed Dec 28	-
Mill Woods 7207-28 Ave.	3:15-4:15 p.m. closed Dec 30	-	-	1	2:30-3:30 p.m. closed Dec 27	-	1:30-2:30 p.m. closed Dec 29
Oliver 10335-119 St.	-	-	6:15-7:15 p.m. closed Dec 25	-	-	-	-
Russ Barnes 6725-121 Ave.	-	-	-	-	-	-	5:00-6:00 p.m. closed Dec 29
Tipton 10828-80 Ave.	-	6:15-7:15 p.m. closed Dec 24&31	-	-	-	-	-
Westwood 12040-97 St.	3:15-4:15 p.m.	-	-	-	-	-	-

Schedule is subject to change. Phone (780) 496-4999 for more information.



Your cottage is protected against termites, flooding and squirrels. How about a capital gains tax bill?

Ensuring your cottage can be passed down to future generations without a major tax burden is the kind of peace of mind your CIBC Wood Gundy Investment Advisor can provide. Your Investment Advisor is an expert in understanding what is really important to you and, no matter what your financial goals may be, we will help you reach them.

To find out how expertise that's one to one can work for you, call:

Wear Strachan Financial Group

Richard Wear, CIM, FCSI, First Vice President, Investment Advisor: (780) 498-5045 or richard.wear@cibc.ca www.cibcwoodgundy.com/richard_wear

Valerie Strachan, CIM, FCSI, Vice President, Investment Advisor: (780) 498-5024 or valerie.strachan@cibc.ca www.cibcwoodgundy.com/valerie_strachan



Expertise that's one to one.



CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of CIBC and Member CIPF.