Dar Wew COMMUNITY NEWSLETTER **FEBRUARY 2025**



Dear Parkview Residents.

We hope everyone is enjoying the winter season in our wonderful community! A heartfelt thank you goes out to everyone who supported our Winter Craft Sale on November 23rd. The event was a success, with beautiful snow creating the perfect backdrop and horse-drawn sleigh rides bringing joy to the kids and families.

The outdoor rink has been bustling, and we're thrilled to see so many rosy cheeks and smiling faces enjoying this classic Canadian winter pastime. Your enthusiasm keeps our community vibrant, even on the chilliest days!

As your volunteer board, we're committed to keeping Parkview safe and welcoming. Unfortunately, we've experienced some vandalism at the skate shack. Please help us protect this shared space by staying vigilant and reporting any concerns to 311 or authorities. Additionally, if you notice illegal dumping at the hall, call 311 to report it promptly. Together, we can ensure our facilities remain a source of pride for evervone.

Looking ahead, we're excited to announce that preschool registration begins on February 5th. For the adults, mark your calendars for March 14th when we'll host a spring pub night-an evening to connect, relax, and celebrate our community spirit.

Our regular programs continue to thrive. Karate takes place on Tuesdays and Thursdays, and dance classes are held on Mondays and Wednesdays. Check out the website to contact those programs for registration. With spring just around the corner, soccer season will soon kick off as well. Stay tuned to our social media channels and the EMSA website for updates on registration dates.

Thank you for your continued support of the Parkview Community League. Whether it's attending events, volunteering, or simply enjoying our facilities, you make this community a great place to call home.

Warm regards, The Parkview Community League Board

Your Community Partner for Total Home Heating, Cooling, & Indoor Air Quality Since 1995.

Hot Water Tank **Indoor Air Quality Solutions** Furnace A/C Heat Pump HRV Humidifier Water Softener **Garage Heater**





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L'OCA QUALITY MARKET

NOW OPEN!

9106 142 St NW

Proudly & Formally Andy's IGA

LOCA.CA

CALENDAR OF EVENTS

FEB. 5: PRESCHOOL OPEN HOUSE, 5-6:30PM

MARCH 14: PUB NIGHT

JUNE 14: PARKVIEW PALOOZA

MEET THE NEWSLETTER TEAM

Coordinator/Editor/Photography:

Paula E. Kirman

Design & Layout/Content: Lisa Day Proofreader: Randy Layetzke Distribution: Christina Froberg, and many volunteers who deliver to our doors.

JOIN THE TEAM!

VOLUNTEER NEEDED: ADVERTISING COORDINATOR

PLEASE EMAIL: PVCLNEWSLETTER@GMAIL.COM

Advertising Coordinator Role:

Volunteer time commitment of 1-2 hours per issue (plus an approx. 15-20 minute team Zoom). There are 4 issues per year. It involves email correspondence with advertisers and invoice coordination.



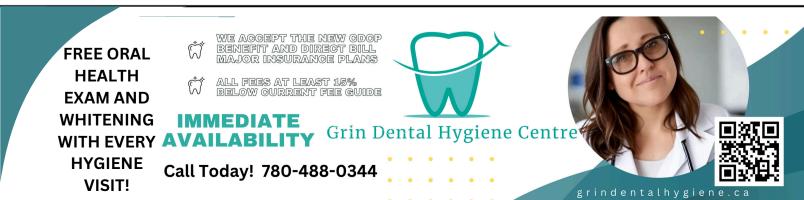
WE ALL AGREE PARKVIEW IS AN AMAZING COMMUNITY!

THE EVENTS THAT BRING US TOGETHER – PARKVIEW PALOOZA, PUB NIGHTS, COMMUNITY SOCCER, SKATING, BIG BIN EVENTS, PANCAKE BREAKFASTS, CRAFT SALES AND MORE

ALL OF THIS IS PUT ON BY VOLUNTEERS!!



Scan the QR code to sign up for our next event & check our website to join a committee!

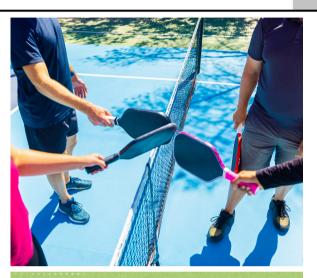




2025/2026 OPEN HOUSE February 5, 5:00-6:30 PM

*Registration Opens at 9:00 AM Feb. 5





CRESTWOOD CURLING CENTRE PICKLEBALL

Join our leagues

5 week sessions starting April 14, 2025

Clinics start April 7th Open House April 5th

No Membership Required! No Ratings Required!



Visit www.crestwoodcurling.com

PARKVIEW PRESCHOOL

Registration & Open House February 5! 3-Year Old & 4-Year Old Programming.

Give your child a strong start with the joy of learning! Preschool nurtures social skills, confidence, sparks curiosity in a fun and supportive environment.



- Curiosity & Creativity
- Social Emotional Growth

parkviewpreschooledmonton.com



HITCH 'N HAUL RENTALS 780-249-5352



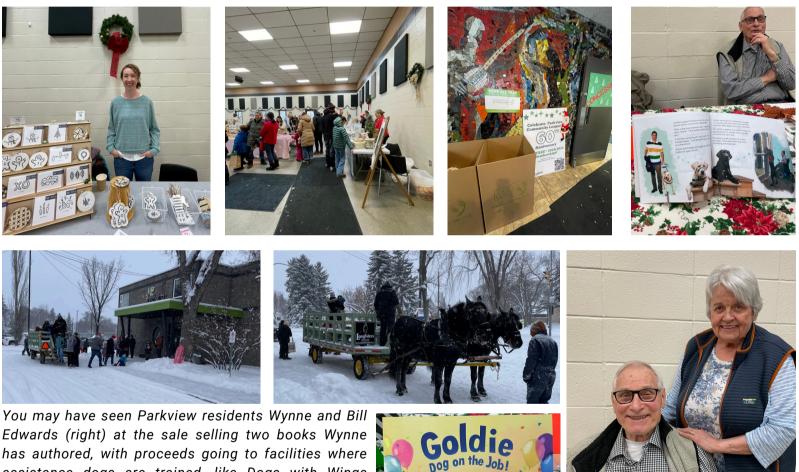


For Inquiries: Please call 587-990-2623 www.sunnystationchildcare.ca

Email: sunnystationchildcare@gmail.com FB Page: Sunny Station Childcare & OSC Ltd.



Thanks to all of the volunteers and Lisa Macintyre (top left) and the wonderful lineup of venders on November 23rd at the 2024 Winter Craft Sale for making it another success! And there was a lot of fluffy snow to add to the fun of hot chocolate and sleigh rides! Follow @PARKVIEWCRAFTSALE on Instagram for future events.



assistance dogs are trained, like Dogs with Wings Assistance Dog Society. Wynne and Ed are long-time volunteer puppy and adult raisers, supporting the training of dogs for assistance dog schools. Their son lan, who grew up here in Parkview, and his two guide dogs inspired both books.







PARKVIEW HALL RENTALS

We are looking for new businesses, organizations, and programs to rent our hall! Do you have a business offering that our community would love? A program or meeting that our facility (in part or full) would be the perfect home to host? Scan this QR code for rental info:



@PARKVIEWCOMMUNITYLEAGUE





NORT

RICHARD ANGUS REAL ESTATE AGENT

780.908.9419 rangus@shaw.ca logicrealty.ca

The Parkview Community is proud to be the home (our hall) for the Northern Lights Folk Club, a volunteer-run, non-profit society, dedicated to the promotion of live acoustic roots music in the Edmonton area since 1998.

RMLS

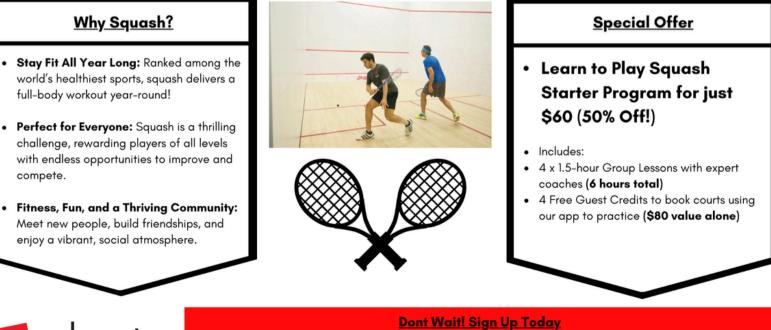
The 2024 – 2025 Season is underway with so many wonderful artists like Celtara, Women of Folkways, Martin Kerr and more!

Visit the website for dates and full details, as well as to purchase season and individual tickets.

www.northernlightsfc.ca

Discover Squash With The Edmonton Squash Club!

Exclusive Offer for Parkview Community League Members!



edmonton

your ad could be here.

Our Community Newsletter is delivered to more than 1,300 households in Parkview/Valleyview and extras are available at the hall and local retailers. We have room for 14 banner ads (8-1/2" wide by 2-1/2" high) in each issue at the tops and bottoms of pages. You may pay as you go or pay in advance for issues in a full year (usually four). Ads are \$125 for each issue.

Don't have an ad? Ask about our design fee! Scan the code or email pvclnewsletter@gmail.com for more info!



DID YOU KNOW? OUTREACH WORKERS SUPPORT SENIORS AND THEIR FAMILIES

Navigating the complexities of life as we age can sometimes feel overwhelming. That's where our Outreach Department at the Westend Seniors Activity centre (weseniors.ca) steps in! Here's how we support seniors and their families:

Form Completion

Paperwork doesn't have to feel like a tidal wave! If you're unsure about filling out forms like the Canada Pension Plan (CPP), Old Age Security (OAS), Guaranteed Income Supplement (GIS), or Alberta Seniors Benefits, we're here to help. We'll sit down with you to guide you through the process, explain confusing terms, and ensure your forms are filled out accurately. Whether it's housing applications or medical paperwork, don't hesitate to reach out.

Emotional Support

Sometimes, having someone to talk to can make a world of difference. Aging brings unique challenges, and it's okay to seek emotional support. We can connect you with:

- Counselling services for personalized guidance.
- Support groups to share experiences and build community.

Whether you're feeling lonely or facing life changes, we're here to listen and help you find the support you need.

Understanding Seniors' Benefits

Do you feel confident you're receiving all the benefits you're entitled to? If not, we've got you covered! We can review your benefits, including:

- Canada Pension Plan (CPP)
- Old Age Security (OAS)
- Guaranteed Income Supplement (GIS)
- Alberta Seniors Benefits

If something's missing, we'll guide you through the next steps to ensure you receive what you deserve.

Financial Support

If finances are tight, you're not alone. Programs like the Alberta Special Needs Benefits are designed to provide a helping hand. Unsure if you qualify or how to apply? We can:

- Explain your options.
- Help with applications.
- Answer your questions.

We are here to help.



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Edward Jones



Bryan Krawchuk, CFP[®], CEA[®], CEPA[®] Financial Advisor

Suite 307, 10430 - 61 Avenue Edmonton, AB T6H 2J3 Ph 780-463-3443 • Fax 866-575-1043 bryan.krawchuk@edwardjones.com



Meals and Nutrition

Eating well is essential for staying healthy. If you need help accessing prepared meals, grocery deliveries, or nutritional support services, we can connect you with:

- The Food Bank.
- Grocery delivery programs.
- Other community resources.

Let us help you find the support you need to maintain a balanced diet.

Mental Health and Grief Services

Life's challenges, like anxiety, depression, or grief, can feel heavy. Our Outreach Department offers resources to support your mental well-being. We can connect you with professionals, community programs, or just be a listening ear when you need it most. Remember, you don't have to face these challenges alone.

Transportation Options

Getting around shouldn't be a struggle. Need a ride? We've got you covered with resources like:

- DATS Bus services.
- Drive Happiness, our partner organization offering reliable and friendly rides.

Whether it's a doctor's appointment or a visit with friends, we'll help you find the best transportation solutions.

No matter the challenge, our Outreach Department is here to support you every step of the way. Have questions? Need assistance?

- Call us at 780-483-1209 and ask for our Outreach team.
- Email us at outreach@weseniors.ca

Want to learn more about the Westend Seniors Activity Centre? Come for a tour - 9629 176 St. NW Edmonton

WE Seniors.ca Westend Seniors Activity Centre Facebook.com/WESeniors



11225-156 Street NW

Call: 780.452.4232

Monday - Friday Saturdays 8:30am to 5:30pm 9am to 5pm



- -Set up accounts for convenient drop-offs
- -Family owned business
- -We donate to first-time bottle drives along with a free pickup from the location For more info go to: quickstopbottledepot.ca

PARKVIEW Pale 22a

FOOD TRUCK & BEACH VOLLEYBALL EVENT

FUN FOR THE ENTIRE FAMILY!

FEATURING A CO-ED 16+ VOLLEYBALL TOURNAMENT GIRLSCLUB DJS · 50/50 · FOOD TRUCKS · BEER GARDEN PLUS A 150 FOOT OBSTACLE COURSE FROM FITSET NINJA

SIGN UP TO HELP OUT



SATURDAY JUNE 14 4PM - 8PM · PARKVIEW COMMUNITY LEAGUE

